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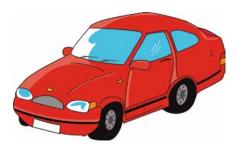
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After The Move Checklist



ow that the movers have come and gone, you can congratulate yourself on a job well done. You know how much planning and organization went into making it all happen and you deserve a chance to sit and relax. But don't throw away that checklist just yet. There are still plenty of things to do before you can completely be settled. Here are a few important things to do besides unpacking.



- ✓ You will need to update your driver's license and get new tags and plates for your cars. Check with your local Division of Motor Vehicles for more details, or refer to our Newcomer and Community Information inside this magazine.
- ✓ Be sure that the post office is going to forward your mail to your new address. You can do this online, or you can fill out a form at your local post office and maybe even meet some new neighbors while standing in line!
- ✓ Make sure all of your insurance policies are up to date. You may need new policies for your house, auto and health, particularly if you have moved to a new state.
- ✓ A great way to learn about your new community is to order a subscription to the local newspaper. Many even offer discounts for new subscribers and they often have local neighborhood editions inserted weekly. This is a great way

to learn the ins and outs of your new neighborhood.

- ✓ Search out new health professionals such as doctors, dentists, and even vets. These are things you will want to have in place before any emergency pops up. Neighbors and co-workers are always a good referral source for these types of services.
- Most likely you will need to register to vote. Even if you have just moved from one county to another within the same state, most states will require that you register in your new county. For more information, you can refer to our Newcomer and Community Information inside this magazine.
- ✓ Make a visit to the neighborhood bank or credit union to set up new accounts, have money transferred, get credit and debit cards, and order those checks with your new address.
- ✓ Visit your local library and get a library card. The kids can even get their own with their new address on it! The local library is another great place to meet other families in your new neighborhood.

- Visit your neighborhood schools and get your children enrolled as soon as possible. You may also want to consider enrolling them in an online or charter school, as most states offer this type of education at no cost because it is a public school. Either way, the sooner you get your children enrolled and involved in the community, the faster they will adapt to their new environment.
- ✓ Find a place in your new home to keep all your receipts and documents related to your move all in one file. You will need to know where everything is in the event you need to make an insurance claim with the movers or when you file your income taxes the next spring.
- ✓ Keep in mind that your insurance polices may have a limited time that you can file a claim regarding items damaged during your move. You should run a check of all your electronics and major appliances to make sure they have survived the move and are in good working order. These are most likely all items that would be expensive to replace, so you should make sure they are all working as soon as you can.

Remember that moving is the third most stressful life event, according to the Employee Relocation Council. Settling in will be a gradual process,

but your patience will be rewarded in the long run.

The quicker you can cross these things off your checklist, the sooner you can begin to relax and truly enjoy your new home and community.



Welcome Home OF DENVER







SPRING 2020

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Publisher: James F. Sweeney Production & Editorial Management: Mary Sweeney Promotions Director: Penny Sweeney Production: Graphic Results, Carol Rush Executive Assistants: Kelly Marie, Ryan James. Welcome Home Magazine is published quarterly at 79 Spyglass Drive, Littleton, Colorado 80123-6657, (303) 797-8400. Copyright 2020. All rights reserved. Reproduction in whole or in part without prior written permission is strictly prohibited. While every precaution has been taken to ensure the accuracy of the editorial information included at press time, neither the publisher nor the editor shall be liable for damages arising out of errors or omissions. The opinions expressed herein are those of the authors and do not necessarily represent those of the distributor. Return postage must accompany all manuscripts, drawings and photographs if they are to be returned, and no responsibility can be assumed for unsolicited materials.

Think Green!

s you enjoy the information and advertising offers in Welcome Home of Denver to help with your move, keep in mind we make a concerted effort to bring this to you in an environmentally responsible way.

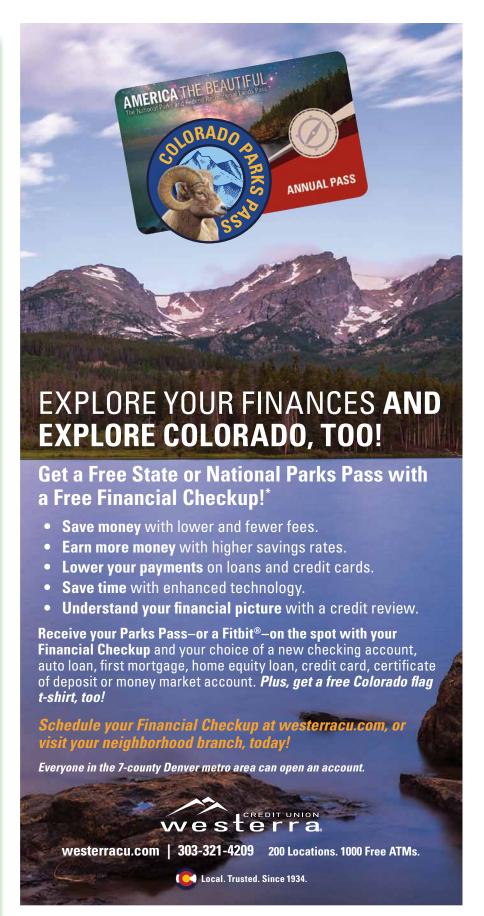
This starts with the paper we use for this edition. The wood fiber to make the paper comes from sustainable forests. For every tree harvested to make this paper, a new tree is grown. In addition, this has been independently certified to the Forest Stewardship Council (FSC) standard.

The printer we utilize also has many initiatives and programs including certifications with Forest Stewardship Council (FSC) Rainforest Alliance (RAC) and Partnership for a Clean Environment (PACE). What's more, the printer uses soy base inks as well as directto-plate imaging and digital proofing, which saves film, chemicals and energy.

We provide just this one copy of the magazine for your use. Please go to our website for future issues at www. welcomehomemag.com. This way you can view future quarterly editions, including advertiser offers and coupons.

We hope you enjoy the magazine and remember to please recycle. Visit www.earth911. com for recycling information.

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Will Your Remodeling Project PAY OFF?

here are financial factors to consider before you choose a home improvement project and smart homeowners will consider resale value before making a major remodeling investment. Each year REMODELING magazine publishes a study that can help homeowners determine the return on investment for their home improvement projects.

This Cost vs. Value Report contrasts the cost of home improvements with their recouped value if the house is sold today. They compare construction costs for several projects, with estimates of the projects' value in a current market resale scenario. Real estate professionals in residential markets across the country provided return-on-investment estimates.

Landscaping and fresh paint may lure house hunters inside, but once in the door, buyers of existing homes look for functionality, durability, and convenience. That's why it's so important for a resale to be modernized.

Kitchens and baths are among the most popular home improvement projects, which can drive the return on investment. Reports often show that many remodeling dollars are spent

within the first two years of move in. Under those circumstances repair and replacement projects such as windows or siding may get first attention if they require maintenance. As the housing stock ages, and existing homes continue to sell more than 6 million units a year, those projects may see an increased return on investment. To perform as an amenity, your home's improvement projects should complement and match the style of the existing property.

The resale value of each project is an estimate based on a current market resale scenario. This can be misleading because many newly remodeled homes are not put on the market so soon.

Smart homeowners will ask many questions before starting any remodel or home

improvement project. Get advice from both realtors and contractors to decide which home improvement projects make sense for your special circumstances and to insure you get the greatest return on your investment.

Information provided by "Remodeling 2020 Cost vs. Value Report." Complete data from this report can be downloaded free at www.cost-vsvalue.com.



HOW DOES REMODELING PAY OFF?

(cost recouped, for resale now national average)

(cost recouped, for resale flow flations	ii average)
Manufactured Stone Veneer	95.6%
Garage Door Replacement	94.5%
Minor Kitchen Remodel	77.6%
Siding Replacement (Vinyl)	74.7%
Window Replacement (Vinyl)	72.3%
Deck Addition (Wood)	72.1%
Window Replacement (Wood)	68.9%
Entry Door Replacement (Steel)	68.8%
Deck Addition (Composite)	66.8%
Roofing Replacement (Asphalt)	65.9%
Bathroom Remodel	64.0%
Universal Design Bathroom	62.0%
Major Kitchen Remodel	58.6%
Master Suite Addition	58.5%
Bathroom Addition	54.0%
Grand Entrance (Fiberglass)	53.3%

Say Goodbye to the Previous Owners!

hat do you know about the previous owners of your new home? Did they smoke inside the house? Did they have pets? Did they recently remodel? One way to say goodbye to the previous owners—and their lingering odors—is to get your air ducts cleaned.

The National Air Duct Cleaners Association recommends getting your air ducts cleaned every three to five years.

Why Clean Air Ducts?

According to the National Air Duct Cleaners Association, normal accumulations of dust and dirt can be found in all homes with air ducts. There are several factors that can increase the need for an HVAC system cleaning following your move into a new home:

- Pets did the previous owners have pets?
- Cigarette or cigar smoke did the previous owners smoke in the house?
- Does anyone your family have allergies or asthma?
- Has there been previous water contamination or damage to the home or HVAC system?
- Is this a newly built, or newly remodeled home? If so, it's likely the ducts have built up debris from drywall dust and other material used during the construction phase.

Some people are more sensitive to these contaminants such as allergy and asthma sufferers, young children and the elderly.

When to Clean Air Ducts?

The Environmental Protection Agency recommends cleaning air ducts when:

- You suspect mold exists in the air ducts
- You notice a vermin infestation somewhere in your home, or you see insects or rodents entering or existing ductwork.
- You see visible "proof" of dust released from the supply registers when air is exiting the vents.

How to Hire a Good Air Duct Cleaning Company

- A good duct cleaning costs between \$400 and \$1,000 and addresses every aspect of the system that air passes over, including the furnace, air coils and central system. Good cleaners will use negative air machines with HEPA filters.
- It should take a few hours. An air duct cleaner who's in and out in less

- than an hour probably didn't do a good job.
- Don't use the \$200 companies.
 These are less reputable contractors who will use the very low price to get into your house and then keep piling on extra charges.

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Inspector checklist...

Doors open and close

Lights and faucets turn on... and off

Foundation looks good

No traces of meth in the basement

Carpets cleaned, floors polished
Appliances clean and working

AC and heat works

No "visible" mold or fungus

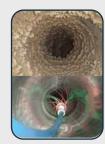
Ducts and HVAC system clean and efficient

Notes: Vents and HVAC system most likely have a lot of dust, mites, pet dander, previous owners may have left dead hair, skin and germs. We recommend

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Security Tips for New Homeowners

12 Tips to Stay Safe and Protect Your Investment.

1 Change the locks. There is no telling how many people have a key to the locks on your house – no matter what your realtor says. You should also consider installing deadbolt locks or charlie-bars for additional safety.

2 Don't leave moving boxes on the curb. Leaving these items in plain sight will alert burglars that you've just completed a stressful move, and may not be paying close attention to home security.

3 Be careful when disposing of product packaging. You do not want to advertise recent purchases for your new home.

Secure your windows. The second most common entrance for burglars is a window. This includes second story windows that may have access from a garage, roof, or a tree with a strong branch.

5Trim your trees and shrubs. Overgrown landscape can provide access to second floor windows or create hiding places.

6 Do not store ladders or trash cans outside. They can be used to provide easy access to second floor windows or scale fences.

Make friends with the neighbors. Forming relationships with your new neighbors can be beneficial in many ways. You can keep an eye on each other's houses during vacations and learn about neighborhood watch programs.

Hang sheer curtains, blinds or other window treatments. This will keep people from the outside looking in and checking out any new electronics or valuable items you may

Never hide a key outside.Burglars know all of the good hiding places.

have purchased for your new home.

10 Upgrade your smoke alarms and carbon monoxide detectors. Start fresh with new batteries and test them to make sure they work.

11 Install security lighting.
A bright, well-lit home is a burglar's worst nightmare. Security lighting around your home will deter anyone looking for a place to hide while they break in. Replace burnt out porch lights and install motion lights.

12 Install a home security system. A home security system with professional monitoring will provide your home with a layer of protection that can't be duplicated. According to the Electronic Security Association Inc, homes that don't have alarm systems are three times more likely to be burglarized than those that do. You can also save money on your homeowners' insurance by equipping your home with a security system.

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Yes, You Can Join a Credit Union!

t used to be that a person could only open an account at a credit union because they or a family member was employed by

Here are the top reasons to join a credit union.

a certain company, or they worked for the government. That has changed because now just about

anyone will find they are eligible to join a credit union.

As you begin to settle into your new community and wade through

the numerous options available, you just may find that credit union membership is the answer to all your financial needs.

1. Better interest rates and lower fees.

Credit unions are usually able to offer their members better interest rates and lower fees. When you're getting better interest rates and paying lower fees, you get to keep and save more of YOUR money, helping you take-charge of your financial life.

2. Full line of products and services.

Most credit unions can give you the same services as a bank—like checking, savings, investment funds, mortgage loans, car loans and even school loans-and credit unions will offer online financial services and bilingual capabilities as well.

3. Convenient.

Credit unions are financial cooperatives, and that means they cooperate with their members and with other credit unions. Through that cooperation, credit unions have one of the largest ATM networks in the U.S. Credit union members have convenient access to 25,000 surcharge-free ATMs in the U.S., 800,000 ATMs worldwide and more than 2,300 lobby locations in the U.S. and even some foreign countries.

4. Member-owned.

Credit unions are owned by their members and they operate to make profits for each individual, no matter how big or small their account balance.

5. Expertise.

Credit unions know what they're doing. They have the expertise and will give you the personal attention you need to help you make important financial decisions that will benefit your bottom line, not theirs. Credit unions treat you like the boss, because at a credit union you're not just a customer you're an owner.

Check out the credit unions in your community and discover why they rank high in customer satisfaction surveys. Also, check out Westerra Credit Union, page 5.

Protect Your Finances and Your Home With these Post-Move Steps

uying a home is the largest purchase most people will ever make. In order to protect your finances and your largest financial investment, there are certain post-move steps you might want to consider.

Review your will or trust

A good post-move step is to review your will or trust to make sure that your home is a part of those documents. You will need to make sure that this paperwork includes your new home and that your beneficiaries are updated.

Purchase or adjust your life insurance policy

Whether you are a first-time homebuyer or have a house with a larger mortgage than before, you may want to purchase or increase your life insurance coverage. One way to determine how much life insurance you might need is to make sure it includes coverage for 10 years of income, plus any large debts like your mortgage.

Drop your PMI (Private Mortgage Insurance)

PMI may have been required if you purchased your home with less than 20 percent down. This is an extra payment every month that protects the mortgage lender if you were ever to stop making payments on your home loan. This is money you will never recoup and becomes an even worse negative if the value of your home ever decreases. To remove PMI,



you must have at least 20% equity in your home. You may ask the lender to cancel PMI when you have paid down the mortgage balance to 80% of your home's original appraised value.

Get a Home Warranty

If you didn't get a home warranty as part of the purchase process, you might want to consider getting one now. This will help protect you from the unexpected costs of a major home repair or replacement of major appliances as well as your home's heating and air conditioning systems. You can still get one after you move in, as long as no issues have presented themselves yet. If you don't purchase a home warranty, you should at least work at building up your emergency savings to cover the costs of an unexpected "surprise" so that you don't end up in a financial bind trying to cover the cost of repairs on your own.



6 Tips for Choosing the Right Paint

To help simplify things, ask yourself these questions about your personal preferences and lifestyle.

f you've ever been confused at the paint counter, you're not alone. Most home centers and paint stores sell a dizzying array of coatings in every conceivable color and sheen. That can make it difficult for anyone to pick the right paint. The answers to these 6 questions will help guide you through the maze of interior paints available today and make your purchasing decision a snap.

How sensitive am I to paint smell?

If you abhor paint odor, you should favor water-based latex paints, which have little or no odor compared to oil-based or alkyd coatings. Latex paints also simplify cleanup and perform exceptionally well on all interior surfaces. These advantages help explain why latex paints have become the overwhelming choice of both do-ityourselfers and professional painters.





How much activity will take place in the space I am painting?

If the room you are painting will see a lot of activity, the painted surface could get soiled. In that case, it's best to use a glossier product (a high gloss or semi-gloss paint), which will tend to resist stains and are much easier to clean. If the room will see little activity, you could use any level of sheen from a flat paint to a high gloss finish.

What atmosphere do I want to create in the room?

If your goal is to make the space cozy, consider using a "warm" color from the red, yellow or orange family; if you want it to seem cool, apply blues or greens.

Do I wish the room were bigger (or smaller)?

If you feel the space seems cramped (or, at the other extreme, cavernous), you can do something about it by selecting the right color of paint. Lighter colors make a room seem larger, while darker colors make it feel more intimate.

How often do I typically repaint?

If you paint only every so often, you'll want to apply a durable, colorfast paint that will hold up well and continue to look good for a very long time. The best option in this regard is a top quality 100% acrylic latex interior paint.

How much time do I want to devote to this painting project?

If your time is limited, or you just want to complete the project quickly, then consider applying a "paint and primer" product that works like two coatings in one. You'll likely need to apply fewer coats, which will save a lot of time — and you'll still get superior results.

Considering these questions takes just a few moments, but saves a lot of consternation when you are at your paint retailer's. More importantly, the answers will help you quickly identify the very best type of paint for your next home beautification project!



The Rohmand Haas For more information on interior paints and coatings, visit the Paint Quality Institute blog at blog.paintquality.com or its website at www.paintquality.com.

Create an Outdoor Room

itting comfortably with friends or family in the backyard on a cool summer evening, with a warm fire and dinner sizzling on the grill, is pure pleasure. It is also the reason why people are turning their yards and decks into inviting outdoor living spaces. People are extending the comfort and luxury of their homes into the great outdoors, and the result is the popular trend called the "outdoor room."

Anyone can easily create an outdoor room. In general, the concept encompasses a grilling and eating area, pulled together with a hearth product, such as a fireplace or firepit.

The Hearth, Patio & Barbecue Association offers information to consider when designing and building an outdoor room.

Determine Use and Home's Style. Jot down ideas about how the space will be used in all of its applications, from entertaining to relaxing. Clip or print pictures and put them into a notebook. It's important to have an understanding of a home's architectural style when creating an outdoor room so that the outdoor space accentuates the home's indoor spaces. There are products available for every taste and style.

Visit a Specialty Retailer. Take the notebook and wish list to a specialty retailer that sells hearth, barbecue and patio products. A specialty retailer can help determine the materials and outdoor room products available in an area and guide the final plan, as well as coordinate installation. After obtaining the details from a specialty retailer, go online to review products and manufacturer information.

Consider Fire and Food. These are key elements in every well-designed outdoor room. Position the fireplace as the focal point, blend in the cooking and eating areas and then consider additional features.

Think foundation and draw a plan. Stone patios, retaining walls, fences and decks are basic foundation elements. The best way to achieve the desired end result is to sketch out a plan. Don't worry about pictureperfect drawings - it's the general idea that counts!

Accessorize with landscaping, furniture and lighting. Select comfortable patio furniture that invites people to settle in for an extended period of time. In addition to tables and chairs for the eating area, consider chaise lounges, couches and side tables. To extend the amount of time spent outdoors, consider lighting for pathways, around pools, or to accentuate landscaping.

Work with a professional. A specialty retailer is a key partner in creating an outdoor room. In addition to expertise and products, a specialty retailer can offer key insights about what's available in a particular area and what works best in a certain climate.

For more information, visit the Hearth. Patio & Barbecue Association at www.hpba.org.



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Ask the Painting Experts

By Brandon and Vanessa Homuth, owners of Helix Painting – Denver's Residential Painting Experts

How much will it cost to paint my home's interior?

e often get asked the question "How much does it cost to paint my home's interior?" The answer is, of course, "it depends". The two biggest components of costs are materials and labor.

Material cost can vary based on the brand, type, and quality of paint, the coverage rate of the paint, how dramatic a color change is being requested, and application method. Most commercially available latex paints will cover 250-350 square feet per gallon. Some of our favorite paints include Sherwin Williams Super Paint, Sherwin Williams Duration, Benjamin Moore Regal, and Benjamin Moore Advance.

Labor costs can also vary greatly from project to project. Some of the things that determine labor costs on a paint project include:

- Amount of prep work required. This includes moving furniture, cleaning surfaces that are not ready for paint, and repairing drywall issues.
- Size of the project. This may seem obvious, but painting the walls of a bedroom is a lot less work than painting ceilings, trim and walls in a large house.
- Number of transitions and "cutins". Every time there is a transition from one color to the next, there is more labor involved. Accent walls, cutting in around windows, doors and shelves, and other transitions will add time and, therefore, add costs.
- Primer and multiple coats. Applying a single top coat of the same color takes less time than applying three coats to achieve a bold color change. Similarly, applying a primer coat to an unfinished surface. involves extra time (and materials).
- Special application and specialty items. Cabinets, furniture, glazing, decorative painting, and other non-standard paint projects require more time and more highly skilled and experienced painters. Expect to pay more for these areas.

Some tips to keep costs down:

- 1. Clear the room of furniture and personal belongings so that the painters spend their time on painting, not moving furniture.
- 2. Make sure surfaces to be painted are cleaned before the painters arrive. You want the painters focused on
- doing a great paint job, not scrubbing and cleaning surfaces with grease, grime and dirt.
- 3. Choose good quality paints that suit your budget. While the top-of-theline products may suit your needs, many customers find that a good quality paint with high coverage rates will suit their needs just fine.

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Relaxing & Tranquil: Coastal Living Room

Rachel Sellers, Content Writer, American Furniture Warehouse

hether you live on the coast or dream of the beach from thousands of miles away, there's no denying the laid-back appeal of coastal style. Coastal style is all about bringing relaxed, beachy vibes into your home through the use of color, texture, and carefully chosen accessories. Here's how we created a living room that combines plenty of chill coastal vibes with a hint of contemporary cool.



Beachy Hues

The goal of coastal style is to create an open and airy look that evokes sunshine and sea breezes, and color is a great way of doing just that. The starting point for this room is a color palette of beachy hues: think white sand, watery blues, and sun-bleached browns. We used an earthy flat-weave rug and a cream sofa to create a neutral base, then layered in accessories in shades of blue and turquoise, including an assortment of accent pillows, abstract wall art, and a variety of vases and planters. The distressed turquoise credenza adds a powerful pop of color in the room, but still works because it fits in with the overall color palette.



Nature-Inspired Texture

While the color palette sets the tone for the space, the different textures take it to the next level. A live-edge cocktail table works with matching sofa and end tables to bring natural appeal and a touch of warmth to the space with its light wood finish and driftwood-inspired look. Two white and blue poufs add even more texture (and extra seating space) with their

dimensional covers and woven patterns, while faux plants add leafy greenery for a lush, almost tropical, feel.



Contemporary Contrast

While we wanted to create a space that felt beachy, we also wanted to add pieces that bring interesting contrast and give the room a modern touch. Most of the pieces in the space have a very organic look, so we layered in some contrasting metallic elements through the metal hairpin legs of the cocktail, sofa, and end tables, the table and floor lamps, and the clock over the credenza. The dark grey leather chair contrasts with the otherwise light color palette and helps draw the eye to the reading nook in the corner of the room.



Tasteful Accessories

Accessories are a great opportunity to really embrace the coastal theme—while also practicing restraint. Use accessories as finishing touches that evoke the beach without going overboard. Here, we created a simple vignette on the cocktail table with a large shell-shaped vase, a message in a bottle, and a jar full of shells and starfish. Other accessories, like the clock above the credenza and the tray below the cocktail table, merely nod to the coastal look with their weathered materials.

Creating a chill coastal style in your space is simple: start with a color palette inspired by sea and sand, incorporate lots of natural textures, add some contrasting elements, and then complete the look with some tasteful ocean-themed accessories.

Organize Your Kitchen, Bathroom, Pantry & More!

Roll'em Out Shelves, can organize your new home in 4 easy steps!

on't wait until your new home is a mess and cluttered like your previous home. Meet Joyce and Brent Toliver. They are the owners of a family-owned and operated roll out shelf company and have been in business since 2002. They offer custom service and make their roll outs right here in Colorado, which allows them to create your roll outs exactly how you want. They will take the time to listen to what you want and will work with you until you are happy. They will travel anywhere from Fort Collins to Castle Rock to personally meet their neighbors in need of customized shelves. They strive to provide you with the most excellent customer service, as if you were part of their own family!

Bring convenience and organization to your new home with just a few simple adjustments. Follow these steps to turn your new house into the home of your dreams!

Step 1 / Estimate

The process starts with a no-obligation, free, in-home estimate and measurement of each cabinet. You will meet with Brent and Joyce, as they personally attend all in-home estimates, so you get to meet exactly who you'll be working with. Their scheduling is flexible and prompt, and they are happy to meet during evenings or weekends.

Step 2 / Create

After they have taken measurements of each cabinet, they will then go back to the warehouse to design and create your new customized shelves. These new designs will streamline your space - no more awkward bending and twisting. Imagine turning your storage into usable storage space and increasing storage capacity by up to 50%! Your new shelves will be custom made here in their warehouse in Colorado.

Step 3 / Install

Brent will return to your home to install their carefully-crafted, customized shelves, while understanding you are busy, too. Their installations are quick, professional, clean and on your time. They strive to make no trail of work being done, as if they just waved their magic wand to install your shelves.

Step 4 / Satisfaction

Since Brent and Joyce listen to what you want and will work with you until you are satisfied, they don't finish any project until this is met. Your new roll-out shelves are backed with a lifetime warranty to ensure your satisfaction is permanent.

Call Brent and Joyce at 303-475-9601 and start the process of making your new house into the organized living space of your dreams!



Organizationally challenged?



Now's the time to bring order to your home – and your life

nyone who has ever moved into a new home knows the giddiness of starting fresh and getting the opportunity to finally get organized!

But all too often, we rush to unpack and then spend weeks, months, if not years, trying to organize and re-organize our stuff.

Don't let this happen to you. Take the time to create a game plan and then follow through. Have a designated place for every item you own BEFORE you unpack one box.

Get started

Hopefully, you already purged unused, broken or unneeded items BEFORE you moved. This not only saves time, money and precious space, it allows you to move into your new home without additional clutter.

Beginning with the kitchen — lay out a plan to store items closest to the area you will use them.

- Place cookware adjacent to the stove while glassware and dishes should be stored near the sink and dishwasher.
- Keep sandwich bags, foil, plastic wrap and parchment paper in one drawer for quick access to pack lunches or wrap up leftovers.

- Use risers or lazy-susans to display spices, canned goods and other pantry items in cupboards to avoid things getting lost in the back.
- Consider a grocery inventory list on the fridge or inside a cupboard to avoid duplicate items.
- If you love to bake, create a special area to house all your baking dishes, mixers, rolling pin, flour, sugar, etc. in one place.
- For fine china and crystal that is not used daily, pack carefully and store elsewhere, such as the basement, garage or a buffet so it doesn't take up precious real estate in your kitchen.

In living areas, seek out furniture that not only is beautiful but functional to help with your storage needs. For example, a trunk that can be filled with blankets and extra pillows can make a great cocktail table. Built-ins can artfully display sentimental items, framed photos, books and plants.

Keep bathrooms clutter-free for easy clean-up. Install medicine cabinets and make full use of cabinetry to store essentials. Stock each bathroom with a mini cleaning kit: surface, glass and toilet bowl cleaners, sponges, paper towels, etc. Stowed in a handled bucket under the sink, this portable kit will make keeping up with daily and weekly cleaning a snap.

Avoid turning your entryway into a dumping ground by installing hooks for coats and backpacks, put out a basket or

boot tray for footwear and have a small table with a beautiful bowl or soap dish to keep keys from getting lost. A nearby wastebasket catches junk mail.

A closet case

One of the most important spaces to organize is in your closets.

- Store outerwear, umbrellas, hats, gloves, scarves in your hallway closet. Don't overstuff it so you have room for visitor's belongings when entertaining. Install hooks inside the door for a tote that you can fill with items going to the dry cleaner. When it's full, just take the tote to your car.
- In your bedroom closets, sort like items together and organize by color BEFORE hanging anything. Use the same hangers wooden, padded or those velvet-covered slimline ones for a beautifully cohesive look.
- Keep frequently used items at eye-level.
- No shoe shelves? Store footwear in clear boxes or tape a photo to the outside of each shoebox to save time looking for just the right pair of heels or loafers.
- Optimize your linen closets by storing same-sized sheet sets together in their matching pillowcases. Use tote-able baskets or canvas cubes to store extra tablecloths, napkins and placemats. Another option is hanging cleaned and pressed tablecloths on a skirt or pant hanger in your closet.
- If you have extra closets, store out-ofseason clothes there or in long plastic bins under the bed. A well outfitted closet should including shelving, hanging space with varying heights, drawers and/or open storage bins. If your closet falls short, consider investing in a closet organizing system.

So now that you are completely organized, you need to stay that way. Make a habit of putting things away when you're done using them. Each night spend just 10-15 minutes before bed straightening things up, wiping down countertops and returning misplaced items to their rightful home.

Waking up each morning to a clean, orderly home will set a positive tone for the day ahead.

Making One Room into Two – With a Murphy Bed

ownsizing or moving into a new home with a growing family? Have an Airbnb where you need additional, more comfortable beds? A Murphy Bed is a great solution to all of these space challenges. By disappearing into the wall when guests aren't there, it's giving you the office or craft room that you need while still keeping your guests happy with a real bed.

The original Murphy Bed was invented by William Murphy in the early 1900's to solve the need to hide his bed while entertaining in his tiny one room apartment in San Francisco. The Murphy, or Wall Bed, as it is also called, has come a long way since then, with the range of materials and accompanying furniture limited only by your space itself.

WHAT DOES A MURPHY BED **LOOK LIKE?**

"Although the web is a good place to start, a Murphy Bed is such a visual product that it needs to be seen to understand all the options that are available. That's why we built our 2-story showroom which contains over 30 displays," says Steve Beckmann, the owner of Smart Spaces. Now in its 15th year, Smart Spaces is unique in that its main focus is on the Murphy Bed with its accompanying furniture such as offices, closets and entertainment centers. Steve estimates that they have designed and built over 4000 beds, ranging from the simple side bed for a basement to cabinetry containing everything from wine bars to secret rooms.

"It generally takes people two or three visits to truly decide what will best work for their space. Our designers have excellent software that help the customer envision how their room can be used. Everything is custom built, and designs can often take weeks to complete with the designers coming out to measure and offer suggestions to modify the plans."

HOW BIG DOES MY SMALL **ROOM HAVE TO BE?**

The size of the bed depends on the height of the wall where the Murphy Bed would go. Generally, 90" is needed for a queen and king size bed, while full and twin sizes require 85" in height. If the ceilings are lower, then a side Murphy Bed works equally well and is often used in basements and in narrow

"Although the web is a good place to start, a Murphy Bed is such a visual product that it needs to be seen to understand all the options that are available."

rooms where the width is an issue.

Once color, material, mattress and handles are decided, the order goes into production which takes place onsite at the store. (Ask the owners for a peek downstairs to see the beds being made!). The production and install teams are true craftsmen who have been with the company an average of 6 years. A new option available is the Cabinet Murphy Bed, a bed which does not require a wall at all and can be picked up and taken home the same day.

After your bed has been installed, you will wonder why you haven't had one before. In today's world a Murphy Bed goes a long way to make the most of your space.



303-777-6278 | SmartSpaces.com

Located on Northbound Santa Fe Drive, just South of Mississippi

Open Mon - Sat 10 am - 5 pm



Drab to Fab in 3 Easy Steps

Give your old things a new life without busting your budget

ow exciting to move into your new home! But when your furniture and accessories are unpacked, it can sometimes feel like it is just the same old stuff in a brand new setting.

Unfortunately a move usually means money will be tight for awhile. So how do you freshen up your new space without breaking the bank?

Follow these three steps to breathe new life into your home, room by room:

STEP 1: Evaluate each space. When you live with items for a long time, it can be easy to overlook furniture that is in disrepair, tattered pillows or accessories that are just plain ugly or boring. Step back and give a more critical scan of the place - as if you are visiting someone else's home. Does your home's décor reflect your family's lifestyle? Is your furniture both functional and attractive? Are you still hanging on to handme-down furniture that you have been hauling around for the last 20 years? If something is way past its prime, throw it out or replace it with a new piece that better fits your style. Once you review what you have, edit your stuff. Do you display things that you don't really care for but were a gift or perhaps you feel obligated to put it out simply because it was expensive? You're in a new home and deserve a fresh start. Give yourself permission to only live with the things you love and use every day.

STEP 2: Create a "theme" that can unify your entire home. We're not talking animal prints or country roosters. A theme means finding a common element, such as a fabric, a bold accent color or general palette, which can be incorporated in each room that brings a fashionable cohesiveness to the space. Paint is the top choice for an instant and affordable update. Neutrals are the easiest choice for walls and offer the most flexibility, but they don't have to be boring. Instead of tan, select "greige" - a beautiful combination of beige and gray that provides a fresh and neutral backdrop for any style of furniture.

If you want to be up to date on the latest paint color trends, take advice from Sue Wadden, Director of Color Marketing at Sherwin Williams. Earlier this year she announced Naval SW 6244 as the 2020 color of the year. This is a rich navy that creates a calm and grounding environment infused with quiet confidence. The use of color in interior design is changing. It's not just about what a space looks like anymore but how it makes you feel," says Wadden.

STEP 3: Go for it! Starting with the space your family uses most, paint the whole room or consider adding a new hue to just the ceiling. With a fresh backdrop, start experimenting with furniture placement. Moving sofas and chairs away from the walls creates a more intimate setting for conversation and visually makes a room appear larger. Switch things up - how about swapping the living room loveseat with a family room reading chair in your new home? You will be amazed how much difference simply moving your old things around the house makes.

Simple changes = Big impact

- If you don't want to commit to painting an entire room, try just one spectacular wall in a rich, fabulous color like dark chocolate, eggplant, bronze or dark orange.
- Update your lighting, including adding dimmers wherever possible. CFLs are environmentally-friendly and great options to save energy and money.
- Declutter, declutter, declutter.
- A fabulous new area rug in the living or dining room can add a shot of energy.
- Pay special attention to your entryway – as that is the first impression people will get of your space. Make it warm and inviting.
- Consider slipcovers for an immediate new twist on old furniture.
- Fresh flowers are always an instant pick-me-up.

Custom Closets – What to Look for, and Where

ark Lestikow, president of The Closet Factory in Denver encourages new movers to use this as an opportunity to change bad habits and get organized right from the start. "Moving into a new home with newly organized closets adds to the pleasure of a happy experience. I would definitely encourage new movers to organize their closets now, to facilitate settling into their new environment and avoid dissatisfactions that may arise from the honey this doesn't fit syndrome."

The following five questions should help you identify the closet, and the closet company right for you.

- 1. Are there different types of closet systems, or are they all pretty similar? There are two main types of closet units. One is called a wall-hung system, and the other a floor-based system. Ask the closet companies you interview the difference between the two, and which would be most appropriate for your individual needs and expectations.
- 2. Custom manufactured vs. prebuilt systems? Although most closet companies say they are custom, few truly are. A custom closet, as you would expect, is high in quality, offers more efficient space utilization and often is the best value for your investment.
- 3. Will I have the opportunity to work with a design consultant or see a showroom with examples of product? Having a trained professional designer come to your home is a nice option because they can take your exact measurements and prepare a personalized design that fits your specific needs.
- **4.** What about installation? It is important to distinguish if the installers are employees or independent contractors. There can be a tremendous difference in the final result if a trained employee installs your custom closet versus an untrained independent.

5. How do I pick the right company?

The company you choose to install your custom closet is your key decision. All custom closet companies are not the same. Evaluate how you were treated from the first time you called. Were you able to speak with a knowledgeable person immediately, or at least receive a prompt returned call to your inquiry?

Be sure to get a written guarantee, preferably one that will be in effect as long as you live in the house.

Ask to see a customer list. Call some people on this list. If a company doesn't do good work, people will not likely recommend them. Enjoy your new home and your closets!





Call for a free design consultation and estimate today!

(303) 664-6526

or visit us online at closetfactory.com

Visit our Showroom: 8480 Upland Drive, Centennial, CO 80112



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Meet Dr. Michael Gallizzi

This minimally-invasive spine surgeon at OrthoONE at Sky Ridge Medical Center puts patients first By Caramie Petrowsky



ver the course of his childhood, Michael Gallizzi, MD, MS, FAAOS, spent a lot of time in the office of an orthopedic surgeon who cared for his mother. Dr. Gallizzi's mother, once an active athlete, was struck by a car while riding her bicycle—a 2-year-old, Dr. Gallizzi was riding in a car seat attached to the back of the bike. While he escaped the accident relatively unharmed, his mother didn't. Since

that time, she's undergone 18 orthopedic surgeries.

"I admired the orthopedic surgeon taking care of my mom trying to make her better," he said. "She got a little better every time. I always knew I wanted to be an orthopedic surgeon."

Dr. Gallizzi, now a minimally invasive spine surgeon at OrthoONE at Sky Ridge Medical Center, shadowed the surgeon — a total joint replacement surgeon — in high school, which solidified his own decision to go into orthopedic surgery. During medical school, Dr. Gallizzi figured out how to help his mom, who was still falling a lot and dropping things.

"I realized it wasn't her legs and it wasn't her brain," he said. "Once I got enough knowledge, I realized it was both her neck and lower back that needed surgery."

Dr. Gallizzi found the right surgeons and his mom underwent two surgeries that "made a much larger difference in her quality of life than any previous surgery she had," he said.

While Dr. Gallizzi was in medical school, he saw a large gap in one specific niche in orthopedics: spine. While minimally invasive surgical techniques are the standard of care when it comes to knee, shoulder and other joint surgeries, "spine is the least technologically advanced in terms of worldwide application of awesome technology," said Dr. Gallizzi who went on to complete a fellowship in minimally invasive spine surgery at Duke University. "You'd scope your wrist before having your wrist fused and you'd scope your knee before having a total knee replacement, but there's this gap in spine where that's not happening," he said.

While the technology is FDA approved, very few doctors are using it in clinical practice. Dr. Gallizzi is one of only a handful of doctors in the state fellowship trained in performing true minimally invasive spine surgery. He's also one of the few spine surgeons in the state to have a perfect 5-star rating on Healthgrades.com where his patients gush about the ways in which he's dramatically changed their lives. "I went from being severely debilitated at just 45 to feeling like a kid again!" one patient writes.

"Patients that come and see me have sometimes had multiple surgeries — big, open procedures that destroyed muscles and ligaments in their spine, and are still in pain. In Colorado that's the standard of care," Dr. Gallizzi said.

Why, you might ask?

For one there's not a lot of post-training training available to doctors. But secondly, it comes down to economics. Dr. Gallizzi, who studied economics at the University of Michigan as an undergrad and earned a masters degree in healthcare management from Rosalind Franklin University of Medicine and Science, explains the issue in a way anyone can understand. While learning a new technique, a doctor can't perform as many surgeries, meaning they make less money; unless the doctor is doing a fellowship, it's hard to perform enough surgeries to build the confidence and skill set quickly. "It can take six months or a year of being slower and struggling to master the techniques," Dr.

Gallizzi said.

It's also a big transition to go from looking at and performing surgery with your hands to relying on robots and television screens. For a surgeon who already spent 16 years in school, it's a hard pill to

"Unless you're dedicated to learning new things, why would you ever change?" he said.

And in the end, a minimally invasive spine surgery costs less than open surgery.

Dr. Gallizzi treats:

- Cervical and lumbar degenerative arthritis
- Degenerative scoliosis
- Disc herniations

And performs:

- Robotic spinal surgery
- Endoscopic spinal surgery
- Revision of previous spine surgeries

"If I do soft tissue procedure and resect a disc through a tiny hole, I get paid less to do it and it's more technically challenging (than an open surgery)," he said. "But the patient wins" thanks to less pain and a much faster recovery.

For Dr. Gallizzi, who knows firsthand how surgery affects not just the person in the operating room but their entire family, the patient comes first.



Dr. Gallizzi joined OrthoONE at Sky Ridge Medical Center in February of 2020. He's grateful to be at a hospital that invests in the latest technology.

"These surgeries are being done at Johns Hopkins, Duke, and NYU and all these renowned places throughout the country—and at Sky Ridge Medical Center. Sky Ridge's surgical robot is one of the very best and they're willing to be state of the art," Dr. Gallizzi said.

To make an appointment with Dr. Michael Gallizzi, call 303-790-7181 or visit OrthoONESpine.com.

A Simple Phone Call Can Save A Life



Simple digging jobs can damage utility lines and disrupt vital services to an entire neighborhood, harm those who dig and result in expensive fines and repair costs.

omeowners, digging and excavating near underground facilities can be dangerous. Lives are lost and excavators and homeowners are seriously injured excavating in Colorado. In addition, underground facilities are damaged. Help protect the lives of loved ones in your family and community and ensure the smooth operation of

our vital public services. Always call 811 before you dig. Need a locate, but don't want to call? Go to our website www. co811.org and provide an email address and the general information pertaining to your excavation project.

- Colorado's underground utility owners provide a FREE facility locating and marking service. Just call 3 business days before you begin your excavation project.
- After the facility is marked, DIG WITH CARE! Please, respect the locate marks and use hand tools when digging within 18" of the paint or flags.
- The locate marks are valid for 30 days or until they can no longer be seen, whichever comes first.
- If the facility is damaged at any time, notify Colorado 811 immediately so that we may contact the utility owner. Remember to first call 911 if someone is injured.

Colorado 811 encourages all professional excavators, contractors and homeowners to call for locates prior to renting any excavation equipment.

For more information, click or call Colorado 811 at 303-232-1991 or visit our web site at: www.co811.org. Thank You.



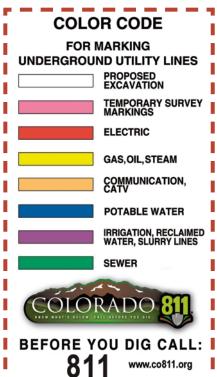
Know what's **below. Click** or **Call** before you dig.

Planning a home improvement job?
Planting a tree? Installing a fence or deck?

Whether you are planning to do it yourself or hire a professional, smart digging means calling 811 before each job.

www.co811.org







BETTER Your Home, BETTER Your School

BETTER Your Home, BETTER Your School is an AFW-exclusive initiative that gives money back to schools all year round. When a participating school community shops at AFW, the company donates a percentage of the subtotal back to that school.

nder the direction of President and CEO Jake Jabs, American Furniture Warehouse (AFW) has been actively involved with our community for more than 40 years. We're proud to support a variety of causes in Colorado, Arizona, and beyond, including education, youth, family, people in need, our environment, veterans, and agriculture. We give to hundreds of different non-profits, service organizations, K-12 schools, technical schools, and colleges on a regular basis.

Student Tours

A FW offers tours of our corporate location to thousands of high school and college students each year to teach them how a business like AFW operates.

Junior Achievement Finance Park

Since 2013, AFW has housed JA Finance Park in our Thornton, Colorado location, which helps students build a foundation for making intelligent personal financial decisions.

Speaking at Schools

Jake gives many talks to students at a number of high schools and colleges. He discusses his journey and how he got to where he is today, his belief in the free enterprise system and entrepreneurship, and his 39 keys to business success.

University of Colorado Denver Business School

n 2013, Jake gifted The Jake Jabs Center for Entrepreneurship (JJCE) at the University of Colorado Denver Business School with \$10 million to help the school expand its entrepreneurship education and research. The JJCE is focused on cross-disciplinary, entrepreneurial concept development as well as graduate and undergraduate entrepreneurial training.

NEWCOMER AND COMMUNITY INFORMATION



elcome to your new home in the Denver metropolitan area. The following information should be helpful whether you are a newcomer or simply moving within the area. Keep this reference guide in a handy place so you can refer to it often.

The advertisers in this magazine all supply products and services that you may need soon after moving. Many even provide coupons and special offers. If you'd like to request more information from any of our advertisers, please refer to the Free Information Card that is located on page 17 of the magazine.

Colorado.gov

Visit this fact-filled official Colorado web site for any detailed information you may need regarding Colorado laws, drivers licenses, employment, education and much more.

USA.gov

Log on to the official gateway to all government information. As the U.S. government's official web portal, USA.gov makes it easy for the public to get U.S. government information and services on the web.

Ten Digit Dialing

As a newcomer, you need to be aware that Colorado has ten-digit local dialing. It's really very easy. Just remember to dial the area code before the seven-digit local number. Dialing "1" before the ten digits is only needed when placing a long distance call. Keeping this in mind could prevent you from seeing unnecessary long-distance charges on your telephone bill. Remember, too, that you shouldn't dial a "0" when placing a ten-digit local call. Doing so will only route your call directly to a telephone operator.

Phone Directories

YellowBook.com

Contact us by phone......1.800.YB.YELLOW CenturyLink

For customer service......1-800-244-1111

Motor Vehicle Laws

Drivers licenses must be transferred within 30 days and vehicles must be registered within 90 days after becoming a Colorado resident. For motor vehicle and driver license purposes, you are considered a resident if you own or operate a business in Colorado, are gainfully employed in Colorado, or reside in Colorado for 90 consecutive days.

Out of state students are not required to obtain Colorado license plates or a Colorado driver license if they have valid plates and a valid license from their home state. Active duty U.S. military personnel and their spouses are also not required to obtain a Colorado driver license if they have a valid license from another state.

A newcomer to Colorado must obtain a Colorado driver license within 30 days after establishing residency. In most cases, if your present license is valid, you will only need to pass a written examination and eye test. For more information call 303-205-5600 or visit colorado.gov/dmv.

Auto Emissions Inspections

Emission testing is required when registering or selling vehicles in the counties of Denver, Boulder, Broomfield, Jefferson, Douglas and partial areas of Adams and Arapahoe counties. Testing can be done at any one of Envirotest's 14 convenient locations, or ask about Rapidscreen Roadside Emissions Testing. For more information on station locations, maps and directions, testing requirements and procedures, company information and job opportunities, visit them on

the web at aircarecolorado.com or call the Air Care Colorado Hotline 303-456-7090 (See ad and article page 29.)

For further questions call the Department of Revenue Emissions at 303-205-5603.

Automobile Registration

To obtain your registration you must register your car in the county where you live and you must bring the following items:

- A valid emissions test and a form DR2087 showing verification of your vehicle I.D. number. Both of these are available from an Emissions Inspection Station.
- 2) Vehicle title and registration.
- Proof of insurance, which must include the year, make, and vehicle identification number (VIN) of the vehicle. Also, be sure to include the policy effective date.

A Colorado State vehicle inspection is required on all vehicles purchased with an out-of-state title. Fees may be paid by check, cash or money order.

You can contact your particular county for further information. Operating hours may vary. Check with each office for details.

Adams County	720-523-6010
Arapahoe County	303-795-4500
Boulder County	303-413-7710
Broomfield County	303-464-5888
Denver County	720-865-4600
Douglas County	303-660-7440
Jefferson County	303-271-8100



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NEWCOMER AND COMMUNITY INFORMATION

Driver's License

Residents can apply for a Colorado driver's license by completing the following requirements:

- 1) Pass all required exams, which may include written, vision and road skills.
- 2) Submit previous license, permit, birth certificate or other document that shows proof of identity and current age.
- 3) Reside at a Colorado residence address and provide proof of legal presence.
- 4) Have your photograph and fingerprints taken.
- 5) Pay the required fee.
- 6) Driver's license available at any one of the following offices in the metro area:

Boulder	303-442-3006
Castle Rock	303-660-7400
Denver-SW	303-937-9507
Denver-NE	303-373-0161
Evergreen	720-497-1182
Lakewood	
Littleton	303-795-5954
Northglenn	720-929-8636
Parker	303-627-0985

For further assistance regarding driver's license information visit colorado.gov

Automobile Insurance

Under Colorado's tort system you are only required to buy liability coverage to pay for medical bills and property damage that you cause when you are at fault in an accident. You may also choose to buy additional medical coverage to help pay for your own injuries. For more information contact RMIIA.....1-800-355-9524

Road Conditions

For updated road conditions throughout Colorado, call the Road and Weather Information Hotline from the Colorado Department of Transportation (CDOT)......5-1-1

Auto Clubs

AAA Auto Club-Colorado......303-753-8800

Transportation

Colorado Department of Transportation (CDOT) administers a variety of state and federal programs to complete projects that enhance our comprehensive transportation network. For a complete list and description of programs now in full force, visit www.coloradodot.info/programs.

Denver International Airport

Lost and Found	303-342-4062
RTD's Skyride	303-299-6000
SuperShuttle	.800-BLUE-VAN
Taxi Service	
Taxi Scivice	
Metro Taxi	303-333-3333

Bus Service

Train Service

The bus service is provided by Regional Transport District (RTD)......303-299-6000

Amtrak - Union Station Info.............. 303-592-6712

Provides local, express and regional bus and light rail service throughout the metropolitan area. Also includes Park-n-Ride locations and offers special services such as Skyride bus service to Denver International Airport (DIA), Broncos-Ride and RockiesRide.

Commuting Options

A program of The Denver Regional Council of Governments, My Way to Go offers reliable, easy, environmentally-friendly, no-nonsense commuting options to Denver area commuters. They can help you find a carpool, vanpool, transit route, or best paths for biking or walking. Visit their website at www.mywaytogo.org. For more information and free personal assistance, call 303-458-7665 or send an e-mail to: waytogo@drcog.org.

Bicycles:

Denver B-cycle and Boulder B-cycle offer over 100 bike stations for you to simply hop on a bike

- Denver residents: Call for more information at 303-825-3325 or go to DenverBcycle.com.
- Boulder residents: Call for more information at 303-532-4412 or go to BoulderBcycle.com.

Voter Registration

- Voters who move from one county to another in Colorado must re-register to vote in the
- Voters who move within the county must complete a change of address at least 29 days prior to an election.
- Residents can register to vote or change an address at any Driver's License office, City Clerk's office or Motor Vehicle office.





From fast food to fine dining, browse 400+ dog friendly restaurants and breweries all across Colorado



Going shopping? We feature pet friendly shops and businesses all across Colorado that will welcome your pup



From fundraising events to yappy hours, visit our upcoming dog friendly events page. Check back often, new events are



Featuring Dog Parks in over 50 cities across Colorado, your dog will love making new friends and exploring new places!



With over 300 days of sunshine each year and some of the most breathtaking scenery in the United States, grab your dog and check out these dog friendly Colorado hikes and



From Gondola rides to museum tours to exploring national parks, we can help you find dog friendly attractions in

WOOFALONG.COM

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Just fill out the card located on page 17 of this Spring edition of Welcome Home.

On June 15, 2020, we will hold a drawing and select one lucky winner to receive a \$250 Gift Card from American Furniture Warehouse!

> For complete details, visit www.welcomehomemag.com or send a self-addressed envelope to Publisher/Welcome Home Magazine of Denver, 79 Spyglass Drive, Littleton, CO 80123.

720-523-6500
303-795-4511
720-865-8683
303-660-7444
303-271-8111

Pet Licenses

Dogs and cats living in most of the Denver metro area must be licensed annually and vaccinated against rabies. They must be vaccinated within 30 days, or have been vaccinated within the past 12 months. Most communities have strict leash laws. For more information, call the Animal Control offices in your county.

Adams County	303-288-3294
Arapahoe County	720-874-6750
Boulder County	303-441-3626
Broomfield County	303-438-6400



Denver County	303-698-0076
Douglas County	303-660-7529
Jefferson County	303-271-5070

Emergency Numbers

In most areas 9-1-1 will access emergency ambulance, fire or police. Please verify that this is indeed true for your county, as there are some exceptions.

County Sheriffs

Adams County	303-654-1850
Arapahoe County	303-795-4711
Boulder County	
Denver Police	720-913-2000
Douglas County	303-660-7505
Jefferson County	
Rocky Mountain Poison Center	
Drug Center	303-739-1123
Xcel Energy Electric Outage	
Xcel Energy Gas Emergency	1-800-895-2999

Utilities

Gas & Electric: Xcel Energy

24-Hour Emergency

Xcel Energy Electric Outage.. 1-800-895-1999 Xcel Energy Gas Emergency..1-800-895-2999

Residential

24-Hour Customer Servi	ce
and Billing	1-800-895-4999
HomeSmart from Xcel E	nergy Appliance
Repair & Replacement	1-866-837-9762

NEWCOMER AND COMMUNITY INFORMATION

Business Solutions Centers – Customer Service & Billing...1-800-481-4700 Other Call Before You Dig/Utility Notification

Center of Colorado1-800-232-1991 Web site.......co811.org

Telephone

Water: The Denver Water Department is the major supplier for the Denver metro area, although there are some exceptions depending upon where you live. For further information on billing and service in your area, contact the Denver Water Customer Service Department.

U.S. Postal Service

Libraries

Arapahoe	.303-542-7279
Aurora	
Brighton	.303-405-3230
Boulder	.303-441-3100
Denver Public Library, Main	.720-865-1111
Douglas County	.303-791-7323
Englewood	.303-762-2560
Jefferson County	303-235-5275

Credit Unions

Westerra Credit Union...... 303-321-4209

Free Consumer Guide Smart Energy Living

Learn how to reduce energy consumption, save money and improve Colorado's environment with energy-efficient home improvements from The Colorado Energy Science Center (CESC). To learn more visit energyscience.org

Trash Removal

For customer service questions regarding trash & recycling services in the city and county of Denver(720-913-1311)

Recycling Hotlines

Environmental Recycling Hotline: This national hotline provides information on where to recycle waste paper and boxes, glass, scrap metals, plastic, waste oil and tires. It has a database of state recycling programs which lets callers enter their zip code to find recyclers in their area. Visit earth911.com or call 1-800-253-2687

City of Denver 3-1-1 Call Center

Citizens in Denver can now call 3-1-1 as a free service to get answers regarding all city related business including reporting a pothole, purchasing a parking permit, starting a new business or getting a marriage license. Also visit www.denvergov.org.

Dial 2-1-1 For A Community Connection

Colorado 2-1-1 launched in metro Denver and surrounding communities in October 2003. It gives citizens one number to call when they need access to human services such as food bank locations, low cost healthcare for children as well as a direct link to non-emergency help for all kinds of community services. Visit 211colorado.communityos.org

Denver/Boulder Better Business Bureau

The BBB is a membership-based nonprofit organization dedicated to promoting and fostering the highest ethical relationship between businesses and the public through voluntary self-regulation, consumer and business education and service excellence. The BBB offers free information to the community regarding local businesses and charities. Visit denver.bbb.org or telephone 303-758-2100

Chambers of Commerce

For helpful information on schools, cable service, cultural events, community activities, libraries and parks, call your county's Chamber of Commerce.

Arvada........303-424-0313 arvadachamber.org Aurora.......303-344-1500 aurorachamber.org Boulder.....303-442-1044 boulderchamber.com Denver......303-534-8500 denverchamber.org Golden......303-279-3113 goldenchamber.org South Metro Denver.......303-795-0142 (Englewood & Littleton) bestchamber.com

(Englewood & Littleton) bestchamber.com West Metro......303-233-5555 westchamber.org



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303-662-8214

NEWCOMER AND COMMUNITY INFORMATION

Volunteer Opportunities

Metro Volunteers	303-282-1234
	metrovolunteers.org
Boulder County Volunteer	
Connection	303-444-4013
volunteer.ı	unitedwayfoothills.org
CareConnect of Boulder Co	unty303-443-1933
	careconnectbc.org



Schools

Information on the school districts in the seven county Denver metro area may be obtained by contacting:

Online Schools

No matter where you live in Colorado, you can enroll your child in an online school of your choice at no cost because it is a public school. For a complete listing of online schools in Colorado, cde.state.co.us/onlinelearning/schools.htm.

Senior Services

American Assn. of Retired Persons
Colorado State Office866-554-5376
aarp.org/states/c
DRCOG Area Agency on Aging 303-455-1000
drcog.or
CareConnect of Boulder County303-443-1933
careconnectbc.or
Innovage303-300-6906
myinnovage.or

Denver Metro Area Hotspitals

Aurora - HealthONE - The M	Medical Center of
Aurora	303-695-2600
	auroramed.com
Aurora - HealthONE - Spald	ing Rehabilitation
Hospital	
	spaldingrehab.com
Boulder - Boulder Communi	ity
Health	303-440-2273
	bch.org
Brighton - Platte Valley Medi	ical
Center	303-659-5800
	pvmc.org

Centennial - HealthONE	E - Centennial Medical
Plaza	303-699-3000
	auroramed.com

Denver - Centura Health - Porter Adventist Hospital......303-778-1955 porterhospital.org

Denver - Centura Health - St. Anthony Central
Hospital......720-321-0000
stanthonyhosp.org

Denver - Children's Hospital 800-624-6553 childrenscolorado.org

Denver - HealthONE - Rocky Mountain
Hospital for Children........720-754-1000
rockymountainhospitalforchildren.com

Denver - HealthONE - Rose Medical

Denver - Denver Health Medical
Center303-436-4949
denverhealth.org

Denver - National Jewish 877-225-5654 nationaljewish.org **Denver** - St. Joseph Hospital303-812-2000

Englewood - HealthONE - Swedish Medical
Center303-788-5000
swedishhospital.com

Littleton - Centura Health - Littleton Adventist Hospital303-730-8900

mylittletonhospital.org **Lone Tree** - HealthONE - Sky Ridge

Longmont - Longmont United
Hospital......303-651-5111
luhcares.org

Louisville - Centura Health – Avista Adventist
Hospital......720-636-9237
avistahospital.org

Parker - Parker Adventist Hospital 303-269-4000 parkerhospital.org

Thornton - HealthONE - North Suburban Medical Center303-451-7800 northsuburban.com

Westminster - Centura Health -

St. Anthony North Hospital 720-627-0000 stanthonynorth.org

Daily Newspapers

There are two daily newspapers in the Denver/Boulder metro area. To order a home subscription call:

Call Before You Dig

Three working days before you begin any activity that requires digging or excavation, call Colorado 811 for location of underground utilities. This is a free service to you. Statewide 8-1-1

Landscaping Help

For help in finding a landscape contractor, visit the Associated Landscape Contractors of Colorado at alcc.com or call 303-757-5611. An ALCC landscape contractor can help improve your yard with design, planting, repairs, maintenance, water features, xeriscape, decks and patios, fencing, walls and sprinkler systems.



Shopping

Aspen Grove	
Santa Fe & Mineral	303-794-0640
Town Center at Aurora Mall	
14200 E. Alameda	303-344-9764
Belmar	
464 S. Teller St	303-742-1520
Cherry Creek Shopping Center -	
1st & University	.303-388-3900
Cherry Creek North - North of	
Cherry Creek Mall	303-394-2904
Colorado Mills - Colfax & Indiana	
(near I-70)	
Denver Pavilions - 16th Street Mal	
between Tremont & Welton St.	
Flatiron Crossing - Boulder Turnp	ike & Storage
Tech/Interlocken Loop	720-463-4000
Larimer Square	
1400 Block of Larimer	.303-534-2367
Outlets at Castle Rock - South of Denver on I-25 at Exit 184	202 600 4405
	. 303-688-4495
Outlets at Loveland - North of Denver on I-25 at Exit 257B	070 662 1016
Outlets at Silverthorne - West of	970-003-1910
Denver on I-70 at Exit 205	066 746 7606
	.000-140-1000
Park Meadows Shopping Mall C470 & I-25	202 702 2522
Southwest Plaza	. 303-192-2333
Bowles & Wadsworth	303 073 5300
Tabor Center/16th Street Mall	. 303-913-3300
16th Mall & Lawrence	303-628-1000
Tamarac Square	. 303 020 1000
7777 E. Hampden Ave	877-225-5337
The Shops at Northfield Stapleton	
8340 Northfield Blvd	303-375-5475
The Streets at SouthGlenn	51.5 5115
University & Arapahoe	.303-539-7141

Attractions & Entertainment

Buffalo Bill Memorial Museum & Grave 303-526-0744 buffalobill.org
Butterfly Pavilion and Insect Center
303-469-5441 butterflies.org
Children's Museum of Denver303-433-7444
mychildsmuseum.org
Colorado Sports Hall of Fame720-258-3888
coloradosports.org
Colorado State Capitol
colorado.gov/capitol

Best Times to Test

If you follow the tips offered below, you can significantly reduce the amount of time it will take to get a vehicle emissions inspection.

ew residents of Colorado's Front Range may be aware that there is a vehicle emissions inspection requirement, but may not be aware that there are better times than others to get an emissions inspection.

Because the Air Care Colorado emissions inspection program is operated on a first-come-first-served basis, it can be difficult to predict how long it will take to get an inspection. However, if you follow the tips offered here, you can significantly reduce the amount of time it will take to get an inspection.

Vehicles eight model years and older require an emissions inspection every other year, and vehicles model year 1981 and older require an inspection every year. Vehicles that are less than eight years old are exempt from inspection.

Before a vehicle can be registered in Adams, Arapahoe, Broomfield, Boulder, Denver, Douglas, Jefferson, Larimer and most of Weld counties, they must first get an emissions inspection and usually a Vehicle Identification Number (VIN)

Motorists can also find up-tothe-minute information, regarding inspection station wait times and

If you want to avoid waiting at an emissions inspection station:

ALWAYS AVOID...

- the LAST MONDAY of the month
- the LAST DAY of the month
- any DAY AFTER a HOLIDAY

BEST TIMES...

- middle two weeks of the month
- Saturdays

directions to conveniently located stations by calling the Air Care Colorado hotline at 303-456-7090 or visiting www.aircarecolorado.com.

To ensure a quick and easy inspection motorists are also encouraged to ensure that their vehicles are well maintained. This includes regular oil and filter changes, having properly inflated tires and functioning gas caps. If the 'check engine' light is lit, vehicles less than 12 years old will fail the inspection, and if the battery has been recently replaced or disconnected, the vehicle may not be 'ready' for an inspection. This simply means that the vehicle must be driven for a few days to complete one or two drive cycles to reset the On Board Diagnostics (OBD) computer before it can be tested. Find more information at www.aircarecolorado.com.

Air Care stations are open: 8 a.m. to 5:30 p.m. weekdays 8 a.m. to noon on Saturdays

Stations are closed Sundays and all state holidays.

Need an emissions test? visit one of Envirotest's

14 convenient testing locations throughout the Denver-Boulder metro area.

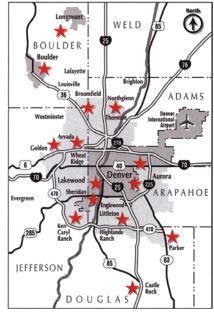
STATION LOCATIONS

- 5185 N. Marshall Street * Arvada 12042 E. 30th Avenue
- 5655 Airport Boulevard Boulder
- 11609 Teller Street ★ Broomfield
- ★ Castle Rock 541 Topeka Way
- ★ County Line ★ Denver Central 2300 S. Lipan Street
- 8494 S. Colorado
- ★ Denver Southeast 10190 E. Warren Avenue
- **★** Golden 15335 W. 44th Avenue 10727 Centennial Road * Ken Carvl
- * Longmont 4040 Rogers Road
- ★ Northglenn 1950 E. 112th Avenue 10199 Park Glenn Way ★ Parker
- * Sheridan 2802 W. Mansfield Avenue

FOR MORE INFORMATION ON STATION LOCATIONS, DIRECTIONS, WAIT TIMES AND RAPIDSCREEN ROADSIDE EMISSIONS TESTING, CALL THE



AIR CARE COLORADO HOTLINE 303-456-7090



www.aircarecolorado.com

NEWCOMER AND COMMUNITY INFORMATION

Coors Brewing Company Tours	
	coors.com
Denver Art Museum	.720-865-5000
denve	rartmuseum.org
Denver Botanic Gardens	720-865-3500
hot	tanicgardens.org
Denver Coliseum Box Office	720 065 2475
	ercoliseum.com
Denver Firefighters Museum	
	tersmuseum.org
Denver Museum of Nature &	
Science 303-370-	6000 dmns.org
Denver Zoo720-337-1400	denverzoo org
Downtown Aquarium	202 561 4450
Downtown Aquanum	.303-301-7730
	restaurants.com
Fiddler's Green Amphitheater	
Four Mile Historic Park	.720-865-0800
f	ourmilepark.org
Gates Planetarium 303-370-	6000 dmns.org
History Colorado Center	303-866-3682
history colorado centerhistoryco	loradocenter.org
IMAX Theatre 303-370-	6000 dans
Lakeside Amusement Park	
	sementpark.com
Littleton Historical Museum	. 303-795-3950
littleton	gov.org/museum
Molly Brown Museum	303-832-4092
	mollybrown.org
National Western Stock Show	303-206-6077
national Western Stock Show	nalwestern.com
Red Rocks Amphitheater	. /20-865-2494
redi	rocksonline.com
Six Flags Elitch Gardens	.303-595-4386
eli	itchgardens.com
eli Tiny Town Railroad	.303-697-6829
LINVIC	wnraiiroad.com
U.S. Mint800-872-64	188 usmint gov
WaterWorld	303 427 7072
	.303-421-1613 rldcolorado.com
waterwor	iucoiorado.com

Colorado Breweries

www.colorado.com/colorado-breweries

Arts

Arvada Center for the Arts & Humanities
720-898-7200 arvadacenter.org
Colorado Ballet .303-837-8888 coloradoballet.org
Colorado Creative Industries303-892-3840
coloradocreative industries.org
Colorado Symphony Orchestra303-623-7876
coloradosymphony.org

Denver Performing Arts Complex. 303-893-4100 denvercenter.org Museum of Contemporary Art...... 303-298-7554 mcadenver.org Opera Colorado 303-778-1500 operacolorado.org

Sports in Denver

For season tickets or information on the following teams and sporting attractions call: Bandimere Speedway......303-697-6001 Denver Broncos NFL Football 303-649-9000 Colorado Avalanche.....303-405-1100 NHL Hockey Denver Nuggets......303-405-1100 NBA Basketball Major League Baseball The Colorado Rapids303-825-4625 Major League Soccer Major League Lacrosse Colorado Mountain Club......303-279-3080 Colorado Golf Association......303-366-4653 Colorado Ski Country USA......303-837-0793 Colorado Tennis Association......303-695-4116 University of Colorado Athletic ...303-492-8337 Ticket Office University of Denver Athletic 303-871-2336 Ticket Office

Golf in Colorado

Tourism

To receive travel and tourism information for Colorado, call 1-800-COLORADO or visit colorado.com.

Dog Friendly Places in Colorado

Colorado residents love their dogs! Woofalong.com is Colorado's #1 resource for finding dog friendly businesses and activities. Find out which restaurants, breweries, shops, businesses, activities, hikes and trails are available for you and your dog.





Colorado Ski Resorts

Arapahoe Basin	888-272-7246
Aspen Highlands	800-525-6200
Aspen Mountain	
Buttermilk	
Copper Mountain	
Crested Butte	
Eldora	303-440-8700
Howelsen	970-879-8499
Loveland	303-571-5580
Monarch	719-530-5000
Powderhorn	
Purgatory	970-247-9000
Silverton	
Ski Cooper	800-707-6114
Ski Granby Ranch	888-850-4615
Snowmass	
Steamboat	970-879-6111
Sunlight	
Telluride	877-935-5021
Winter Park	970-726-5514
Wolf Creek	800-754-9653
Canaral Information chay	raport

General Information, snow report,

Parks & Recreation Information

For information on Colorado Parks and Wildlife, please visit cpw.state.co.us. There are 41 parks in the state park system—nine in the Denver metro area. They offer fishing, hiking, boating, camping and a subscription offer to *Colorado Outdoors Magazine*.

National Park Service .	303-969-2500
U.S. Forest Service	303-275-5350
Rocky Mountain Re	gion

Hunting & Fishing Licenses

For information on residency requirements and license fees call the Colorado Parks and Wildlife at 303-297-1192 or visit cpw.state.co.us. Licenses can be purchased at any Colorado Parks and Wildlife office or at most sporting goods

Hunting Info Hotline (24 hours) .. 303-291-7529 Fishing Info Hotline (24 hours) ... 303-291-7533

Welcome Home – to Colorado

elieve it or not, the rumors are true- there's nothing quite like the Colorado outdoors. Offering scenic views, abundant wildlife and a wide range of recreational opportunities, Colorado's 41 state parks draw visitors from far and wide each year. These state parks can be found in your own backyard or just a day trip away. Online reservations at cpwshop.com from 6 months in advance up until the day of arrival make it easy to plan the outdoor getaway of a lifetime. Here are just a few of the unique experiences that await at Colorado state parks this season:

Boating at Jackson Lake State Park

A hidden treasure for those hoping to enjoy the open waters without the crowds, Jackson Lake is located just a few hours northeast of Denver and is three times larger than Cherry Creek Reservoir. Ranked one of the Top 15 Park Beaches by Reserve America, it offers the perfect reprieve as the weather starts to warm up. At night, the park's wide open spaces and dark skies make it an ideal location for stargazing with the family. While a bit further from Denver, Jackson Lake is well worth the drive.

Hiking at Trinidad Lake State Park

Piñon pine and juniper-covered hills at Trinidad Lake provide beautiful trails for the easy-going hiker hoping to take in the sights and sounds. The park is rich with history and heritage, housing several historic sites such as the coal mining ruins at Cokedale and the Santa Fe Trail. Reward yourself after a nice hike around the lake by taking a fishing break or lounging at one of the park's 73 campsites. Trinidad Lake is sure to become your next favorite destination.

Fishing at Crawford State Park

One of the largest warm water fisheries on the West Slope, Crawford is an angler's dream. Surrounded by stunning mountain scenery, there's nowhere better to fish for perch, crappie, lunker, channel catfish, bass and northern pike. The 400-acre reservoir offers a number of recreational opportunities year-round in addition to fishing such as water skiing and ice-skating.

Whatever the activity, Crawford is one for the books.

Cross-country Skiing/snowshoeing at Stagecoach State Park

Nestled in the Yampa Valley of the Rockies, Stagecoach showcases the beauty of Colorado's high-altitude wilderness. The park is especially stunning when blanketed with snow and provides a quiet refuge for crosscountry skiers or snowshoers. Fishing opportunities abound at its 3-mile-long reservoir home to fast-growing, hardfighting rainbow trout, northern pike, and brown trout. Pick up your fishing license at Stagecoach's visitor center and make a day of one of Colorado's favorite pastimes.

Mountain Biking at Staunton State Park

The ideal location for an evening bike ride, Staunton provides nearly 20 miles of multi-use trails through a mosaic of meadows, granite cliffs, mountain forests and swift streams. Discover the park's history at the visitor center. Visitors with limited mobility

can explore designated trails through Staunton's Track-Chair Program. It's no wonder that the land was once used as a place of healing by the Staunton family. To learn more about Staunton State Park's Track-Chair Program, visit https://cpw.state.co.us/placestogo/ parks/Staunton/Pages/Track-Chair-Program.aspx.

Wildlife Viewing at Barr Lake **State Park**

Over 370 species of birds have been sighted at Barr Lake which offers several wildlife viewing stations from which to learn about and observe the park's deer, coyotes and numerous bald eagles. Located right on the northeast side of Denver, the 1,900-acre prairie reservoir is a convenient destination for a family picnic, fishing after work or kayaking on a weekend. Looking out over the water from one of the gazebos towards the striking Rocky Mountain backdrop, you may never want to leave.

For more information and to plan your next adventure in one of Colorado's State Parks, visit cpw.state.co.us.

This is a leash. And it helps keep the wilds, wild. We hate to be the bearers of bad news, but your best friend might just

> be nature's worst enemy. All the little critters of the forest spend months stocking up for the winter. They plan diligently, nibbling on twigs, buds, leaves and bark. And all this preparation becomes moot the minute you let Scout off-leash to disrupt nature's delicate balance. Hey, why not try being the earth's best friend? Good human.

Conservation starts small.





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Modern Rustic Trestle Table \$498 (MR-4290) Side Chair \$88 • 8' x 11' Area Rug \$199 (163-452-811) 5-Piece Set As Shown \$850

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