

TO YOUR NEW HOME

Welcome Home

Summer 2019

Denver

HELPING YOU SETTLE IN AFTER YOUR MOVE

NEWCOMER AND COMMUNITY

Information

HELPFUL TIPS

*Decorating,
Remodeling,
Painting and
Organizing
Your New
Home*

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After The Move Checklist



Things to do when the movers leave

Now that the movers have come and gone, you can congratulate yourself on a job well done. You know how much planning and organization went into making it all happen and you deserve a chance to sit and relax. But don't throw away that checklist just yet. There are still plenty of things to do before you can completely be settled. Here are a few important things to do besides unpacking.



✓ You will need to update your driver's license and get new tags and plates for your cars. Check with your local Division of Motor Vehicles for more details, or refer to our Newcomer and Community Information inside this magazine.

✓ Be sure that the post office is going to forward your mail to your new address. You can do this online, or you can fill out a form at your local post office and maybe even meet some new neighbors while standing in line!



✓ Make sure all of your insurance policies are up to date. You may need new policies for your house, auto and health, particularly if you have moved to a new state.

✓ A great way to learn about your new community is to order a subscription to the local newspaper. Many even offer discounts for new subscribers and they often have local neighborhood editions inserted weekly. This is a great way

to learn the ins and outs of your new neighborhood.

✓ Search out new health professionals such as doctors, dentists, and even vets. These are things you will want to have in place before any emergency pops up. Neighbors and co-workers are always a good referral source for these types of services.

✓ Most likely you will need to register to vote. Even if you have just moved from one county to another within the same state, most states will require that you register in your new county. For more information, you can refer to our Newcomer and Community Information inside this magazine.



✓ Make a visit to the neighborhood bank or credit union to set up new accounts, have money transferred, get credit and debit cards, and order those checks with your new address.

✓ Visit your local library and get a library card. The kids can even get their own with their new address on it! The local library is another great place to meet other families in your new neighborhood.

✓ Visit your neighborhood schools and get your children enrolled as soon as possible. You may also want to consider enrolling them in an online or charter school, as most states offer this type of education at no cost because it is a public school. Either way, the sooner you get your children enrolled and involved in the community, the faster they will adapt to their new environment.



✓ Find a place in your new home to keep all your receipts and documents related to your move all in one file. You will need to know where everything is in the event you need to make an insurance claim with the movers or when you file your income taxes the next spring.

✓ Keep in mind that your insurance policies may have a limited time that you can file a claim regarding items damaged during your move. You should run a check of all your electronics and major appliances to make sure they have survived the move and are in good working order. These are most likely all items that would be expensive to replace, so you should make sure they are all working as soon as you can.

Remember that moving is the third most stressful life event, according to the Employee Relocation Council. Settling in will be a gradual process, but your patience will be rewarded in the long run.

The quicker you can cross these things off your checklist, the sooner you can begin to relax and truly enjoy your new home and community.



WELCOME HOME OF DENVER



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Think
Green!



As you enjoy the information and advertising offers in **Welcome Home of Denver** to help with your move, keep in mind we make a concerted effort to bring this to you in an environmentally responsible way.

This starts with the paper we use for this edition. The wood fiber to make the paper comes from sustainable forests. For every tree harvested to make this paper, a new tree is grown. In addition, this has been independently certified to the Forest Stewardship Council (FSC) standard.

The printer we utilize also has many initiatives and programs including certifications with Forest Stewardship Council (FSC) Rainforest Alliance (RAC) and Partnership for a Clean Environment (PACE). What's more, the printer uses soy base inks as well as direct-to-plate imaging and digital proofing, which saves film, chemicals and energy.

We provide just this one copy of the magazine for your use. Please go to our website for future issues at www.welcomهومemag.com. This way you can view future quarterly editions, including advertiser offers and coupons.

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Welcome Home of Denver



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Will Your Remodeling Project PAY OFF?

There are financial factors to consider before you choose a home improvement project and smart homeowners will consider resale value before making a major remodeling investment. Each year REMODELING magazine publishes a study that can help homeowners determine the return on investment for their home improvement projects.

This Cost vs. Value Report contrasts the cost of home improvements with their recouped value if the house is sold today. They compare construction costs for several projects, with estimates of the projects' value in a current market resale scenario. Real estate professionals in residential markets across the country provided return-on-investment estimates.

Landscaping and fresh paint may lure house hunters inside, but once in the door, buyers of existing homes look for functionality, durability, and convenience. That's why it's so important for a resale to be modernized.

Kitchens and baths are among the most popular home improvement projects, which can drive the return on investment. Reports often show that many remodeling dollars are spent



Reports often show that many remodeling dollars are spent within the first two years of move in.

within the first two years of move in. Under those circumstances repair and replacement projects such as windows or siding may get first attention if they require maintenance. As the housing stock ages, and existing homes continue to sell more than 6 million units a year, those projects may see an increased return on investment. To perform as an amenity, your home's improvement projects should complement and match the style of the existing property.

The resale value of each project is an estimate based on a current market resale scenario. This can be misleading because many newly remodeled homes are not put on the market so soon.

Smart homeowners will ask many questions before starting any remodel or home

improvement project. Get advice from both realtors and contractors to decide which home improvement projects make sense for your special circumstances and to insure you get the greatest return on your investment.

Information provided by "Remodeling 2019 Cost vs. Value Report." Complete data from this report can be downloaded free at www.cost-vs-value.com.

HOW DOES REMODELING PAY OFF?

(cost recouped, for resale now national average)

Garage Door Replacement	97.5%
Manufactured Stone Veneer	94.9%
Minor Kitchen Remodel	80.5%
Deck Addition (Wood)	75.6%
Siding Replacement (Vinyl)	75.6%
Entry Door Replacement (Steel)	74.9%
Window Replacement (Vinyl)	73.4%
Window Replacement (Wood)	70.8%
Deck Addition (Composite)	69.1%
Roofing Replacement (Asphalt)	68.2%
Bathroom Remodel	67.2%
Universal Design Bathroom	62.5%
Major Kitchen Remodel	62.1%
Bathroom Addition	60.6%
Master Suite Addition	59.4%
Backyard Patio	55.2%

Love Your New Home, But Hate Your Doors?

What to do about those ugly old doors? Or those new cheap doors that were installed to sell the house?

You could paint your old doors.

Imagine the time to repair, patch, sand, prep and paint each door. Not to mention creating a space and process to paint the average 15-20 doors. Even for professionals, it's a challenge and can take weeks to complete. And when the project is completed, you have paint on the same old tired doors without much return on your investment of time and money.

What about Pre-hung doors?

You could correctly measure, select style and weight, purchase "kit", get "kit" home, unpack "kit". Now remove old trim and jamb without damaging drywall, paint or flooring. Next fit and align the door/jamb, trim/shim to level, securely jamb into door frame, test, adjust and clean up. And on to finish carpentry and the puzzle that is replacing trim and baseboards! Prep, prime and paint. It's a lot of time, effort and money.

Or, replace all your doors in One Day with no construction mess.

"Having a nice house with ugly doors is like having a nice outfit with ugly shoes! We couldn't be happier with the service." — Maggie M. April 2019

Schedule your Free in-home consultation and Showroom visit.

At your home, they will inventory and measure your door sizes to prepare your project scope.

Next, you visit the showroom to design your project – Select styles, colors, weights, materials, hardware and product configurations. They'll explain their unique process, answer questions and provide an estimate.

Your doors are digitally measured!

Here's where the magic starts. A measure technician will use patented digital measurement technology to scan each of your doorways' unique dimensions, recording points with accuracy within 1/1000th of an inch. Like fingerprints, no two door openings are alike. This precision mapping technology ensures a great fit every time.

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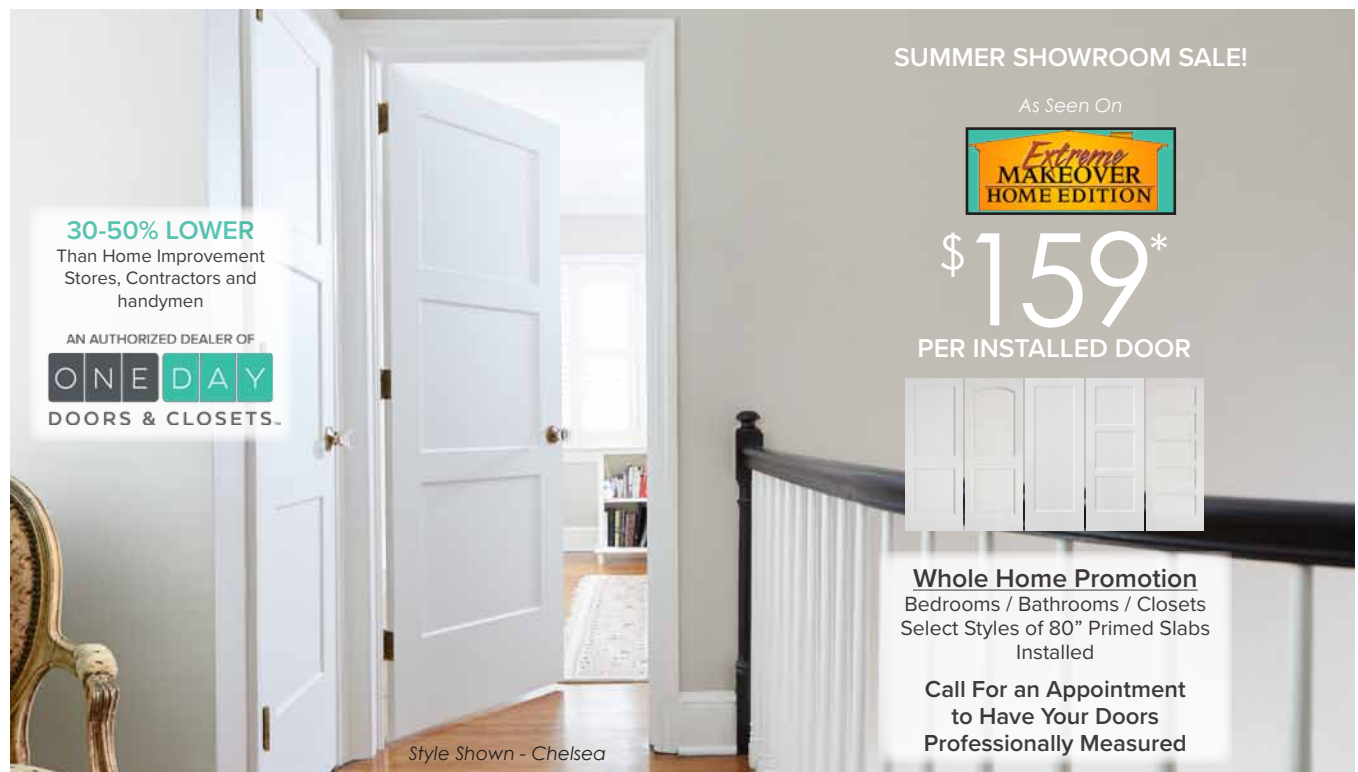
Your measurements are then sent to One Day Doors' factory to custom cut each door with robotic automation. Next your doors are professionally painted and flash-dried by a laser controlled infrared oven, providing a finish that lasts 5X longer than residential paint finish.

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Call Kathleen and Will Bigler at Denver Doors and Closets, the family owned dealer of One Day Doors & Closets in Denver at 303-500-6703. And visit www.onedaycolorado.com to watch a video and see for yourself how the process works!



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Security Tips for New Homeowners

12 Tips to Stay Safe and Protect Your Investment.

1 Change the locks. There is no telling how many people have a key to the locks on your house – no matter what your realtor says. You should also consider installing deadbolt locks or charlie-bars for additional safety.

2 Don't leave moving boxes on the curb. Leaving these items in plain sight will alert burglars that you've just completed a stressful move, and may not be paying close attention to home security.

3 Be careful when disposing of product packaging. You do not want to advertise recent purchases for your new home.

4 Secure your windows. The second most common entrance for burglars is a window. This includes second story windows that may have access from a garage, roof, or a tree with a strong branch.

5 Trim your trees and shrubs. Overgrown landscape can provide access to second floor windows or create hiding places.

6 Do not store ladders or trash cans outside. They can be used to provide easy access to second floor windows or scale fences.

7 Make friends with the neighbors. Forming relationships with your new neighbors can be beneficial in many ways. You can keep an eye on each other's houses during vacations and learn about neighborhood watch programs.

8 Hang sheer curtains, blinds or other window treatments. This will keep people from the outside looking in and checking out any new electronics or valuable items you may have purchased for your new home.

9 Never hide a key outside. Burglars know all of the good hiding places.

10 Upgrade your smoke alarms and carbon monoxide detectors. Start fresh with new batteries and test them to make sure they work.

11 Install security lighting. A bright, well-lit home is a burglar's worst nightmare. Security lighting around your home will deter anyone looking for a place to hide while they break in. Replace burnt out porch lights and install motion lights.

12 Install a home security system. A home security system with professional monitoring will provide your home with a layer of protection that can't be duplicated. According to the Electronic Security Association Inc, homes that don't have alarm systems are three times more likely to be burglarized than those that do. You can also save money on your homeowners' insurance by equipping your home with a security system.

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Yes, You Can Join a Credit Union!

It used to be that a person could only open an account at a credit union because they or a family member was employed by a certain company, or they worked for the government. That has changed because now just about

Here are the top reasons to join a credit union.

5

anyone will find they are eligible to join a credit union.

As you begin to settle into your new community and wade through the numerous options available, you just may find that credit union membership is the answer to all your financial needs.

1. Better interest rates and lower fees.

Credit unions are usually able to offer their members better interest rates and lower fees. When you're getting better interest rates and paying lower fees, you get to keep and save more of YOUR money, helping you take-charge of your financial life.

2. Full line of products and services.

Most credit unions can give you the same services as a bank—like checking, savings, investment funds, mortgage loans, car loans and even school loans—and credit unions will offer online financial services and bilingual capabilities as well.

3. Convenient.

Credit unions are financial cooperatives, and that means they cooperate—with their members and with other credit unions. Through that cooperation, credit unions have one of the largest ATM networks in the U.S. Credit union members have convenient access to 25,000 surcharge-free ATMs in the U.S., 800,000 ATMs worldwide and more than 2,300 lobby locations in the U.S. and even some foreign countries.

4. Member-owned.

Credit unions are owned by their members and they operate to make profits for each individual, no matter how big or small their account balance.

5. Expertise.

Credit unions know what they're doing. They have the expertise and will give you the personal attention you need to help you make important financial decisions that will benefit your bottom line, not theirs. Credit unions treat you like the boss, because at a credit union you're not just a customer you're an owner.

Check out the credit unions in your community and discover why they rank high in customer satisfaction surveys. Also, check out Westerra Credit Union, page 5.

Protect Your Finances and Your Home With these Post-Move Steps

Buying a home is the largest purchase most people will ever make. In order to protect your finances and your largest financial investment, there are certain post-move steps you might want to consider.

Review your will or trust

A good post-move step is to review your will or trust to make sure that your home is a part of those documents. You will need to make sure that this paperwork includes your new home and that your beneficiaries are updated.

Purchase or adjust your life insurance policy

Whether you are a first-time homebuyer or have a house with a larger mortgage than before, you may want to purchase or increase your life insurance coverage. One way to determine how much life insurance you might need is to make sure it includes coverage for 10 years of income, plus any large debts like your mortgage.

Drop your PMI (Private Mortgage Insurance)

PMI may have been required if you purchased your home with less than 20 percent down. This is an extra payment every month that protects the mortgage lender if you were ever to stop making payments on your home loan. This is money you will never recoup and becomes an even worse negative if the value of your home ever decreases. To remove PMI,



you must have at least 20% equity in your home. You may ask the lender to cancel PMI when you have paid down the mortgage balance to 80% of your home's original appraised value.

Get a Home Warranty

If you didn't get a home warranty as part of the purchase process, you might want to consider getting one now. This will help protect you from the unexpected costs of a major home repair or replacement of major appliances as well as your home's heating and air conditioning systems. You can still get one after you move in, as long as no issues have presented themselves yet. If you don't purchase a home warranty, you should at least work at building up your emergency savings to cover the costs of an unexpected "surprise" so that you don't end up in a financial bind trying to cover the cost of repairs on your own.

PAINT PROJECT DONE.

Now, the easy part.

RECYCLE YOUR PAINT

After your next painting project, recycle your leftover paint with PaintCare. With 170 drop-off locations throughout Colorado, it's easier than ever to finish the job in an environmentally responsible way. Recycling your paint is free, and most PaintCare locations are conveniently located at paint and hardware stores.

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Paint manufacturers created PaintCare, a non-profit, to operate recycling programs for architectural paint in states and jurisdictions that pass paint stewardship laws.

To learn more, visit paintcare.org.



12 Reasons Why Top Quality Paint Is Worth the Money

If you want to change the appearance of your new home's interior, there is no easier way to update your space than with a fresh coat of paint. But, if you're tempted to save a few dollars by trading down to a lower quality interior paint, it's important to know what you're giving up in the process. Here are 12 reasons top quality 100% acrylic latex interior paints are worth the money:

- **Better adhesion.** The superior "binder" in these paints helps them grip any surface.
- **Better hiding capability.** Top quality paints can often conceal the color below in fewer coats, saving the time and money needed to apply additional coats of paint.
- **Better spatter resistance.** These paints are less likely to throw off flecks of paint while you're applying them.
- **Better flow and leveling.** Top quality paints go on evenly; brush and roller marks tend to flow out and become unnoticeable.
- **Better touch-up.** If you have to touch up your paint job at a later date, it won't be noticeable when using a top quality paint.
- **Better stain resistance.** These paints tend to keep dirt and grime from sinking in, making for easy cleaning.
- **Better scrub resistance.** Even if you have to scrub hard to remove a stubborn stain, top quality paint is tough enough to take the scrubbing without damaging the surface of the paint.
- **Better burnish resistance.** Lower quality paints get shiny when they're scrubbed; top quality paints have less of a tendency to do so.
- **Better block resistance.** Ever notice how it's hard to open a window after it's been painted? Top quality paints are less susceptible to sticking.
- **Better print resistance.** Windowsills and other face-up surfaces can be imprinted when objects are placed on them. When painting horizontal surfaces, use of a top quality paint in an eggshell (rather than a glossier) sheen will minimize this problem.

- **Better mildew resistance.** If you don't like mildew, don't compromise on paint quality.
- **Better fade resistance.** You'll probably sweat bullets choosing just the right paint color. Make sure your color lasts by using a fade-resistant top quality 100% acrylic latex interior paint.

For more information and painting tips, visit www.paintquality.com





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Create an Outdoor Room

Sitting comfortably with friends or family in the backyard on a cool summer evening, with a warm fire and dinner sizzling on the grill, is pure pleasure. It is also the reason why people are turning their yards and decks into inviting outdoor living spaces. People are extending the comfort and luxury of their homes into the great outdoors, and the result is the popular trend called the “outdoor room.”

Anyone can easily create an outdoor room. In general, the concept encompasses a grilling and eating area, pulled together with a hearth product, such as a fireplace or firepit.

The *Hearth, Patio & Barbecue Association* offers information to consider when designing and building an outdoor room.

Determine Use and Home’s Style. Jot down ideas about how the space will

be used in all of its applications, from entertaining to relaxing. Clip or print pictures and put them into a notebook. It’s important to have an understanding of a home’s architectural style when creating an outdoor room so that the outdoor space accentuates the home’s indoor spaces. There are products available for every taste and style.

Visit a Specialty Retailer. Take the notebook and wish list to a specialty retailer that sells hearth, barbecue and patio products. A specialty retailer can help determine the materials and outdoor room products available in an area and guide the final plan, as well as coordinate installation. After obtaining the details from a specialty retailer, go online to review products and manufacturer information.

Consider Fire and Food. These are key elements in every well-designed outdoor room. Position the fireplace as the focal point, blend in the cooking and eating areas and then consider additional features.

Think foundation and draw a plan. Stone patios, retaining walls, fences and decks are basic foundation elements. The best way to achieve the desired end result is to sketch out a plan. Don’t worry about picture-perfect drawings – it’s the general idea that counts!

Accessorize with landscaping, furniture and lighting. Select comfortable patio furniture that invites people to settle in for an extended period of time. In addition to tables and chairs for the eating area, consider chaise lounges, couches and side tables. To extend the amount of time spent outdoors, consider lighting for pathways, around pools, or to accentuate landscaping.

Work with a professional. A specialty retailer is a key partner in creating an outdoor room. In addition to expertise and products, a specialty retailer can offer key insights about what’s available in a particular area and what works best in a certain climate.

For more information, visit the *Hearth, Patio & Barbecue Association* at www.hpba.org.

Create Your Outdoor Room



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providing a uniquely rustic look to any décor. Select models are also available with an optional granite insert top. Fuel options include Natural Gas or self-contained Propane tank (most include a removeable door to house a 5-gallon propane tank.) Handcrafted from glass fiber reinforced concrete.



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6 Tips for Choosing the Right Paint

To help simplify things, ask yourself these questions about your personal preferences and lifestyle.

If you've ever been confused at the paint counter, you're not alone. Most home centers and paint stores sell a dizzying array of coatings in every conceivable color and sheen. That can make it difficult for anyone to pick the right paint. The answers to these 6 questions will help guide you through the maze of interior paints available today and make your purchasing decision a snap.

1 How sensitive am I to paint smell?

If you abhor paint odor, you should favor water-based latex paints, which have little or no odor compared to oil-based or alkyd coatings. Latex paints also simplify cleanup and perform exceptionally well on all interior surfaces. These advantages help explain why latex paints have become the overwhelming choice of both do-it-yourselfers and professional painters.



2 How much activity will take place in the space I am painting?

If the room you are painting will see a lot of activity, the painted surface could get soiled. In that case, it's best to use a glossier product (a high gloss or semi-gloss paint), which will tend to resist stains and are much easier to clean. If the room will see little activity, you could use any level of sheen — from a flat paint to a high gloss finish.

3 What atmosphere do I want to create in the room?

If your goal is to make the space cozy, consider using a “warm” color from the red, yellow or orange family; if you want it to seem cool, apply blues or greens.

4 Do I wish the room were bigger (or smaller)?

If you feel the space seems cramped (or, at the other extreme, cavernous), you can do something about it by selecting the right color of paint. Lighter colors make a room seem larger, while darker colors make it feel more intimate.

5 How often do I typically repaint?

If you paint only every so often, you'll want to apply a durable, color-fast paint that will hold up well and continue to look good for a very long time. The best option in this regard is a top quality 100% acrylic latex interior paint.

6 How much time do I want to devote to this painting project?

If your time is limited, or you just want to complete the project quickly, then consider applying a “paint and primer” product that works like two coatings in one. You'll likely need to apply fewer coats, which will save a lot of time — and you'll still get superior results.

Considering these questions takes just a few moments, but saves a lot of consternation when you are at your paint retailer's. More importantly, the answers will help you quickly identify the very best type of paint for your next home beautification project!



For more information on interior paints and coatings, visit the Paint Quality Institute blog at blog.paintquality.com or its website at www.paintquality.com.



Under the direction of President and CEO Jake Jabs, American Furniture Warehouse (AFW) has been actively involved with our community for more than 40 years. We're proud to support a variety of causes in Colorado, Arizona, and beyond, including education, youth, family, people in need, our environment, veterans, and agriculture. We give to hundreds of different non-profits, service organizations, K-12 schools, technical schools, and colleges on a regular basis.

BETTER Your Home, BETTER Your School

BETTER Your Home, BETTER Your School is an AFW-exclusive initiative that gives money back to schools all year round. When a participating school community shops at AFW, the company donates a percentage of the subtotal back to that school.

Student Tours

AFW offers tours of our corporate location to thousands of high school and college students each year to teach them how a business like AFW operates.



Junior Achievement Finance Park

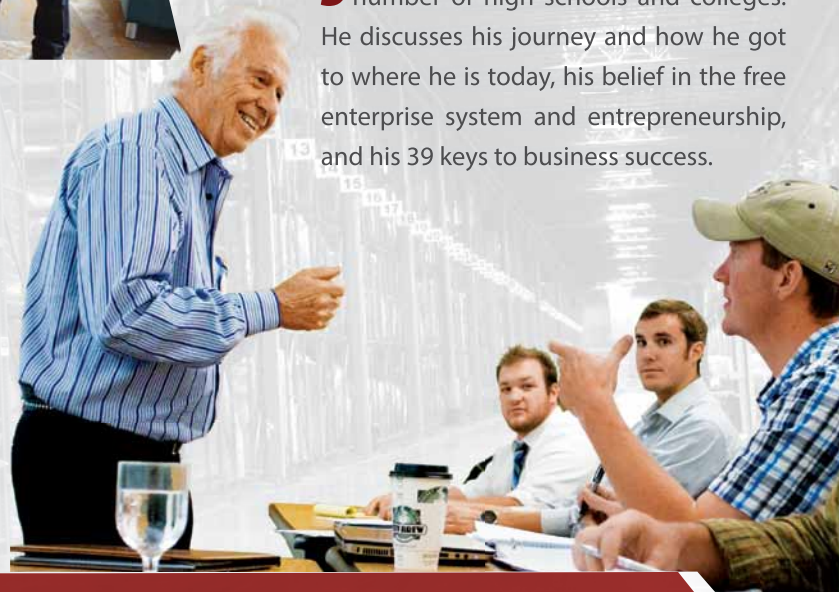
Since 2013, AFW has housed JA Finance Park in our Thornton, Colorado location, which helps students build a foundation for making intelligent personal financial decisions.

Speaking at Schools

Jake gives many talks to students at a number of high schools and colleges. He discusses his journey and how he got to where he is today, his belief in the free enterprise system and entrepreneurship, and his 39 keys to business success.

University of Colorado Denver Business School

In 2013, Jake gifted The Jake Jabs Center for Entrepreneurship (JJCE) at the University of Colorado Denver Business School with \$10 million to help the school expand its entrepreneurship education and research. The JJCE is focused on cross-disciplinary, entrepreneurial concept development as well as graduate and undergraduate entrepreneurial training.



How to Mix and Match Design Styles

Rachel Sellers, Content Writer, American Furniture Warehouse

Mixing design styles is a great way to create a look for your home that is uniquely yours. It gives you more freedom and flexibility when decorating your home, and the end result is a curated, collected reflection of your personal taste. While you can't mix different styles willy-nilly with good results, creating an eclectic look isn't difficult if you keep these five design guidelines in mind.

1. 80/20 Rule



One simple way to keep your room feeling cohesive is using 80% of one dominant style and 20% of a secondary style. Use the dominant style to guide your decisions

about your color palette, larger furniture, and flooring, and your secondary style to choose accessories like accent furniture and wall art. In this living room we used a traditional sofa, loveseat, and chairs with set-back rolled arms and bun feet, but we've paired them with more of a more contemporary rug, artwork, decor, and tables for contrast.

2. Color

A solid color scheme goes a long way towards unifying any room, especially one with a mix of different styles. If you need a starting point, choose colors from a rug or artwork or use colors in the same family, like blues or browns. Whatever your color scheme, repeat the same colors throughout the room to bring your different styles together. Here, we used the blues, oranges, and yellows from the rug in the chairs, accent pillow, vases, and other accessories.



3. Scale and Shape



Pay attention to the scale and shape of the pieces you use in your space. Keeping items in the same scale makes them look like they belong

with each other and ensures that they will function together. If you have a sprawling sectional and a tiny cocktail table, the difference in scale will make them look mismatched. The overall shape of a piece can have a similar effect. If you have a geometric sofa, a cocktail table with an ornately curved silhouette may look out of place, but a geometric table would work well. For this room, we took a brown leather sofa, loveseat, and ottoman with squared-off arms and paired them with geometric modern/contemporary tables, lamps with geometric bases and shades, and an angular bookshelf.

4. Repeated Elements



Just like color, repeating elements such as texture, pattern, and material throughout the space makes your different pieces feel intentionally chosen

instead of randomly selected. In this room we focused on texture, choosing a sofa, loveseat, and ottoman with textured chenille upholstery and pairing them with washed wood tables, fuzzy blankets, and woven plant stands. We also incorporated hints of metal throughout the room with the tables, the basket, and the lamps.

5. Commit to a Mood

Think about the overall feel you want to create for your space. If you want a living room that feels warm and inviting, mixing in a very formal sofa or a super-modern mirrored cocktail table would go against that vibe. In this room we paired a traditional-leaning brown leather sofa, loveseat, and recliner with a neutral-toned oriental carpet, transitional tables with weathered grey tops, lamps with washed white bases, and simple artwork for a feel that has a little traditional elegance but is overall cozy and lived-in.



When you know the five guidelines for combining different design styles, it's easy to create an eclectic space that looks great. Simply follow the 80/20 rule, repeat colors and other design elements throughout the room, pay attention to scale and shape, commit to a mood for your space, then enjoy a home that reflects your unique personal taste.



Organizationally challenged?



Now's the time to bring order to your home – and your life

Anyone who has ever moved into a new home knows the giddiness of starting fresh and getting the opportunity to finally get organized!

But all too often, we rush to unpack and then spend weeks, months, if not years, trying to organize and re-organize our stuff.

Don't let this happen to you. Take the time to create a game plan and then follow through. Have a designated place for every item you own BEFORE you unpack one box.

Get started

Hopefully, you already purged unused, broken or unneeded items BEFORE you moved. This not only saves time, money and precious space, it allows you to move into your new home without additional clutter.

Beginning with the kitchen — lay out a plan to store items closest to the area you will use them.

- Place cookware adjacent to the stove while glassware and dishes should be stored near the sink and dishwasher.
- Keep sandwich bags, foil, plastic wrap and parchment paper in one drawer for quick access to pack lunches or wrap up leftovers.

- Use risers or lazy-susans to display spices, canned goods and other pantry items in cupboards to avoid things getting lost in the back.
- Consider a grocery inventory list on the fridge or inside a cupboard to avoid duplicate items.
- If you love to bake, create a special area to house all your baking dishes, mixers, rolling pin, flour, sugar, etc. in one place.
- For fine china and crystal that is not used daily, pack carefully and store elsewhere, such as the basement, garage or a buffet so it doesn't take up precious real estate in your kitchen.

In living areas, seek out furniture that not only is beautiful but functional to help with your storage needs. For example, a trunk that can be filled with blankets and extra pillows can make a great cocktail table. Built-ins can artfully display sentimental items, framed photos, books and plants.

Keep bathrooms clutter-free for easy clean-up. Install medicine cabinets and make full use of cabinetry to store essentials. Stock each bathroom with a mini cleaning kit: surface, glass and toilet bowl cleaners, sponges, paper towels, etc. Stowed in a handled bucket under the sink, this portable kit will make keeping up with daily and weekly cleaning a snap.

Avoid turning your entryway into a dumping ground by installing hooks for coats and backpacks, put out a basket or

boot tray for footwear and have a small table with a beautiful bowl or soap dish to keep keys from getting lost. A nearby wastebasket catches junk mail.

A closet case

One of the most important spaces to organize is in your closets.

- Store outerwear, umbrellas, hats, gloves, scarves in your hallway closet. Don't overstuff it so you have room for visitor's belongings when entertaining. Install hooks inside the door for a tote that you can fill with items going to the dry cleaner. When it's full, just take the tote to your car.
- In your bedroom closets, sort like items together and organize by color BEFORE hanging anything. Use the same hangers – wooden, padded or those velvet-covered slimline ones – for a beautifully cohesive look.
- Keep frequently used items at eye-level.
- No shoe shelves? Store footwear in clear boxes or tape a photo to the outside of each shoebox to save time looking for just the right pair of heels or loafers.
- Optimize your linen closets by storing same-sized sheet sets together in their matching pillowcases. Use tote-able baskets or canvas cubes to store extra tablecloths, napkins and placemats. Another option is hanging cleaned and pressed tablecloths on a skirt or pant hanger in your closet.
- If you have extra closets, store out-of-season clothes there or in long plastic bins under the bed. A well outfitted closet should include shelving, hanging space with varying heights, drawers and/or open storage bins. If your closet falls short, consider investing in a closet organizing system.

So now that you are completely organized, you need to stay that way. Make a habit of putting things away when you're done using them. Each night spend just 10-15 minutes before bed straightening things up, wiping down countertops and returning misplaced items to their rightful home.

Waking up each morning to a clean, orderly home will set a positive tone for the day ahead.

Making One Room into Two – With a Murphy Bed

Downsizing or moving into a new home with a growing family? Have an Airbnb where you need additional, more comfortable beds? A Murphy Bed is a great solution to all of these space challenges. By disappearing into the wall when guests aren't there, it's giving you the office or craft room that you need while still keeping your guests happy with a real bed.

The original Murphy Bed was invented by William Murphy in the early 1900's to solve the need to hide his bed while entertaining in his tiny one room apartment in San Francisco. The Murphy, or Wall Bed, as it is also called, has come a long way since then, with the range of materials and accompanying furniture limited only by your space itself.

WHAT DOES A MURPHY BED LOOK LIKE?

"Although the web is a good place to start, a Murphy Bed is such a visual product that it needs to be seen to understand all the options that are available. That's why we built our 2-story showroom which contains over 30 displays," says Steve Beckmann, the owner of Smart Spaces. Now in its 15th

"Although the web is a good place to start, a Murphy Bed is such a visual product that it needs to be seen to understand all the options that are available."

year, Smart Spaces is unique in that its main focus is on the Murphy Bed with its accompanying furniture such as offices, closets and entertainment centers. Steve estimates that they have designed and built over 4000 beds, ranging from the simple side bed for a basement to cabinetry containing everything from wine bars to secret rooms.

"It generally takes people two or three visits to truly decide what will best work for their space. Our designers have excellent software that help the customer envision how their room can be used. Everything is custom built, and designs can often take weeks to complete with the designers coming out to measure and offer suggestions to modify the plans."

HOW BIG DOES MY SMALL ROOM HAVE TO BE?

The size of the bed depends on the height of the wall where the Murphy

Bed would go. Generally, 90" is needed for a queen and king size bed, while full and twin sizes require 85" in height. If the ceilings are lower, then a side Murphy Bed works equally well and is often used in basements and in narrow rooms where the width is an issue.

Once color, material, mattress and handles are decided, the order goes into production which takes place onsite at the store. (Ask the owners for a peek downstairs to see the beds being made!). The production and install teams are true craftsmen who have been with the company an average of 6 years. A new option available is the Cabinet Murphy Bed, a bed which does not require a wall at all and can be picked up and taken home the same day.

After your bed has been installed, you will wonder why you haven't had one before. In today's world a Murphy Bed goes a long way to make the most of your space.

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Drab to Fab in 3 Easy Steps

Give your old things a new life without busting your budget

How exciting to move into your new home! But when your furniture and accessories are unpacked, it can sometimes feel like it is just the same old stuff in a brand new setting.

Unfortunately a move usually means money will be tight for awhile. So how do you freshen up your new space without breaking the bank?

Follow these three steps to breathe new life into your home, room by room:

STEP 1: Evaluate each space. When you live with items for a long time, it can be easy to overlook furniture that is in disrepair, tattered pillows or accessories that are just plain ugly or boring. Step back and give a more critical scan of the place – as if you are visiting someone else’s home. Does your home’s décor reflect your family’s lifestyle? Is your furniture both functional and attractive? Are you still hanging on to hand-me-down furniture that you have been hauling around for the last 20 years? If something is way past its prime, throw it out or replace it with a new piece that better fits your style. Once you review what you have, edit your stuff. Do you display things that you don’t really care for but were a gift or perhaps you feel obligated to put it out simply because it was expensive? You’re in a new home and deserve a fresh start. Give yourself permission to only live with the things you love and use every day.

STEP 2: Create a “theme” that can unify your entire home. We’re not talking animal prints or country roosters. A theme means finding a common element, such as a fabric, a bold accent color or general palette, which can be incorporated in each room that brings a fashionable cohesiveness to the space. Paint is the top choice for an instant and affordable update. Neutrals are the easiest choice for walls and offer the most flexibility, but they don’t have to be boring. Instead of tan, select “greige” – a beautiful combination of beige and gray that provides a fresh and neutral backdrop for any style of furniture.

If you want to be up to date on the latest paint color trends, take advice from Ellen O’Neil, Director of Strategic Design Intelligence at Benjamin Moore. She recently announced Metropolitan AF-690 as the 2019 color of the year. “Comforting, composed and effortlessly sophisticated, this trendy gray with cool undertones, exudes beauty and balance,” she said. “It’s a color in the neutral spectrum that references a contemplative state of mind and design. Not arresting nor aggressive, this understated yet glamorous gray creates a soothing, impactful common ground.”

STEP 3: Go for it! Starting with the space your family uses most, paint the whole room or consider adding a new hue to just the ceiling. With a fresh backdrop, start experimenting with furniture placement. Moving sofas and chairs away from the walls creates a more intimate setting for conversation and visually makes a room appear larger. Switch things up – how about swapping the living room loveseat with a family room reading chair in your new home? You will be amazed how much difference simply moving your old things around the house makes.

Simple changes = Big impact

- 👉 If you don’t want to commit to painting an entire room, try just one spectacular wall in a rich, fabulous color like dark chocolate, eggplant, bronze or dark orange.
- 👉 Update your lighting, including adding dimmers wherever possible. CFLs are environmentally-friendly and great options to save energy and money.
- 👉 Declutter, declutter, declutter.
- 👉 A fabulous new area rug in the living or dining room can add a shot of energy.
- 👉 Pay special attention to your entryway – as that is the first impression people will get of your space. Make it warm and inviting.
- 👉 Consider slipcovers for an immediate new twist on old furniture.
- 👉 Fresh flowers are always an instant pick-me-up.

Custom Closets – What to Look for, and Where

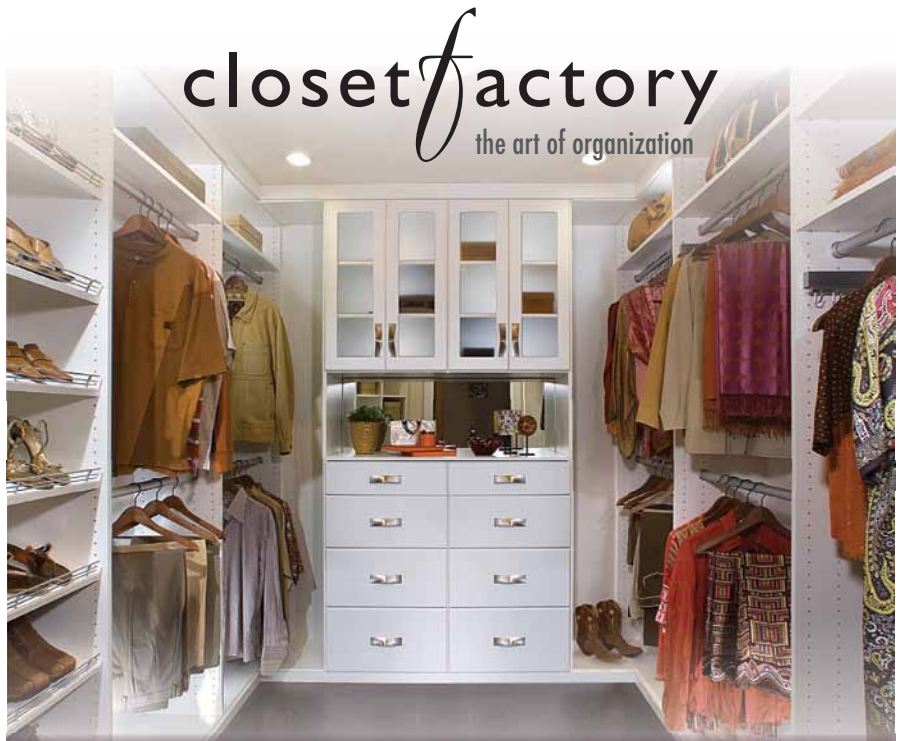
Mark Lestikow, president of The Closet Factory in Denver encourages new movers to use this as an opportunity to change bad habits and get organized right from the start. “Moving into a new home with newly organized closets adds to the pleasure of a happy experience. I would definitely encourage new movers to organize their closets now, to facilitate settling into their new environment and avoid dissatisfactions that may arise from the honey this doesn’t fit syndrome.”

The following five questions should help you identify the closet, and the closet company right for you.

- 1. Are there different types of closet systems, or are they all pretty similar?** There are two main types of closet units. One is called a wall-hung system, and the other a floor-based system. Ask the closet companies you interview the difference between the two, and which would be most appropriate for your individual needs and expectations.
- 2. Custom manufactured vs. prebuilt systems?** Although most closet companies say they are custom, few truly are. A custom closet, as you would expect, is high in quality, offers more efficient space utilization and often is the best value for your investment.
- 3. Will I have the opportunity to work with a design consultant or see a showroom with examples of product?** Having a trained professional designer come to your home is a nice option because they can take your exact measurements and prepare a personalized design that fits your specific needs.
- 4. What about installation?** It is important to distinguish if the installers are employees or independent contractors. There can be a tremendous difference in the final result if a trained employee installs your custom closet versus an untrained independent.

- 5. How do I pick the right company?** The company you choose to install your custom closet is your key decision. All custom closet companies are not the same. Evaluate how you were treated from the first time you called. Were you able to speak with a knowledgeable person immediately, or at least receive a prompt returned call to your inquiry?

Be sure to get a written guarantee, preferably one that will be in effect as long as you live in the house.
Ask to see a customer list. Call some people on this list. If a company doesn’t do good work, people will not likely recommend them. Enjoy your new home and your closets!



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A Simple Phone Call Can Save A Life



Simple digging jobs can damage utility lines and disrupt vital services to an entire neighborhood, harm those who dig and result in expensive fines and repair costs.

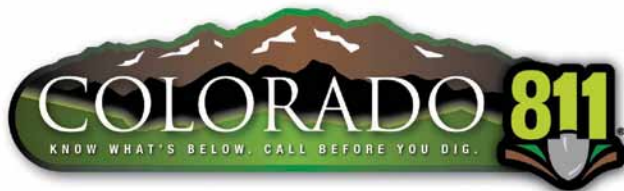
Homeowners, digging and excavating near underground facilities can be dangerous. Lives are lost and excavators and homeowners are seriously injured excavating in Colorado. In addition, underground facilities are damaged. Help protect the lives of loved ones in your family and community and ensure the smooth operation of

our vital public services. Always call 811 before you dig. Need a locate, but don't want to call? Go to our website www.co811.org and provide an email address and the general information pertaining to your excavation project.

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- The locate marks are valid for 30 days or until they can no longer be seen, whichever comes first.
- If the facility is damaged at any time, notify Colorado 811 immediately so that we may contact the utility owner. Remember to first call 911 if someone is injured.

Colorado 811 encourages all professional excavators, contractors and homeowners to call for locates prior to renting any excavation equipment.

For more information, click or call Colorado 811 at 303-232-1991 or visit our web site at: www.co811.org. Thank You.



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Hot Tips – Cold Cash

25 Easy Ways to Save Money and Energy

Saving energy not only feels good, but it can save you big bucks as a homeowner. Get off on the right carbon footprint in your new home with these tips:

- 1 Find out if your utility company offers free or low-cost **energy audits**. Not only will your new home be inspected for energy efficiency, but you will receive invaluable tips on slashing energy costs while keeping your home feeling comfortable.
- 2 **Use a programmable thermostat**. This small investment (usually around \$50-\$150) pays off big. According to ENERGY STAR, the proper use of a pre-programmed thermostat can save about \$180 every year in energy costs.
- 3 If you're handy, **inspect your heating and cooling ducts**, including the exposed ones in the basement and attic. Seal them with mastic or metal-backed foil tape and then insulate them. This alone can improve the efficiency of your heating and cooling systems by as much as 20%.
- 4 Don't put off **regular maintenance of your heating and cooling systems**. Just like your car, they won't run optimally, and eventually break down if they are not maintained.
- 5 Keep the air flowing by **changing your air filter regularly**.
- 6 Set **your tank-based water heater's temperature to 120 degrees** for maximum benefit and insulate it for even more savings.
- 7 Need to **replace your water heater**? Consider a money-saving tankless model or a solar water heater.
- 8 Whatever new appliance you purchase, make sure it has an **ENERGY STAR rating**.
- 9 **Apply caulk or weather stripping** to all windows and doors in your home, including your glass sliding doors. In addition, seal any air leaks around electrical outlets.
- 10 **Go Solar!** Switching to solar energy is easier than ever. With many different purchasing and leasing options available, you can save on your electric bill now, and in the future.
- 11 **A leaky faucet or toilet will flush a lot of your money down the pipes**. Fix them immediately!
- 12 Remember, a **10-minute shower** uses less water than a bath.
- 13 Install **energy-efficient and long lasting CFL bulbs or LEDs** wherever possible. This also goes for your outdoor lighting.
- 14 **Use window coverings** to take advantage of the warm sun during cold months by leaving them open during the day. In the dog days of summer, keep them closed to keep the searing heat out.
- 15 **Proper use of interior ceiling fans** can help keep your house cool in the summer and warm in the winter.
- 16 Simply **turning off the lights** when you're not in the room will save you money and energy.
- 17 Use only **warm or cold water to wash your clothes**, and rinse only with cold water.
- 18 Drying your clothes is a huge energy-drain. **Do loads of laundry consecutively** so that you can take advantage of the heated dryer. Better yet, cut back on your dryer use by using a drying rack for your clothes. Save the dryer for towels and other heavy items.
- 19 Use a **power strip to centrally shut off all your electronics** when not in use.
- 20 **Unplug battery chargers and power adapters**, which are notorious energy zappers.
- 21 **Close your doors**. Remembering to close your refrigerator doors, fireplace doors, and house doors quickly after use can go a long way in reducing energy waste.
- 22 **Get rid of your old refrigerator and invest in an energy-efficient model**. Some older models can cost more than \$100 a year to operate.
- 23 Wait until your **dishwasher is fully loaded** before running a cycle.
- 24 **Look outside your home for energy-friendly landscaping**. Deciduous trees and bushes can provide a nice wind barrier to reduce heat loss during the winter. While mature plantings can provide shade in the summer, consider pruning sun-blocking trees or shrubs that prevent you from taking full advantage of the sun's warmth during the winter.
- 25 **Regularly inspect your roof** for damage or leaks around ducts, skylights and chimneys.

Moving with Children

Once the boxes are unpacked, the next step is to help your kids settle into their new neighborhood.

Here are a few tips that should help ease the transition.

Search for evidence of kids living on your street and in your neighborhood

Look for signs that kids live in a house—swing sets, bikes and other toys. Neighbors can be helpful as well, telling you which houses have children living there.

Spend time in a local park

Neighborhood parks are an ideal place to meet not only other kids, but other parents as well. There may even be a park inside your neighborhood where you can spend hours of time outside meeting new friends and learning about your new neighborhood. Get outside and good things will happen!

Host a party for kids

You can invite kids from the neighborhood and from the playground. Invite the parents to come so you can also meet new people, and deliver the party invites in person with your child door to door. If you keep it simple, it's a great way for you and your child to get to know the area.

Join the neighborhood community center

Most recreation centers and community centers have classes for kids, including recreational programs, sports teams, family swim times and more. Be sure to join along with your child and speak to staff members to see what other opportunities exist in your neighborhood.



Visit the library

We often forget that the local library is a wonderful place to meet other parents and children. Staff here can provide great information on what's going on in the neighborhood and can suggest family-friendly activities in your new neighborhood. Spending time in the children's section of the library and checking out books is a fantastic way to let your children interact with others.

Spend time outside

Sometimes all you need to do to meet the neighbors is to spend time in your front yard. Go for a walk, a bike ride or just hang out on your front porch.

If you do these things we've suggested, you are sure to be discovered by neighborhood kids and families and your child will feel happy and settled into their new home and neighborhood before you know it.

Don't Ignore Your Child's Snores— It Could Be A Sign of Enlarged Tonsils

By Dr. Sheri Poznanovic



Most parents know that the main symptoms of tonsillitis in children are swollen tonsils, sore throat and painful swallowing. But did you know that your child's tonsils could also affect their sleep patterns?

Children who have difficulty sleeping might actually have enlarged tonsils, which causes obstructive sleep apnea (OSA). Sleep apnea refers to a sleep disorder in which a child snores, pauses a long time in between breaths while sleeping, tosses and turns, breathes through their mouth frequently, or has night sweats. According to the American Sleep Apnea Association, an estimated one to four percent of children suffer from sleep apnea. This sleep disorder more commonly affects children between the ages of 2 and 8 years old. Another possible cause of sleep apnea is obesity.

If your child snores or has any of the other sleep apnea symptoms, enlarged tonsils may be the culprit. In children, enlarged tonsils and adenoids can be the result of an infection, or may be completely normal. Tonsillitis (an inflammation of the tonsils) is usually caused by a viral or bacterial infection, such as streptococcus (i.e., strep throat). Tonsillitis typically affects children from their preschool years to early teens.

Even if your child has tonsillitis, this doesn't necessarily mean that they need their tonsils out. If a child shows signs of sleep apnea, a pediatrician might recommend a sleep study to determine the best treatment.

A child usually doesn't need their tonsils removed — unless they have severe tonsillitis, or have had several instances of tonsillitis or strep throat in the same year. Removing the tonsils may also help with a child's breathing problems or sleep apnea. Tonsillitis and obstructive sleep apnea are both reasons to remove a child's tonsils, but can be separate health issues.

It's not normal for a child to snore, and could be a sign of sleep apnea. If your child snores or is showing signs of tonsillitis, don't ignore it. Know the symptoms and, if necessary, talk to your child's doctor.

About Sheri Poznanovic, MD, FAAP, FACS

Sheri Poznanovic, MD, FAAP, FACS is a pediatric ENT at Rocky Mountain Pediatric ENT Associates. Dr. Poznanovic specializes in ear, nose and throat issues affecting children, including sleep apnea.



A Surgical Cure for Diabetes

By Dr. Matthew Metz



Instead of calling it bariatric surgery, maybe we should call it diabetes surgery. People are often surprised when I tell them I perform a surgical procedure that gets rid of Type 2 diabetes in over 96 percent of patients. We potentially have the surgical cure for diabetes and many health insurance providers even cover it yet many patients still don't know about it.

This type of bariatric surgery is called the duodenal switch, and I was the first person in Colorado to perform the procedure in 2013.

I perform this laparoscopic surgery by making five small (less than an inch long) incisions in the patient's abdomen. After making the stomach very small, I divide the first part of the intestine, the duodenum, and attach it to the lower portion of the small intestine, the ileum. The procedure is an hour-and-a-half long and patients generally stay two nights in the hospital before returning home.

For reasons not entirely understood, bypassing that first part of the duodenum makes diabetes go away, sometimes as quickly as the day after surgery. It's the most effective weight loss management procedure available and the most effective in getting rid of Type 2 diabetes and keeping it away of any method available.

While the duodenal switch has been available as an open operation since the late 1980s, we've made significant improvements. It's now minimally invasive, and there are fewer side effects. The long-term data on this procedure shows, in some cases, as high as a 98.9 percent resolution in diabetes.

More than 100 million U.S. adults struggle with diabetes or pre-diabetes, and the nation's obesity rate is approaching 40 percent. With this procedure, there's the potential to get rid of the weight and diabetes at the same time.

About Matthew Metz, MD, FACS

Matthew Metz, MD, FACS, is a board-certified, Cleveland Clinic-trained bariatric surgeon who practices at Denver Center for Bariatric Surgery. Dr. Metz earned his medical degree from the University of Maryland School of Medicine and completed a residency at the University of Rochester / Strong Memorial Hospital. Visit denverbariatrics.com to learn more.



NEWCOMER AND COMMUNITY INFORMATION



Welcome to your new home in the Denver metropolitan area. The following information should be helpful whether you are a newcomer or simply moving within the area. Keep this reference guide in a handy place so you can refer to it often.

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Log on to the official gateway to all government information. As the U.S. government's official web portal, USA.gov makes it easy for the public to get U.S. government information and services on the web.

Ten Digit Dialing

As a newcomer, you need to be aware that Colorado has ten-digit local dialing. It's really very easy. Just remember to dial the area code before the seven-digit local number. Dialing "1" before the ten digits is only needed when placing a long distance call. Keeping this in mind could prevent you from seeing unnecessary long-distance charges on your telephone bill. Remember, too, that you shouldn't dial a "0" when placing a ten-digit local call. Doing so will only route your call directly to a telephone operator.

Phone Directories

YellowBook.com

Contact us by phone.....1.800.YB.YELLOW CenturyLink

For customer service.....1-800-244-1111

Motor Vehicle Laws

Drivers licenses must be transferred within 30 days and vehicles must be registered within 90 days after becoming a Colorado resident. For motor vehicle and driver license purposes, you are considered a resident if you own or operate a business in Colorado, are gainfully employed in Colorado, or reside in Colorado for 90 consecutive days.

Out of state students are not required to obtain Colorado license plates or a Colorado driver license if they have valid plates and a valid license from their home state. Active duty U.S. military personnel and their spouses are also not required to obtain a Colorado driver license if they have a valid license from another state.

A newcomer to Colorado must obtain a Colorado driver license within 30 days after establishing residency. In most cases, if your present license is valid, you will only need to pass a written examination and eye test. For more information call 303-205-5600 or visit colorado.gov/dmv.

Auto Emissions Inspections

Emission testing is required when registering or selling vehicles in the counties of Denver, Boulder, Broomfield, Jefferson, Douglas and partial areas of Adams and Arapahoe counties. Testing can be done at any one of Envirotest's 14 convenient locations, or ask about Rapidscreen Roadside Emissions Testing. For more information on station locations, maps and directions, testing requirements and procedures, company information and job opportunities, visit them on the web at aircarecolorado.com or call the Air Care Colorado Hotline 303-456-7090 (See ad and article page 27.)

For further questions call the Department of Revenue Emissions at 303-205-5603.

Automobile Registration

To obtain your registration you must register your car in the county where you live and you must bring the following items:

- 1) A valid emissions test and a form DR2087 showing verification of your vehicle I.D. number. Both of these are available from an Emissions Inspection Station.
- 2) Vehicle title and registration.
- 3) Proof of insurance, which must include the year, make, and vehicle identification number (VIN) of the vehicle. Also, be sure to include the policy effective date.

A Colorado State vehicle inspection is required on all vehicles purchased with an out-of-state title. Fees may be paid by check, cash or money order.

You can contact your particular county for further information. Operating hours may vary. Check with each office for details.

Adams County	720-523-6010
Arapahoe County	303-795-4500
Boulder County	303-413-7710
Broomfield County	303-464-5888
Denver County	720-865-4600
Douglas County	303-660-7440
Jefferson County	303-271-8100

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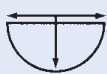
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\$15 off a single cover

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- ◆ Lifetime Warranty
- ◆ Protects against well flooding from clogged & overflowing gutters
- ◆ Keep out wildlife
- ◆ Keep wells clean
- ◆ Supports a minimum of 450 lbs.



NEWCOMER AND COMMUNITY INFORMATION

Driver's License

Residents can apply for a Colorado driver's license by completing the following requirements:

- 1) Pass all required exams, which may include written, vision and road skills.
- 2) Submit previous license, permit, birth certificate or other document that shows proof of identity and current age.
- 3) Reside at a Colorado residence address and provide proof of legal presence.
- 4) Have your photograph and fingerprints taken.
- 5) Pay the required fee.
- 6) Driver's license available at any one of the following offices in the metro area:

Boulder.....	303-442-3006
Castle Rock.....	303-660-7400
Denver-SW.....	303-937-9507
Denver-NE.....	303-373-0161
Evergreen.....	720-497-1182
Lakewood.....	303-205-5609
Littleton.....	303-795-5954
Northglenn.....	720-929-8636
Parker.....	303-627-0985

For further assistance regarding driver's license information visit colorado.gov

Automobile Insurance

Under Colorado's tort system you are only required to buy liability coverage to pay for medical bills and property damage that you cause when you are at fault in an accident. You may also choose to buy additional medical coverage to help pay for your own injuries. For more information contact RMIIL..... 1-800-355-9524

Road Conditions

For updated road conditions throughout Colorado, call the Road and Weather Information Hotline from the Colorado Department of Transportation (CDOT)..... 5-1-1

Auto Clubs

AAA Auto Club-Colorado..... 303-753-8800

Transportation

Colorado Department of Transportation (CDOT) administers a variety of state and federal programs to complete projects that enhance our comprehensive transportation network. For a complete list and description of programs now in full force, visit www.coloradodot.info/programs.

Denver International Airport

Ground Transportation.....	303-342-4059
Lost and Found.....	303-342-4062
RTD's Skyride.....	303-299-6000
SuperShuttle.....	800-BLUE-VAN

Taxi Service

Metro Taxi.....	303-333-3333
Yellow Cab.....	303-777-7777

Train Service

Amtrak - Union Station Info..... 303-592-6712

Bus Service:

The bus service is provided by Regional Transport District (RTD)..... 303-299-6000

Provides local, express and regional bus and light rail service throughout the metropolitan area. Also includes Park-n-Ride locations and offers special services such as Skyride bus service to Denver International Airport (DIA), Broncos-Ride and RockiesRide.

Commuting Options:

A program of The Denver Regional Council of Governments, My Way to Go offers reliable, easy, environmentally-friendly, no-nonsense commuting options to Denver area commuters. They can help you find a carpool, vanpool, transit route, or best paths for biking or walking. Visit their website at www.mywaytogo.org. For more information and free personal assistance, call 303-458-7665 or send an e-mail to: waytogo@drcog.org.

Bicycles:

Denver B-cycle and Boulder B-cycle offer over 100 bike stations for you to simply hop on a bike and go!

- **Denver residents:** Call for more information at 303-825-3325 or go to DenverBicycle.com.
- **Boulder residents:** Call for more information at 303-532-4412 or go to BoulderBicycle.com.

Voter Registration

- Voters who move from one county to another in Colorado must re-register to vote in the new county.
- Voters who move within the county must complete a change of address at least 29 days prior to an election.
- Residents can register to vote or change an address at any Driver's License office, City Clerk's office or Motor Vehicle office.

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For complete details, visit www.welcomهومag.com
 or send a self-addressed envelope to
 Publisher/Welcome Home Magazine of Denver,
 79 Spyglass Drive, Littleton, CO 80123.

Adams County	720-523-6500
Arapahoe County	303-795-4511
Denver County.....	720-865-8683
Douglas County.....	303-660-7444
Jefferson County.....	303-271-8111



Pet Licenses

Dogs and cats living in most of the Denver metro area must be licensed annually and vaccinated against rabies. They must be vaccinated within 30 days, or have been vaccinated within the past 12 months. Most communities have strict leash laws. For more information, call the Animal Control offices in your county.

Adams County	303-288-3294
Arapahoe County	720-874-6750
Boulder County	303-441-3626
Broomfield County.....	303-438-6400
Denver County.....	303-698-0076
Douglas County.....	303-660-7529
Jefferson County.....	303-271-5070

Emergency Numbers

In most areas 9-1-1 will access emergency ambulance, fire or police. Please verify that this is indeed true for your county, as there are some exceptions.

County Sheriffs

Adams County	303-654-1850
Arapahoe County.....	303-795-4711
Boulder County	303-441-4444
Denver Police.....	720-913-2000
Douglas County	303-660-7505
Jefferson County	303-277-0211
Rocky Mountain Poison Center and Drug Center	303-739-1123
Xcel Energy Electric Outage	1-800-895-1999
Xcel Energy Gas Emergency	1-800-895-2999

Utilities

Gas & Electric: Xcel Energy
24-Hour Emergency
 Xcel Energy Electric Outage..1-800-895-1999
 Xcel Energy Gas Emergency..1-800-895-2999

Residential

24-Hour Customer Service
 and Billing.....1-800-895-4999
 HomeSmart from Xcel Energy Appliance
 Repair & Replacement.....1-866-837-9762

NEWCOMER AND COMMUNITY INFORMATION

Business Solutions Centers –
 Customer Service & Billing... 1-800-481-4700
 Other
 Call Before You Dig/Utility Notification
 Center of Colorado 1-800-232-1991
 Web site..... co811.org

Telephone

CenturyLink 800-603-6000
 centurylink.com

Water: The Denver Water Department is the major supplier for the Denver metro area, although there are some exceptions depending upon where you live. For further information on billing and service in your area, contact the Denver Water Customer Service Department.

Customer Care 303-893-2444
 After Hours Emergencies 303-628-6801

U.S. Postal Service

Postal Answer Line 1-800-275-8777
 www.usps.com

Libraries

Arapahoe 303-542-7279
 Aurora 303-739-6600
 Brighton 303-405-3230
 Boulder 303-441-3100
 Denver Public Library, Main 720-865-1111
 Douglas County 303-791-7323
 Englewood 303-762-2560
 Jefferson County 303-235-5275

Credit Unions

Westerra Credit Union 303-321-4209

Free Consumer Guide Smart Energy Living

Learn how to reduce energy consumption, save money and improve Colorado's environment with energy-efficient home improvements from The Colorado Energy Science Center (CESC). To learn more visit energyscience.org

Trash Removal

For customer service questions regarding trash & recycling services in the city and county of Denver (720-913-1311)

Recycling Hotlines

Colorado Energy Office 303-866-2100
 Colorado Department of Public Health
 and Environment (CDPHE) 303-692-2000

Environmental Recycling Hotline: This national hotline provides information on where to recycle waste paper and boxes, glass, scrap metals, plastic, waste oil and tires. It has a database of state recycling programs which lets callers enter their zip code to find recyclers in their area. Visit earth911.com or call 1-800-253-2687

City of Denver 3-1-1 Call Center

Citizens in Denver can now call 3-1-1 as a free service to get answers regarding all city related business including reporting a pothole, purchasing a parking permit, starting a new business or getting a marriage license. Also visit www.denvergov.org.

Dial 2-1-1 For A Community Connection

Colorado 2-1-1 launched in metro Denver and surrounding communities in October 2003. It gives citizens one number to call when they need access to human services such as food bank locations, low cost healthcare for children as well as a direct link to non-emergency help for all kinds of community services. Visit 211colorado.communityos.org

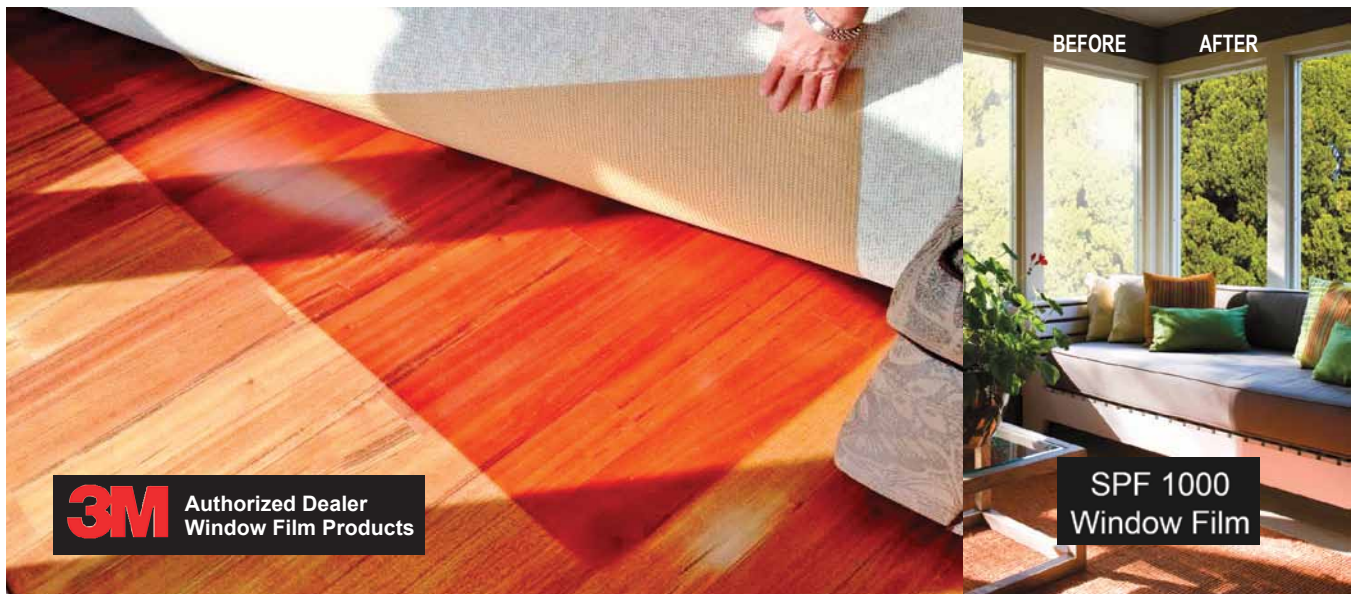
Denver/Boulder Better Business Bureau

The BBB is a membership-based nonprofit organization dedicated to promoting and fostering the highest ethical relationship between businesses and the public through voluntary self-regulation, consumer and business education and service excellence. The BBB offers free information to the community regarding local businesses and charities. Visit denver.bbb.org or telephone 303-758-2100

Chambers of Commerce

For helpful information on schools, cable service, cultural events, community activities, libraries and parks, call your county's Chamber of Commerce.

Arvada 303-424-0313 arvadachamber.org
 Aurora 303-344-1500 aurorachamber.org
 Boulder 303-442-1044 boulderchamber.com
 Denver 303-534-8500 denverchamber.org
 Golden 303-279-3113 goldenchamber.org
 South Metro Denver 303-795-0142
 (Englewood & Littleton) bestchamber.com



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303-662-8214

NEWCOMER AND COMMUNITY INFORMATION

West Metro 303-233-5555 westchamber.org
 Metro North 303-288-1000
 metronorthchamber.com

Volunteer Opportunities

Metro Volunteers 303-282-1234
 metrovolunteers.org
 Boulder County Volunteer
 Connection 303-444-4013
 volunteer.unitedwayfoothills.org
 CareConnect of Boulder County... 303-443-1933
 careconnectbc.org



Schools

Information on the school districts in the seven county Denver metro area may be obtained by contacting:

Colorado Department of Education.....
 303-866-6600 cde.state.co.us

Online Schools

No matter where you live in Colorado, you can enroll your child in an online school of your choice at no cost because it is a public school. For a complete listing of online schools in Colorado, cde.state.co.us/onlinelearning/schools.htm.

Senior Services

American Assn. of Retired Persons
 Colorado State Office..... 866-554-5376
 aarp.org/states/co
 DRCOG Area Agency on Aging 303-455-1000
 drcog.org
 CareConnect of Boulder County... 303-443-1933
 careconnectbc.org
 Innovage. 303-300-6906
 myinnovage.org

Denver Metro Area Hospitals

Aurora - HealthONE - The Medical Center of
 Aurora 303-695-2600
 auramed.com
Aurora - HealthONE - Spalding Rehabilitation
 Hospital 303-367-1166
 spaldingrehab.com
Boulder - Boulder Community
 Health 303-440-2273
 bch.org
Brighton - Platte Valley Medical
 Center 303-659-5800
 pvmc.org

Centennial - HealthONE - Centennial Medical
 Plaza 303-699-3000
 auramed.com
Denver - Centura Health - Porter Adventist
 Hospital..... 303-778-1955
 porterhospital.org
Denver - Centura Health - St. Anthony Central
 Hospital..... 720-321-0000
 stanthonyhosp.org
Denver - Children's Hospital 800-624-6553
 childrenscolorado.org
Denver - HealthONE - Presbyterian/St. Luke's
 Medical Center 303-839-6000
 pslmc.com
Denver - HealthONE - Rocky Mountain
 Hospital for Children 720-754-1000
 rockymountainhospitalforchildren.com
Denver - HealthONE - Rose Medical
 Center 303-320-2121
 rosemcd.com
Denver - Denver Health Medical
 Center 303-436-4949
 denverhealth.org
Denver - National Jewish 877-225-5654
 nationaljewish.org
Denver - St. Joseph Hospital 303-812-2000
 sclhealth.org
Denver - University of Colorado
 Hospital..... 720-848-0000
 uchealth.org
Denver - Veterans Affairs Medical
 Center 303-399-8020
 denver.va.gov
Englewood - HealthONE - Swedish Medical
 Center 303-788-5000
 swedishhospital.com
Lafayette - Good Samaritan Medical
 Center 303-689-4000 sclhealth.org
Littleton - Centura Health - Littleton
 Adventist Hospital 303-730-8900
 mylittletonhospital.org
Lone Tree - HealthONE - Sky Ridge
 Medical Center 720-225-1000
 skyridgemedcenter.com
Longmont - Longmont United
 Hospital..... 303-651-5111
 luhcares.org
Louisville - Centura Health - Avista Adventist
 Hospital..... 720-636-9237
 avistahospital.org
Parker - Parker Adventist Hospital 303-269-4000
 parkerhospital.org
Thornton - HealthONE - North Suburban
 Medical Center 303-451-7800
 northsuburban.com
Westminster - Centura Health -
 St. Anthony North Hospital..... 720-627-0000
 stanthonynorth.org
Wheat Ridge - Lutheran Medical
 Center 303-425-4500
 sclhealth.org

Daily Newspapers

There are two daily newspapers in the Denver/Boulder metro area. To order a home subscription call:

The Denver Post..... 303-832-3232
 The Daily Camera..... 303-442-1202

Call Before You Dig

Three working days before you begin any activity that requires digging or excavation, call Colorado 811 for location of underground utilities. This is a free service to you. Statewide 8-1-1

Landscaping Help

For help in finding a landscape contractor, visit the Associated Landscape Contractors of Colorado at alcc.com or call 303-757-5611. An ALCC landscape contractor can help improve your yard with design, planting, repairs, maintenance, water features, xeriscape, decks and patios, fencing, walls and sprinkler systems.



Shopping

Aspen Grove
 Santa Fe & Mineral..... 303-794-0640
 Town Center at Aurora Mall
 14200 E. Alameda 303-344-9764
 Belmar
 464 S. Teller St. 303-742-1520
 Cherry Creek Shopping Center -
 1st & University 303-388-3900
 Cherry Creek North - North of
 Cherry Creek Mall 303-394-2904
 Colorado Mills - Colfax & Indiana
 (near I-70) 303-384-3000
 Denver Pavilions - 16th Street Mall
 between Tremont & Welton St. 303-260-6000
 Flatiron Crossing - Boulder Turnpike & Storage
 Tech/Interlocken Loop..... 720-463-4000
 Larimer Square
 1400 Block of Larimer 303-534-2367
 Outlets at Castle Rock - South of
 Denver on I-25 at Exit 184 303-688-4495
 Outlets at Loveland - North of
 Denver on I-25 at Exit 257B.... 970-663-1916
 Outlets at Silverthorne - West of
 Denver on I-70 at Exit 205 866-746-7686
 Park Meadows Shopping Mall
 C470 & I-25..... 303-792-2533
 Southwest Plaza
 Bowles & Wadsworth 303-973-5300
 Tabor Center/16th Street Mall
 16th Mall & Lawrence 303-628-1000
 Tamarac Square
 7777 E. Hampden Ave..... 877-225-5337
 The Shops at Northfield Stapleton
 8340 Northfield Blvd..... 303-375-5475
 The Streets at SouthGlenn
 University & Arapahoe..... 303-539-7141

Attractions & Entertainment

Buffalo Bill Memorial Museum &
 Grave 303-526-0744 buffalobill.org
 Butterfly Pavilion and Insect Center
 303-469-5441 butterflies.org
 Children's Museum of Denver..... 303-433-7444
 mychildsmuseum.org
 Colorado Sports Hall of Fame..... 720-258-3888
 coloradosports.org
 Colorado State Capitol 303-866-2604
 colorado.gov/capitol

NEWCOMER AND COMMUNITY INFORMATION

Coors Brewing Company Tours	303-277-2337	coors.com
Denver Art Museum	720-865-5000	denverartmuseum.org
Denver Botanic Gardens	720-865-3500	botanicgardens.org
Denver Coliseum Box Office	720-865-2475	denvercoliseum.com
Denver Firefighters Museum	303-892-1436	denverfirefightersmuseum.org
Denver Museum of Nature & Science	303-370-6000	dmns.org
Denver Zoo	720-337-1400	denverzoo.org
Downtown Aquarium	303-561-4450	aquariumrestaurants.com
Fiddler's Green Amphitheater	303-220-7000	
Four Mile Historic Park	720-865-0800	fourmilepark.org
Gates Planetarium	303-370-6000	dmns.org
History Colorado Center	303-866-3682	historycoloradocenter.org
IMAX Theatre	303-370-6000	dmns.org
Lakeside Amusement Park	303-477-1621	lakesideamusementpark.com
Littleton Historical Museum	303-795-3950	littletongov.org/museum
Molly Brown Museum	303-832-4092	mollybrown.org
National Western Stock Show	303-296-6977	nationalwestern.com
Red Rocks Amphitheater	720-865-2494	redrocksonline.com
Six Flags Elitch Gardens	303-595-4386	elitchgardens.com
Tiny Town Railroad	303-697-6829	tinytownrailroad.com
U.S. Mint	800-872-6488	usmint.gov
WaterWorld	303-427-7873	waterworldcolorado.com

Colorado Breweries

www.colorado.com/colorado-breweries

Arts

Arvada Center for the Arts & Humanities	720-898-7200	arvadacenter.org
Colorado Ballet	303-837-8888	coloradoballet.org
Colorado Creative Industries	303-892-3840	coloradocreativeindustries.org
Colorado Symphony Orchestra	303-623-7876	coloradosymphony.org

Denver Performing Arts Complex	303-893-4100	denvercenter.org
Museum of Contemporary Art	303-298-7554	mcad Denver.org
Opera Colorado	303-778-1500	operacolorado.org

Sports in Denver

For season tickets or information on the following teams and sporting attractions call:

Bandimere Speedway	303-697-6001
Denver Broncos NFL Football	303-649-9000
Colorado Avalanche	303-405-1100
NHL Hockey	
Denver Nuggets	303-405-1100
NBA Basketball	
Colorado Rockies	303-762-5437
Major League Baseball	
The Colorado Rapids	303-825-4625
Major League Soccer	
Colorado Mammoth	303-405-1101
Major League Lacrosse	
Colorado Mountain Club	303-279-3080
Colorado Golf Association	303-366-4653
Colorado Ski Country USA	303-837-0793
Colorado Tennis Association	303-695-4116
University of Colorado Athletic Ticket Office	303-492-8337
University of Denver Athletic Ticket Office	303-871-2336

Golf in Colorado

For a comprehensive online golf course directory go to: golfink.com

Tourism

To receive travel and tourism information for Colorado, call 1-800-COLORADO or visit colorado.com.

Dog Friendly Places in Colorado

Colorado residents love their dogs! Woofalong.com is Colorado's #1 resource for finding dog friendly businesses and activities. Find out which restaurants, breweries, shops, businesses, activities, hikes and trails are available for you and your dog.



Colorado Ski Resorts

Arapahoe Basin	888-272-7246
Aspen Highlands	800-525-6200
Aspen Mountain	800-525-6200
Buttermilk	800-525-6200
Copper Mountain	866-841-2481
Crested Butte	877-547-5143
Eldora	303-440-8700
Howelsen	970-879-8499
Loveland	303-571-5580
Monarch	719-530-5000
Powderhorn	970-268-5700
Purgatory	970-247-9000
Silverton	970-387-5706
Ski Cooper	800-707-6114
Ski Granby Ranch	888-850-4615
Snowmass	800-525-6200
Steamboat	970-879-6111
Sunlight	800-445-7931
Telluride	877-935-5021
Winter Park	970-726-5514
Wolf Creek	800-754-9653

General Information, snow report, free guide 303-837-0793
www.coloradoski.com

Parks & Recreation Information

For information on Colorado Parks and Wildlife, please visit cpw.state.co.us. There are 41 parks in the state park system—nine in the Denver metro area. They offer fishing, hiking, boating, camping and a subscription offer to *Colorado Outdoors Magazine*.

National Park Service	303-969-2500
U.S. Forest Service	303-275-5350
Rocky Mountain Region	

Hunting & Fishing Licenses

For information on residency requirements and license fees call the Colorado Parks and Wildlife at 303-297-1192 or visit cpw.state.co.us. Licenses can be purchased at any Colorado Parks and Wildlife office or at most sporting goods stores.

Hunting Info Hotline (24 hours) .. 303-291-7529
Fishing Info Hotline (24 hours).... 303-291-7533



Adventures at Nearby Denver Metro State Parks

Wherever you live in Colorado, there is a state park nearby. Residents of the Denver metro area can take advantage of nine state parks within a one hour drive of downtown Denver. To learn more about these nine parks or to find other gems, visit www.cpw.state.co.us.

Barr Lake – Birds! See more than 370 bird species at this 1,900-acre prairie reservoir in northeast Denver. Enjoy great family fishing, weekend picnics, and talking with a naturalist. The level 8.8-mile multi-use trail is a good way to see the park, by bicycle or horseback. Anglers fish in the lake while kayakers and canoeists enjoy calm waters because boat motors are limited to 10 horsepower.

Castlewood Canyon – A dramatic, steep-walled canyon etched into the Colorado prairie is the focus of this park along Cherry Creek. A designated Colorado Natural Area, the park offers outstanding bird and wildlife watching. Fourteen miles of trails, from easy to strenuous, traverse the park. Rock climbers will discover walls up to 60 feet high and canyon-face climbing for all skill levels.

Chatfield – Fun on land and water. The reservoir is a popular destination for swimming, fishing, water and jet skiing, sailing and boating. It's one of the most popular parks in the Denver metro area. Amenities include four campgrounds, boat rentals, a floating restaurant and a marina. Chatfield offers 26 miles of trails (12 of them paved) for hiking, biking and horseback riding. Pets are allowed on trails with a leash.

Cherry Creek – Offers a recreational oasis amid the hectic urban world. This park's 35 miles of multi-use trails attracts walkers, hikers, bikers, inline skaters and families. The cool waters of Cherry Creek Reservoir attract water-skiers, anglers and boaters while families enjoy the swim beach on warm weekends. There's also a modern campground with 133 sites. Other amenities include an amphitheater, boat ramps, marina, model airplane field, family shooting range, horse rental, and dog-off-leash area. Starting May 29th, the summer concert series LIVE! AT THE LAKE will be held throughout the summer.

Eldorado Canyon – In Boulder's backyard, this stunning canyon offers outstanding rock climbing, with 1.6 billion years of geology on display. Eldorado is a Mecca for rock climbers from around the world. Trails for hiking and mountain biking vary from easy to difficult and connect with Boulder's trail system. Picnic and fish in South Boulder Creek and watch for mule deer, elk, golden eagles, wild turkeys and other wildlife.

Golden Gate Canyon – Just 30 miles west of Denver, Golden Gate Canyon offers visitors a mountain getaway, including a 100-mile view of the Continental Divide from Panorama Point Scenic Overlook. More than 35 miles of trails offer hiking from casual to difficult. Mountain bikes and horses are allowed on multiuse trails. There's camping, hunting, rock climbing, campfire and kids' programs and six fishing ponds that are stocked regularly.

Roxborough – Hiking and nature study are foremost at this park. Hikers will find a variety of scenic trails of

varying difficulty. The diversity of flora and fauna is particularly rich because of varying elevations and the park's location where the mountains meet the prairie. The visitor center offers an active education, interpretation and nature-study program.

St. Vrain – St. Vrain a wonderful park for nature study or a day of outdoor recreation, along with some spectacular Front Range sunsets! Ten ponds are currently open to public use and are a great place for kids to fish. The eight campgrounds are open year-round, though reservations are recommended spring through fall.

Staunton – Colorado's newest state park offers outdoor lovers a mosaic of meadows, granite cliffs, mountain forests and swift streams. View stunning scenery, recreation and nature appreciation within an easy drive of Denver. Here you can experience 20+ miles of trails, fishing in ponds and streams and climbing is allowed in the Staunton Rocks area.



Our common ground



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