# Winter 2014 Winter 2014 Winter 2014

HELPING YOU SETTLE IN AFTER YOUR MOVE



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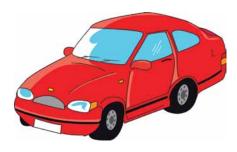
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# After The Move Checklist



ow that the movers have come and gone, you can congratulate yourself on a job well done. You know how much planning and organization went into making it all happen and you deserve a chance to sit and relax. But don't throw away that checklist just yet. There are still plenty of things to do before you can completely be settled. Here are a few important things to do besides unpacking.



- ✓ You will need to update your driver's license and get new tags and plates for your cars. Check with your local Division of Motor Vehicles for more details, or refer to our Newcomer and Community Information inside this magazine.
- ✓ Be sure that the post office is going to forward your mail to your new address. You can do this online, or you can fill out a form at your local post office and maybe even meet some new neighbors while standing in line!
- ✓ Make sure all of your insurance policies are up to date. You may need new policies for your house, auto and health, particularly if you have moved to a new state.
- ✓ A great way to learn about your new community is to order a subscription to the local newspaper. Many even offer discounts for new subscribers and they often have local neighborhood editions inserted weekly. This is a great way

to learn the ins and outs of your new neighborhood.

- ✓ Search out new health professionals such as doctors, dentists, and even vets. These are things you will want to have in place before any emergency pops up. Neighbors and co-workers are always a good referral source for these types of services.
- Most likely you will need to register to vote. Even if you have just moved from one county to another within the same state, most states will require that you register in your new county. For more information, you can refer to our Newcomer and Community Information inside this magazine.
- ✓ Make a visit to the neighborhood bank or credit union to set up new accounts, have money transferred, get credit and debit cards, and order those checks with your new address.
- ✓ Visit your local library and get a library card. The kids can even get their own with their new address on it! The local library is another great place to meet other families in your new neighborhood.

✓ Visit your neighborhood schools and get your children enrolled as soon as possible. You may also want to consider enrolling them in an online or charter school, as most states offer this type of education at no cost because it is a public school. Either way, the sooner you get your children enrolled and involved in the community, the faster they will adapt to their new environment.

- Find a place in your new home to keep all your receipts and documents related to your move all in one file. You will need to know where everything is in the event you need to make an insurance claim with the movers or when you file your income taxes the next spring.
- ✓ Keep in mind that your insurance polices may have a limited time that you can file a claim regarding items damaged during your move. You should run a check of all your electronics and major appliances to make sure they have survived the move and are in good working order. These are most likely all items that would be expensive to replace, so you should make sure they are all working as soon as you can.

Remember that moving is the third most stressful life event, according to the Employee Relocation Council. Settling in will be a gradual process, but your patience will be rewarded in the long run.

The quicker you can cross these things off your checklist, the sooner you can begin to relax and truly enjoy your new home and



# Welcome Home







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s you enjoy the information and advertising offers in Welcome Home of Denver to help with your move, keep in mind we make a concerted effort to bring this to you in an environmentally responsible way.

This starts with the paper we use for this edition. The wood fiber to make the paper comes from sustainable forests. For every tree harvested to make this paper, a new tree is grown. In addition, this has been independently certified to the Forest Stewardship Council (FSC) standard.

The printer we utilize also has many initiatives and programs including certifications with Forest Stewardship Council (FSC) Rainforest Alliance (RAC) and Partnership for a Clean Environment (PACE). What's more, the printer uses soy base inks as well as directto-plate imaging and digital proofing, which saves film, chemicals and energy.

We provide just this one copy of the magazine for your use. Please go to our website for future issues at www. welcomehomemag.com. This way you can view future quarterly editions, including advertiser offers and coupons.

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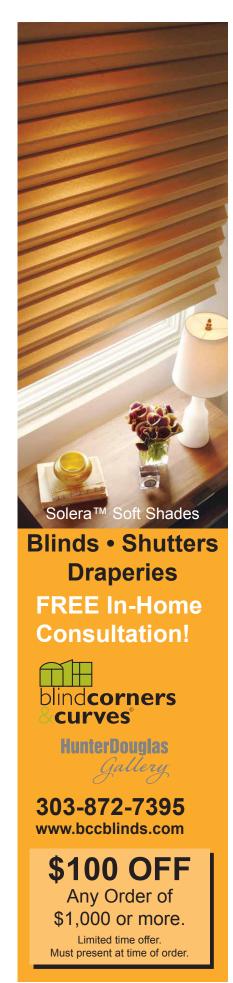








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# Drab to Fab in 3 Easy Steps

# Give your old things a new life without busting your budget

ow exciting to move into your new home! But when your furniture and accessories are unpacked, it can sometimes feel like it is just the same old stuff in a brand new setting.

Unfortunately a move usually means money will be tight for awhile. So how do you freshen up your new space without breaking the bank?

Follow these three steps to breathe new life into your home, room by room:

**STEP 1: Evaluate each space**. When you live with items for a long time, it can be easy to overlook furniture that is in disrepair, tattered pillows or accessories that are just plain ugly or boring. Step back and give a more critical scan of the place – as if you are visiting someone else's home. Does your home's décor reflect your family's lifestyle? Is your furniture both functional and attractive? Are you still hanging on to hand-me-down furniture that you have been hauling around for the last 20 years? If something is way past its prime, throw it out or replace it with a new piece that better fits your style. Once you review what you have, edit your stuff. Do you display things that you don't really care for but were a gift or perhaps you feel obligated to put it out simply because it was expensive? You're in a new home and deserve a fresh start. Give yourself permission to only live with the things you love and use every day.

STEP 2: Create a "theme" that can unify your entire home. We're not talking animal prints or country roosters. A theme means finding a common element, such as a fabric, a bold accent color or general palette, which can be incorporated in each room that brings a fashionable cohesiveness to the space. Paint is the top choice for an instant and affordable update. Neutrals are the easiest choice for walls and offer the most flexibility, but they don't have to be boring. Instead of tan, select "greige" – a beautiful combination of beige and

gray that provides a fresh and neutral backdrop for any style of furniture. If you want a color that ties thing together, consider Guilford Green, Benjamin Moore's Color of the Year for 2015. "A neutral that's natural. A silvery green that works with, well, everything. No worries, No second thoughts. Just a brush, dipped in a can, whooshed on a wall, and a whole lot of happily ever after," says Ellen O'Neill, Creative Director at Benjamin Moore.

**STEP 3:** Go for it! Starting with the space your family uses most, paint the whole room or consider adding a new hue to just the ceiling. With a fresh backdrop, start experimenting with furniture placement. Moving sofas and chairs away from the walls creates a more intimate setting for conversation and visually makes a room appear larger. Switch things up – how about swapping the living room loveseat with a family room reading chair in your new home? You will be amazed how much difference simply moving your old things around the house makes.

# Simple changes = Big impact

- If you don't want to commit to painting an entire room, try just one spectacular wall in a rich, fabulous color like dark chocolate, eggplant, bronze or dark orange.
- Update your lighting, including adding dimmers wherever possible. CFLs are environmentally-friendly and great options to save energy and money.
- Declutter, declutter, declutter.
- A fabulous new area rug in the living or dining room can add a shot of energy.
- Pay special attention to your entryway – as that is the first impression people will get of your space. Make it warm and inviting.
- Consider slipcovers for an immediate new twist on old furniture.
- Fresh flowers are always an instant pick-me-up.

# Benefits of a Home Warranty

ongratulations on your recent move! The stress should be behind you. You have successfully moved all your belongings into your new home and now you're dreaming of worry-free home ownership. Moving was expensive, and you are hoping there will be no unexpected costs or surprises. If you want peace of mind from unexpected home repairs or appliance replacements, you should consider purchasing a home warranty sooner rather than later.

### What Is a Home Warranty?

A home warranty is not the same thing as homeowners insurance. It also is not a replacement for homeowners insurance. A home warranty is a contract between a homeowner and a home warranty company that provides for discounted repair and replacement service on a home's major components, such as the furnace, air conditioning, plumbing and electrical system. A home warranty may also cover major appliances such as washers and dryers, refrigerators and swimming pools.

### **Benefits of a Home Warranty**

A home warranty protects against expensive, unforeseen repair bills and provides peace of mind. For a homeowner who doesn't have an emergency fund or who wants to protect their emergency fund, a home warranty can act as a buffer. Home warranties also make sense for people who aren't handy or who don't want to worry about tracking down a contractor when they have a problem. In short, home warranties:

- · Add peace of mind about the condition of your new home
- Give budget protection from the high cost of home repairs
- Provide the homeowner with the convenience of service 24 hours a day 7 days a week.

### **How Does It Work?**

When something breaks down, you as the homeowner will call the home warranty company, and the home warranty company will send one of its pre-approved service providers to examine the problem. If the needed repair or replacement is covered by the warranty, the work is completed. The homeowner only pays a small service call fee, usually around \$55.00

### What Does It Cost?

A home warranty cost a few hundred dollars a year, paid up front. The cost usually does not vary with the property's age. The home's square footage also does not affect the price in most cases, unless the property is more than 5,000 square feet. The best way to get your questions answered is to call and get a quote. And before you sign anything, be sure to read the entire agreement and understand

what is covered and what is not, before purchasing.

### **Choose Wisely**

Not all home warranty companies are created equal! Do your homework and check out their reputation on consumer websites and with the Better Business Bureau. Choose one that's been in business over 5 years and consider the advantages of working with a local company here in Denver.

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# Shopping for Appliances

### It Pays to Buy New

hen a major household appliance needs replacing or upgrading, you might be tempted to save some money by purchasing a used or refurbished one. However, what you save at the check out counter often could end up costing you in higher utility bills, not to mention potential repair bills.

### Today's Appliances Are More Efficient

Major appliances produced today are more efficient than ever because manufacturers continually redesign appliances so that they consume less electricity and water. Appliances carrying the ENERGY STAR label have been certified as more energy efficient than those models without the label. To show you how far appliances have come in terms of energy

and water efficiency, consider this: A 20-cubic foot refrigerator manufactured in 1991 consumes, on average, more than 857 kWh a year while a 22-cubic foot refrigerator manufactured in 2012 consumes only 452 kWh a year - that's costing you more than half again on your electricity bill and a substantial gain in capacity! That amounts to over \$50 savings per year for the typical American household. Also, an average dishwasher manufactured in 1991 consumes 2.67 kWh per cycle compared with one made in 2013 that consumes only 1.30 kWh. That saves the average household \$53 each year on their electricity bill. Some states and utility companies will also offer sizable rebates when you purchase new energy efficient appliances and even when you properly dispose of your odd appliances.



Efficiency isn't the only reason to choose a new appliance. Safety should be taken into consideration. When you buy a secondhand appliance, you may not know if the previous owner has properly maintained the appliance, which contributes to the life expectancy of an appliance.

### **Consider Recycling**

Appliances are also recyclable. According the Steel Recycling Institute, 90 percent of major home appliances are recycled so you can rest assured knowing that the old refrigerator isn't going to rust away in a landfill – it may have a new life as a car or even a clothes dryer. On the whole, a new product, when designed with sustainability and recyclability in mind, from a life cycle approach, may be a far better deal than a used one.

Major appliances offer long useful lives too! According to a survey of consumers conducted by AHAM which asked appliance longevity, it showed that average life of a chest freeze is 215 years and an electric range is 16 years.

Don't think twice about buying a new appliance. It makes sense – saving you money, energy, and peace of mind, all while gaining new features!

The Association of Home Appliance Manufactures (AHAM) is the trade association representing manufacturers of major, portable and floor care home appliances and suppliers to the industry.











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# Sleep Better in Your New Home!

opefully you're feeling relaxed and satisfied with your decision to buy a new home. You did everything right: you found the perfect home in a top-rated neighborhood, you researched the realtor and secured a great deal on your mortgage. No regrets because you made informed decisions. The moving stress is behind you and you're finally sleeping well and waking up refreshed, right?

### Still not sleeping well?

Unfortunately if you had sleep problems before the move and haven't changed mattresses, there's a good chance that you're still having trouble sleeping. Now is the perfect time to put a good night's rest at the top of your agenda!

There is good news and expert advice waiting for you at any of the Denver area Urban Mattress stores. Local owners Steve Van Diest and Ethan Rietema, two former campus ministers turned Christian entrepreneurs along with Boulder area store owners Rich and Philip, a father-son team are bringing rest and integrity back to the mattress business.

They begin each day with the goal of providing transparency and honesty to every potential customer who walks through the door. Their friendly sales staff will listen to your concerns and priorities, and educate you about your options.

Many of us attach too little importance to the one third of our lives asleep, but there is increasing scientific evidence that truly restorative sleep does more than help us to feel fresh and alert each morning. It has profound health benefits increasing our wellbeing now, and in the future. Given the 8 hours you spend asleep each night, don't you deserve to learn the difference a great mattress can make?

"The number one reason you walk into a mattress store is because you've experienced a major life event. Perhaps it's a divorce or separation," Ethan shared. "Or, you're getting married, having a kid, sending a kid to college, or moving. I've been shocked at how often I have incredibly rich conversations with our customers and am given the privilege to enter their lives."



"At Urban Mattress, we listen carefully and work with our customers to solve their sleep issues... catered to their individual problems."

You're not alone if you feel apprehensive at the thought of shopping for a new bed. Most of us at one time or another have found ourselves on the receiving end of a pushy salesman badgering us into buying an expensive mattress as quickly as possible with little regard to what we want or need.

Van Diest explains "At Urban Mattress, we listen carefully and work with our customers to solve their sleep issues. They tell us what kind of problems they are having, and we offer expert advice, catered to their individual problems. They leave here feeling confident and happy they have made a good choice and often turn to social media to describe their experiences."

Urban Mattress carries a wide variety of mattresses at competitive prices and offer free delivery. They will also donate 2% from your sale to a local charity of your choice. Many articles by Sleep Expert Dr. Neil Stanley can be found on their website and all of their employees have been expertly trained.

Advertorial



"I had an awesome experience when I found Urban Mattress. The Yelp reviews say it all. Hands down, the best experience you will ever have buying a mattress! They should not even be called "salesmen" because never did I feel like I was being pushed into buying anything from them."

- Nave M.

"I cannot stress how amazing Urban Mattress is. I don't

generally write Yelp reviews about nonfood establishments but I had such an awesome experience — I wanted to share it with the world! We went into Urban Mattress and Steve helped us. His business partner, Ethan also showed up and helped out — the two of them are great salesmen. Friendly, funny, and easy to talk to... we left as happy campers."

— Kate S.

You can check out these reviews and many more at www.urbanmattress.com





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Project PAY OFF?

here are financial factors to consider before you choose a home improvement project and smart homeowners will consider resale value before making a major remodeling investment. Each year REMODELING magazine publishes a study that can help homeowners determine the return on investment for their home improvement projects.

This Cost vs. Value Report contrasts the cost of home improvements with their recouped value if the house is sold today. They compare construction costs for several projects, with estimates of the projects' value in a current market resale scenario. Real estate professionals in residential markets across the country provided return-on-investment estimates.

Landscaping and fresh paint may lure house hunters inside, but once in the door, buyers of existing homes look for functionality, durability, and convenience. That's why it's so important for a resale to be modernized.

Kitchens and baths are among the most popular home improvement projects, which can drive the return on investment. Reports often show

that many remodeling dollars are spent within the first two years of move in. Under those circumstances repair and replacement projects such as windows or siding may get first attention if they require maintenance. As the housing stock ages, and existing homes continue to sell more than 6 million units a year. those projects may see an increased return on investment. To perform as an amenity, your home's improvement projects should complement and match the style of the existing property.

> The resale value of each project is an estimate based on a current market resale scenario. This can be misleading because many newly remodeled homes are not put on the market so soon.

> > Smart homeowners will ask many questions before starting any

remodel or home improvement project. Get advice from both realtors and contractors to decide which home improvement projects make sense for your special circumstances and to insure you get the greatest return on your investment.

Information provided by Remodeling magazine Cost vs. Value Report. Visit: www.remodelingmagazine.com



# **HOW DOES** REMODELING

(cost recouped, for resale now national av	rerage)
Entry Door Replacement – Steel	96.6%
Deck Addition – Wood	87.4%
Garage Door Replacement	83.7%
Minor Kitchen Remodel	82.7%
Window Replacement – Wood	79.3%
Window Replacement – Vinyl	78.7%
Siding Replacement – Vinyl	78.2%
Basement Remodel	77.6%
Deck Addition – Composite	74.3%
Major Kitchen Remodel	74.2%
Bathroom Remodel	72.5%
Two Story Addition	71.8%
Entry Door Replacement – Fiberglass	70.8%
Garage Addition	69.3%
Family Room Addition	68.8%
Roofing Replacement	67.6%
Master Suite Addition	67.5%
Back-up Power Generator	67.5%
Bathroom Addition	60.1%
Sunroom Addition	51.7%
Home Office Remodel	48.9%

# Stop your money from going down the drain

any homeowners don't equate the sound of a running toilet with a drain on their pocketbook, but a running toilet usually indicates a leak. A leak of just 10 drops per minute will waste almost 300 gallons in a year. Moving into a new home is the perfect time to find and fix indoor leaks and avoid costly bills for unused water.

Toilets are one of the most common indoor culprits for leaks and high water bills. Check for leaks by placing a few drops of food coloring in the tank and waiting 15 minutes. If the color appears in the bowl, you have a leak.

Dripping faucets and showerheads can waste hundreds or even thousands of gallons of water each year, so be sure to fix them. Also, check the water supply lines under your sink for bulges in the hose or damp spots which may indicate a leak.

### Rebates are available for qualifying purchases.

Homeowners can earn money back while saving water. Denver Water offers indoor rebates for residential customers on Water-Sense-labeled toilets, including up to \$150 on ultra high-efficiency toilets (1 gallon per flush or less.)

Before you shop, call Denver Water at 303-893-2444 to see if your home is eligible for a toilet rebate. For more information on finding and fixing common household leaks, or to learn more about other rebates, visit www.denverwater.org and click on Conservation.



Not sure which products to buy? WaterSense, a program sponsored by the U.S. Environmental Protection Agency, makes it easy for you to save water. Look for the WaterSense label to choose quality, waterefficient toilets and fixtures.

### Wasting Water Is Easy: Drops Add Up

o measure a leak, count drops for 30 seconds, then check the table below to see how much water your result adds up to in a day, a billing cycle of about 30 days, or a year.

If a leak has a	It wastes the following number of gallons in:			
continuous flow of:	Drops/ minute	1 Day	1 Bill Period*	1 Year
10 drops in 30 seconds	20 dpm	1.9	58	694
20 drops in 30 seconds	40 dpm	3.8	116	1,389
30 drops in 30 seconds	60 dpm	5.7	174	2,083
40 drops in 30 seconds	80 dpm	7.6	231	2,777
50 drops in 30 seconds	100 dpm	9.5	289	3,472
60 drops in 30 seconds	120 dpm	11.4	347	4,166

\* Based on 30 days average per billing period; 365 days/year. Source: U.S. Geological Survey Water Science School

# \$150 OFF A NEW READING CHAIR.





Ultra high-efficiency toilets use up to 80% less water, and they continue to save you an average of \$50 per year on your water and sewer bills. So, we're offering Denver Water customers rebates to make the switch, up to \$150 off ultra highefficiency toilets (1 gallon per flush or less.) For details, call 303-893-2444 or visit DenverWater.org/rebates. Rebate prices subject to change.

# Revamp Your Space



### Tips from American Furniture Warehouse

urnishing your new home is an adventure in fashion – where the trends change swiftly and dramatically, same as selecting your wardrobe is centered around current fashion trends. Unfortunately, you cannot change out *all* of your furniture to keep up with constantly changing fashion trends or to update looks you have grown tired of. You can still give your new home a fresh feel, bring in the latest color trends and make your home an exciting retreat without stressing your bank account! Consider these simple designing tips:

### Rearrange

Plan one room at a time and complete it before you move to the next. Stand in the middle of the room and think about how you will use the room. Is there enough space to arrange the furniture to best suit how you plan to use the room? Go to www.AFWonline.com and experiment with the room planner if you need assistance with this step.

Other simple rearrangement ideas include moving some furniture away from the walls – this adds a unique

touch and changes the room feel and dimensions. If you are not pleased with the overall layout or feel of your room, you may also consider exchanging pieces from one room to another. Just because you bought a new lamp intended for your bedroom doesn't mean it is not better suited for your living room.



### **Add New Accessories**

Accessories are an affordable way to simply update a room, or completely revamp the feel of a space. A new piece of art hung on a focal wall can add drama and introduce a new color scheme. Use the art as a building block to pull colors into new pillows and a throw on the sofa. Other tips involving accessories:

Advertorial

- Update your lamps pick shades or bases with bright colors that engage and draw your eyes.
- Add an interesting sculpture or piece of colored glass to your cocktail table or mantle – it can become a focal point of the room.
- An area rug adds color and pattern to the floor, creating warmth and atmosphere.
- A leaner mirror placed opposite a window with a view can open a room and make it appear larger.
- A beautiful floral or a touch of greenery adds warmth to any space.

Utilizing any of these tips allows you the opportunity to add your personality to an otherwise neutral room of furniture. Accessories are a smaller purchase that can change the look of any room quickly and effectively.

### **Add An Artistic Accent**

A painted chest or antique armoire is a fashion statement when it is added to most furniture styles. These should not match your existing décor, but instead stand out as an artistic expression complementing your other furnishings. An example of this would be adding a Ningbo (Asian) antique painted piece to a very clean con-

temporary room. The result will be a unique fashion statement that will be charming, as well as create conversation among your friends!

Explore your creative side...ask a creative friend to join you...or take advantage of the experienced, professional sales associates at

American Furniture Warehouse to partner with you to pull it all together. They provide the lowest prices on all furniture and accessories, and can help you develop a look you want within *any* budget. Even if your look demands a lot of items, with a good plan, you can buy as you have the money available and be assured it will all come together when complete.

# Custom Closets – What to Look for, and Where

ark Lestikow, president of The Closet Factory in Denver encourages new movers to use this as an opportunity to change bad habits and get organized right from the start. "Moving into a new home with newly organized closets adds to the pleasure of a happy experience. I would definitely encourage new movers to organize their closets now, to facilitate settling into their new environment and avoid dissatisfactions that may arise from the honey this doesn't fit syndrome."

The following five questions should help you identify the closet, and the closet company right for you.

- 1. Are there different types of closet systems, or are they all pretty similar? There are two main types of closet units. One is called a wall-hung system, and the other a floor-based system. Ask the closet companies you interview the difference between the two, and which would be most appropriate for your individual needs and expectations.
- **2.** Custom manufactured vs. prebuilt systems? Although most closet companies say they are custom, few truly are. A custom closet, as you would expect, is high in quality, offers more efficient space utilization and often is the best value for your investment.
- **3.** Will I have the opportunity to work with a design consultant or see a showroom with examples of product? Having a trained professional designer come to your home is a nice option because they can take your exact measurements and prepare a personalized design that fits your specific needs.
- **4.** What about installation? It is important to distinguish if the installers are employees or independent contractors. There can be a tremendous difference in the final result if a trained employee installs your custom closet versus an untrained independent.

**5.** How do I pick the right company?

The company you choose to install your custom closet is your key decision. All custom closet companies are not the same. Evaluate how you were treated from the first time you called. Were you able to speak with a knowledgeable person immediately, or at least receive a prompt returned call to your inquiry?

Be sure to get a written guarantee, preferably one that will be in effect as long as you live in the house.

Ask to see a customer list. Call some people on this list. If a company doesn't do good work, people will not likely recommend them. Enjoy your new home and your closets!

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# Now's the time to bring order to your home – and your life

nyone who has ever moved into a new home knows the giddiness of starting fresh and getting the opportunity to finally get organized!

But all too often, we rush to unpack and then spend weeks, months, if not years, trying to organize and re-organize

Don't let this happen to you. Take the time to create a game plan and then follow through. Have a designated place for every item you own BEFORE you unpack one box.

### **Get started**

Hopefully, you already purged unused, broken or unneeded items BEFORE you moved. This not only saves time, money and precious space, it allows you to move into your new home without additional clutter.

Beginning with the kitchen — lay out a plan to store items closest to the area you will use them.

- Place cookware adjacent to the stove while glassware and dishes should be stored near the sink and dishwasher.
- Keep sandwich bags, foil, plastic wrap and parchment paper in one drawer for quick access to pack lunches or wrap up leftovers.

- Use risers or lazy-susans to display spices, canned goods and other pantry items in cupboards to avoid things getting lost in the back.
- Consider a grocery inventory list on the fridge or inside a cupboard to avoid duplicate items.
- If you love to bake, create a special area to house all your baking dishes, mixers, rolling pin, flour, sugar, etc. in one place.
- For fine china and crystal that is not used daily, pack carefully and store elsewhere, such as the basement, garage or a buffet so it doesn't take up precious real estate in your kitchen.

In living areas, seek out furniture that not only is beautiful but functional to help with your storage needs. For example, a trunk that can be filled with blankets and extra pillows can make a great cocktail table. Built-ins can artfully display sentimental items, framed photos, books and plants.

Keep bathrooms clutter-free for easy clean-up. Install medicine cabinets and make full use of cabinetry to store essentials. Stock each bathroom with a mini cleaning kit: surface, glass and toilet bowl cleaners, sponges, paper towels, etc. Stowed in a handled bucket under the sink, this portable kit will make keeping up with daily and weekly cleaning a snap.

Avoid turning your entryway into a dumping ground by installing hooks for coats and backpacks, put out a basket or

boot tray for footwear and have a small table with a beautiful bowl or soap dish to keep keys from getting lost. A nearby wastebasket catches junk mail.

### A closet case

One of the most important spaces to organize is in your closets.

- Store outerwear, umbrellas, hats, gloves, scarves in your hallway closet. Don't overstuff it so you have room for visitor's belongings when entertaining. Install hooks inside the door for a tote that you can fill with items going to the dry cleaner. When it's full, just take the tote to your car.
- In your bedroom closets, sort like items together and organize by color BEFORE hanging anything. Use the same hangers – wooden, padded or those velvet-covered slimline ones for a beautifully cohesive look.
- Keep frequently used items at eye-level.
- No shoe shelves? Store footwear in clear boxes or tape a photo to the outside of each shoebox to save time looking for just the right pair of heels or loafers.
- Optimize your linen closets by storing same-sized sheet sets together in their matching pillowcases. Use tote-able baskets or canvas cubes to store extra tablecloths, napkins and placemats. Another option is hanging cleaned and pressed tablecloths on a skirt or pant hanger in your closet.
- If you have extra closets, store out-ofseason clothes there or in long plastic bins under the bed. A well outfitted closet should including shelving, hanging space with varying heights, drawers and/or open storage bins. If your closet falls short, consider investing in a closet organizing system.

So now that you are completely organized, you need to stay that way. Make a habit of putting things away when you're done using them. Each night spend just 10-15 minutes before bed straightening things up, wiping down countertops and returning misplaced items to their rightful home.

Waking up each morning to a clean, orderly home will set a positive tone for the day ahead.

# Making One Room into Two – With a Murphy Bed

hether downsizing or moving into a new home with a growing family, you may find yourself wishing to magically change that guest room into an office or craft room as well. A Murphy Bed is a great solution to this dilemma: by disappearing into the wall when guests aren't there, it's giving you the office and storage that you need while still keeping your guests happy with a real bed.

By disappearing into the wall when guests aren't there, it's giving you the office and storage that you need while still keeping your guests happy with a real bed.

The original Murphy Bed was invented by William Murphy in the early 1900's to solve the need to hide his bed while entertaining in his tiny one room apartment in San Francisco. The Murphy, or Wall bed, as it also called, has come a long way since then, with the range of materials and accompanying furniture limited only by your space itself.

### What Does a Murphy Bed Look Like?

"Although the web is a good place to start, a Murphy Bed is such a visual product that it needs to be seen to understand all the options that are available. That's why we built our two story showroom which contains over 23 displays," says Steve Beckmann, the owner of Smart Spaces. Now in its eleventh year, Smart Spaces is unique

> in that its main focus is the Murphy Bed with its accompanying furniture such as offices, closets and entertainment centers. Steve estimates that they have designed and built over 3300 beds, ranging from

the simple side bed for a basement to cabinetry containing everything from Hindu shrines to coffee makers.

"It generally takes people two or three visits to truly decide what will best work for their space. Our designers have excellent software that help the customer envision how their room can be used. Everything is custom built, and designs can often

take weeks to complete with the designers coming out to measure and offer suggestions to modify the plans."

### **How Big Does My** Small Room Have to Be?

The size of the bed depends on the height of the wall where the Murphy Bed would go. Generally 90" is needed for a queen and king size bed, while full and twin sizes require 85" in height. If the ceilings are lower, then a side Murphy Bed works equally well and is often used in basements and in narrow rooms where the width is an issue.

Once color, material, mattress and handles are decided, the order goes into production which takes place onsite at the store. (Ask the owners for a peek downstairs to see the furniture being made.)

With your bed installed and your new found space, you will wonder why you hadn't bought a Murphy Bed before!

Mention this article and receive \$100 off your purchase!\*



# A Simple Phone Call Can Save A Life



Simple digging jobs can damage utility lines and disrupt vital services to an entire neighborhood, harm those who dig and result in expensive fines and repair costs.

omeowners, digging and excavating near underground facilities can be dangerous. Lives are lost and excavators and homeowners are seriously injured excavating in Colorado. In addition, underground facilities are damaged. Help protect the lives of loved ones in your family and community and ensure the smooth operation of our vital public services.

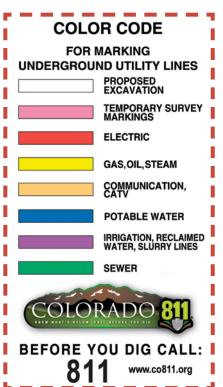
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- The locate marks are valid for 30 days or until they can no longer be seen, whichever comes first.
- If the facility is damaged at any time, notify Colorado 811 immediately so that we may contact the utility owner. Remember to first call 911 if someone is injured.

Colorado 811 encourages all contract excavators, landscapers and fencers to call for locates prior to beginning any excavation work.

For more information, call Colorado 811 at 303-232-1991 or visit our web site at: www.co811.org. Thank You.





# **Understanding Causes & Prevention of Osteoarthritis**

By Joseph Assini, M.D. Orthopaedic Physicians of Colorado



ou might have heard of osteoarthritis (OA) or know someone who has it — after all, it is the most common joint disorder that affects men and women. OA is a chronic condition that is caused by wear and tear on a joint in the body, oftentimes occurring in the elderly as the body ages and joints deteriorate.

To prevent OA, it's impor-

tant to manage your weight and wellbeing. Overweight people will feel the uncomfortable symptoms of OA in their joints, including stiffness, pain and loss of movement. The symptoms develop gradually, so it's important to maintain a healthy lifestyle and take care of your body.

Staying active can reduce your likelihood of developing OA. Engaging in low impact exercises is a great way to keep your joints working smoothly. Lifting weights, stretching to improve flexibility, improving your core strength, and strengthening the muscles around your hips and knees are good ways to prevent OA.

Another way to ensure the health of your joints and improve cartilage health is to take glucosamine supplements. Glucosamine is a natural chemical compound in the body, and taking it as a supplement keeps the cartilage in joints healthy and can ease joint pain.

If you are experiencing OA symptoms, like activityrelated pain, soreness that worsens toward the end of the day or pain that is relieved with an anti-inflammatory, you might have arthritis and should visit your doctor. For more information, or to book an appointment, call 303-789-2663 or visit www.orthophysicians.com.



Joseph Assini, M.D., specializes in adult hip and knee replacement and joint reconstruction at Orthopedic Physicians of Colorado. His practice focuses mainly on hip and knee replacement and general orthopedic trauma.

# **Vital Vaccinations for Moms-To-Be**

By Juliet Leman, M.D. Women's Care of Colorado



often get questions from women who are pregnant or are trying to get pregnant about whether receiving vaccinations during pregnancy will make them sick or be a health risk to their baby. It's important for everyone to be vaccinated to defend against common viruses and diseases, but this is especially true for pregnant women. The most important vaccinations for pregnant

women and those around them are the flu shot and Tdap.

Flu season can be hazardous to pregnant women who are more prone to catch influenza. Pregnant women should receive a flu shot to protect themselves and their babies from the virus. Getting a flu vaccine with a needle and syringe during pregnancy is perfectly safe and strengthens both the mothers' and babies' immune systems. The benefits received by the baby will continue to boost their immune system even after he or she is

born. All family members who will be in close contact with the mom-to-be should be vaccinated for the ful as well.

Pregnant women should also receive a Tdap vaccine, advisably between 27 and 36 weeks. Tdap is a booster immunization that protects from three serious diseases: diphtheria, tetanus and pertussis (whooping cough). While a pregnant woman may have gotten her Tdap when she was young, it can lose effectiveness as she gets older. Families of pregnant women - particularly grandparents - should receive a Tdap booster shot as well.

To learn more about vaccinations during pregnancy, book an appointment at www.womenscarecolorado.com.



Juliet Leman, M.D., treats patients at Women's Care of Colorado. Her areas of interest include obstetrics, gynecologic surgery and the care for women in all stages of life. She also has an emphasis in minimally invasive surgery, including single incision laparoscopic hysterectomies.

# Yes, You Can Join a Credit Union!

t used to be that a person could only open an account at a credit union because they or a family member was employed by a certain company,

or they worked for

Here are the top reasons to join a credit union.

the government. That has changed because now just about anyone will find they are eligible to join a credit union.

> As you begin to settle into your new community and wade through the numerous options available, you just may find that credit

union membership is the answer to all your financial needs.

# Taxes: Can you write off your recent move?

t's expensive to move. Once the excitement of your new home wears off, you may find yourself dealing with bills for movers, boxes, storage and utility hookups. The stress of a move might be reduced by the fact that the IRS may help offset some of those costs. If your recent move satisfies three criteria, some expenses are deductible.

### Moving for a job

If you need to relocate for employment, your move may be deductible. There are no restrictions on this provision. It doesn't matter if it's your first job, your 10th position, your current role if your office has moved, or if you have been recently unemployed. As long as you or a jointly filing spouse need to move for work, this requirement is fulfilled.

### The 50-mile rule

The distance between your new career opportunity and your former home must be at least 50 miles greater than your previous commute. For example, if your commute used to be five miles, your new job must be at least 55 miles from your previous residence. This applies to either spouse.

### **Full-time employment**

You or your spouse must be employed full-time for a minimum of 39 weeks during the year following the move. You do not have to remain with the same employer, however. The move qualifies as long as your employment is in the area of your new residence.

If you are self-employed, you must work full-time at least 78 weeks in the two years following the move.

If your move satisfies all the criteria, congratulations. It is tax deductible!

### What moving expenses can you write off?

### • Packing and shipping expenses

This includes the cost of boxes, packing materials, moving companies, and insurance. Storage of 30 days or less is also included. And, don't forget Fido! Expenses related to transporting household pets are deductible.

### • Travel costs

Costs incurred while traveling to your new residence (once) are eligible. This includes charges for lodging (not food) and either the actual cost of your oil and gas OR 24 cents per mile.

### Utilities

Any charges (penalties or hookup fees) for disconnecting utilities at your previous residence and obtaining utility service at the new place are tax deductible

### What next?

### Receipts

The IRS loves documentation, so save all receipts related to the move.

### • IRS Form 3903

By IRS standards, this 'Moving Expenses' form is clear and easy to understand. Once it's filled out, the write-off amount will show up on page 1 of your 1040.

For more information: http://www.irs.gov/uac/Form-3903,-Moving-Expenses http://www.irs.gov/publications/p521/

### 1. Better interest rates and lower fees.

Credit unions are usually able to offer their members better interest rates and lower fees. When you're getting better interest rates and paying lower fees, you get to keep and save more of YOUR money, helping you take-charge of your financial life.

### 2. Full line of products and services.

Most credit unions can give you the same services as a bank—like checking, savings, investment funds, mortgage loans, car loans and even school loans-and credit unions will offer online financial services and bilingual capabilities as well.

### 3. Convenient.

Credit unions are financial cooperatives, and that means they cooperatewith their members and with other credit unions. Through that cooperation, credit unions have one of the largest ATM networks in the U.S. Credit union members have convenient access to 25,000 surcharge-free ATMs in the U.S., 800,000 ATMs worldwide and more than 2,300 lobby locations in the U.S. and even some foreign countries.

### 4. Member-owned.

Credit unions are owned by their members and they operate to make profits for each individual, no matter how big or small their account balance.

### 5. Expertise.

Credit unions know what they're doing. They have the expertise and will give you the personal attention you need to help you make important financial decisions that will benefit your bottom line, not theirs. Credit unions treat you like the boss, because at a credit union you're not just a customer vou're an owner.

Check out the credit unions in your community and discover why they rank high in customer satisfaction surveys. Also, check out Westerra Credit Union, page 5 and Bellco Credit Union, page 21.

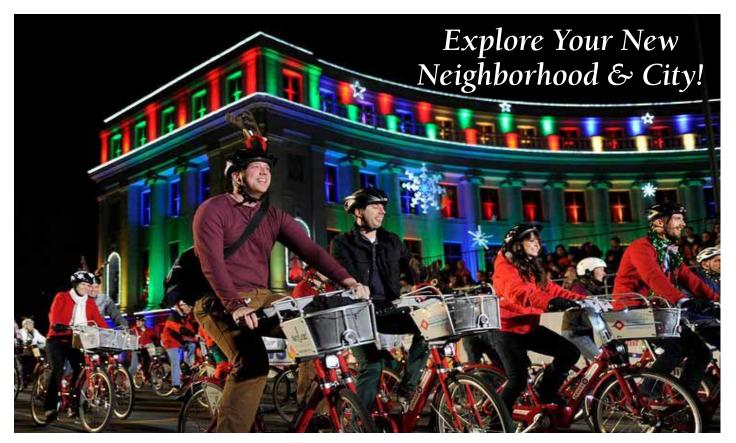
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# Hello neighbor! Save \$15 on 365 days of riding red bikes to explore Denver.

magine the convenience of hopping on a red bike near your home or office anytime you felt like it. You can run errands, grab lunch, ride to the bus or light rail, or just spin around town – It is great way to explore your new neighborhood and city! You could also use the bike with out-of-town visitors or ride to events and attractions.

That's the convenience of B-cycle. Your bike is there when you need it and gone when you don't. Even if you have a bike or three, it makes sense. You don't have to maintain the bike, store it, or

worry about theft. It's waiting for you at any B Station.

There are 84 located throughout downtown Denver, Cherry Creek, Highlands, Capitol Hill, and the Baker neighborhoods. Want to catch a game, see a museum or shop? Denver B-cycle also has stations at all of the major cultural facilities, attractions and sporting venues.

As a B-cycle member, you just swipe your membership card, select your bike, and go. Denver & Boulder B-cycle are open year round, giving you a transportation option that you can use all four seasons! And if you are a Denver B-cycle member and commute to Boulder, your card works in Boulder too and 21 other B-cycle cities across the country.

Our signature red bikes have all the amenities you need – a great basket for carrying bags and groceries, pedal powered safety lights, a bell, and even a handy lock if you want to lock the bike up between stations.

For just \$65 you can have 365 days of B-cycle in Denver. Rides longer than 30 minutes will incur nominal standard overtime fees.

**Denver residents** – Denver B-cycle membership costs \$65. To join, go to DenverBcycle.com, click on the Join Now button and enter the Promo Code Welcome14. Or call 303-825-3325 for more information.

B-cycle is good for the environment, healthy for you, and so convenient. No more looking for a parking space or hassling to store your own bike. With your B-cycle membership, you just hop on the bike and go!



Advertorial

# Way to Go: Find a better commute

At My Way to Go, it's easy to find a carpool, vanpool, transit route or bike/pedestrian path. Just try it and get started on a better commute today. Visit MyWaytoGo.org.

# **Free Services!**

id you know Way to Go provides free consultation to employers? That's right. Just give us a call or send us an email if you'd like us to talk to your employees about all of their transportation commute options. We can help evaluate your employees' needs, help spread the word and provide assistance to anyone who needs it and then measure success.

Employees who aren't stressed out by their morning commute tend to be happier, healthier and may stay at their jobs longer. And those who carpool, bike, walk or take transit can save money while helping make the environment a cleaner place for everyone.

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raffic congestion, travel delays and air pollution all point to a problem the Denver metro area and its commuters face daily. My Way to Go, an innovative web-based trip planning tool recently launched mywaytogo.org, offering area residents a convenient central resource to explore multiple commute options. The Denver Regional Council of Governments (DRCOG) Way to Go program debuts the one-stop shop that allows commuters to easily and comprehensively compare their trip options and make informed choices. Best of all, it's free!

# waytogo

Users can simply enter their trip information to quickly see their commute options and compare travel time, distance, cost and health benefits, including calories burned and such environmental impacts as CO2 generated. The tool incorporates transit (including bus and light rail), biking, walking, carpooling and vanpooling, comparing each option to driving alone. "This tool is really the first of its kind in the country, comparing different aspects of commute information on multiple modes in just a few quick and easy

steps," said DRCOG Executive Director Jennifer Schaufele. "It offers Denver region commuters the best available multimodal trip planning experience."

DRCOG pioneered ridematching services in the region in the 1970s as a response to the energy crisis using a time-intensive manual tracking system to form carpools. And while the underlying technologies have changed over the years to computer-based systems, the offerings still fell short of the experience the Way to Go team envisioned.

"Market research indicates that one of the key barriers for people even considering other options is the difficulty in finding good information. Visiting multiple websites to explore options, calculate costs and incorporate other variables makes it more work than people think it's worth," said Schaufele. "We're removing that barrier."

The interactive website is easy to use and offers mobile interface on smartphones and tablets without requiring an app.

Commuters can start exploring their options at www.mywaytogo.org; businesses can ask for a demonstration from a Way to Go specialist (303-458-7665) to see how they can help their employees use the new tool.



# **Enter to Win**





Iust fill out the card located on page 25 of this Winter edition of Welcome Home.



On March 15, 2015 we will hold a drawing and select one lucky winner to receive a \$250 Gift Card from American Furniture Warehouse!

For complete details, visit www.welcomehomemag.com or send a self-addressed envelope to Publisher/Welcome Home Magazine of Denver, 79 Spyglass Drive, Littleton, CO 80123.

# **Enter to Win**



a \$250 Gift Card from urban mattress

Just fill out the card located on page 25 of this Winter edition of Welcome Home.



On March 15, 2015 we will hold a drawing and select one lucky winner to receive a \$250 Gift Card from Urban Mattress!

For complete details, visit www.welcomehomemag.com or send a self-addressed envelope to Publisher/Welcome Home Magazine of Denver, 79 Spyglass Drive, Littleton, CO 80123.



elcome to your new home in the Denver metropolitan area. The following information should be helpful whether you are a newcomer or simply moving within the area. Keep this reference guide in a handy place so you can refer to it often

The advertisers in this magazine all supply products and services that you may need soon after moving. Many even provide coupons and special offers. If you'd like to request more information from any of our advertisers, please refer to the Free Information Card that is located on page 25 of the magazine.

### Colorado.gov

Visit this fact-filled official Colorado Web site for any detailed information you may need regarding Colorado laws, drivers licenses, employment, education and much more.

### **USA.gov**

This is the Federal Citizen Information Center. Log on to the official gateway to all government information. As the U.S. government's official web portal, USA.gov makes it easy for the public to get U.S. government information and services on the web.

### **Ten Digit Dialing**

As a newcomer, you need to be aware that Colorado has ten-digit local dialing. It's really very easy. Just remember to dial the area code before the seven-digit local number. Dialing "1" before the ten digits is only needed when placing a long distance call. Keeping this in mind could prevent you from seeing unnecessary long-distance charges on your telephone bill. Remember, too, that you shouldn't dial a "0" when placing a ten-digit local call. Doing so will only route your call directly to a telephone operator.

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### **Motor Vehicle Laws**

Colorado license plates must be obtained within 30 days after residency has been established. For motor vehicle registration and driver's license purposes, you are considered a resident if you are employed in Colorado, own or operate a business in Colorado, or have rented or purchased an apartment or home.

Non-resident students and Armed Forces personnel are not required to obtain Colorado license plates or a Colorado driver's license if they have valid plates and a valid license from their home state.

A newcomer to Colorado must obtain a Colorado driver's license within 30 days after establishing residency. In most cases, if your present license is valid, you will only need to pass a written examination and eye test. For more information call 303-205-5600 or visit dmv.org/co-colorado

### **Auto Emissions Inspections**

Emission testing is required when registering or selling vehicles in the counties of Denver, Boulder, Broomfield, Jefferson, Douglas and partial areas of Adams and Arapahoe counties. Testing can be done at any one of Envirotest's 14 convenient locations, or ask about Rapidscreen Roadside Emissions Testing. For more information on station locations, maps and directions, testing requirements and procedures, company information and job opportunities, visit them on the web at aircarecolorado.com or call the Air Care Colorado Hotline 303-456-7090 (See ad page 26.)

For further questions call the Department of Revenue Emissions at 303-205-5603.

### **Automobile Registration**

To obtain your registration you must register your car in the county where you live and you must bring the following items:

- 1) A valid emissions test and a form DR2087 showing verification of your vehicle I.D. number. Both of these are available from an Emissions Inspection Station.
- 2) Vehicle title and registration.
- 3) Proof of insurance, which must include the year, make, and vehicle identification number (VIN) of the vehicle. Also, be sure to include the policy effective date.

A Colorado State vehicle inspection is required on all vehicles purchased with an outof-state title. Fees may be paid by check, cash or

You can contact your particular county for further information. Operating hours may vary. Check with each office for details.

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. 720-523-6010
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303-464-5888
303-376-2200
303-660-7440
303-271-8100

### **Driver's License**

Residents can apply for a Colorado driver's license by completing the following requirements:

- 1) Pass all required exams, which may include written, vision and road skills.
- 2) Submit previous license, permit, birth certificate or other document that shows proof of identity and current age.
- 3) Reside at a Colorado residence address and provide proof of legal presence.
- 4) Have your photograph and fingerprints taken.
- 5) Pay the required fee.
- 6) Driver's license available at any one of the following offices in the metro area:

Boulder	303-442-3006
Castle Rock	303-627-0985
Denver-Central	303-937-9507
Denver-NE	303-373-0161
Evergreen	720-497-1182
Lakewood	
Littleton	303-795-5954
Northglenn & Thornton	720-929-8636
Parker	303-627-0985

For further assistance regarding driver's license information call 303-205-5607.

### **Automobile Insurance**

Under Colorado's tort system you are only required to buy liability coverage to pay for medical bills and property damage that you cause when you are at fault in an accident. You may also choose to buy additional medical coverage to help pay for your own injuries. For more information contact RMIIA......1-800-355-9524

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# If It's Lit, Don't Ignore It!



hat pesky "check engine" light keeps hounding you. You thought it might go off, but it hasn't. Or if it does, it only stays invisible for a short time before it is pestering you every time you turn the key. What to do?

You could cover it with electrical tape and keep on driving, but this will not solve your problem. Even if you can't see it, the state required emissions inspection can. When it comes time for your vehicle to be inspected, the test will detect the problem and your vehicle will fail or require additional testing.

In Colorado, a check of the On

Board Diagnostics (OBD II) system, by way of the "check engine" light, has been a part of the emissions testing process for a long time. However, over the past decade or so, if the light was illuminated, the vehicle didn't fail the test but instead the vehicle owner was "advised" that it was on and that it should be checked.

Beginning in 2015, however, all of that changes. Vehicles 8 to 11 years old will fail the emissions inspection if the "check engine" light is lit or missing, and older vehicles will require an additional more stringent inspection. All of this is for good reasons; if the "check engine" light is on, there is a good chance that the vehicle is polluting more than it should, and the vehicle is likely using more gasoline than necessary, costing you money at the gas pump.

### So, what should you do?

Tightening or replacing your gas cap may take care of the problem and the light will go off shortly. A loose or missing cap sends a message to the OBD II system reporting a leak in the

vapor recovery system causing the "check engine" light to illuminate. If the light does not go off, it's time to seek professional help. If the light is blinking, do it NOW, as this is an indication of a serious problem.

You can find professional **help** at www.AirCareColorado.com/ fail-and-repair-information. Here you will find a list of qualified repair shops and technicians, by city. For approximately \$100, a good technician can perform a diagnostic check of the OBD II system to find the problem and recommend repairs before the problem leads to larger, more costly

As for the cost of OBD/"check engine" light-triggered repairs, the United States Environmental Protection Agency (EPA) has reported no increase over repairs triggered by traditional tailpipe or dynamometer inspections.

repairs later on.

OBD systems make it possible to detect malfunctions before they lead to high emissions, increased fuel costs and more expensive repairs. So, if it's lit, don't ignore it!

# Need an emissions test? visit one of Envirotest's

14 convenient testing locations throughout the Denver-Boulder metro area.

### STATION LOCATIONS

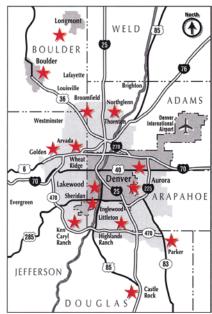
- \* Arvada Aurora
- 5185 N. Marshall Street
- 12042 E. 30th Avenue
- Boulder
- 5655 Airport Boulevard 11609 Teller Street
- ★ Broomfield ★ Castle Rock
- 541 Topeka Way
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- 8494 S. Colorado
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  - 4040 Rogers Road
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- 1950 E. 112th Avenue
- ★ Parker
- 10199 Park Glenn Way
- \* Sheridan
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FOR MORE INFORMATION ON STATION LOCATIONS, DIRECTIONS, WAIT TIMES AND RAPIDSCREEN ROADSIDE EMISSIONS TESTING, CALL THE



AIR CARE COLORADO HOTLINE 303-456-7090



www.aircarecolorado.com

### **Road Conditions**

For updated road conditions throughout Colorado, call the Road and Weather Information Hotline from the Colorado Department of Transportation (CDOT). ..... 5-1-1

### **Child Car Restraints**

It is a Colorado State law that every child under 4 years of age and weighing less than 40 pounds must be in an approved child car seat.

### **Transportation**

Colorado Department of Transportation (CDOT) administers a variety of state and federal programs to complete projects that enhance our comprehensive transportation network. For a complete list and description of programs now in full force, visit www.coloradodot.info/programs.

### **Denver International Airport**

Airport Paging	303-342-2300
Ground Transportation	
Lost and Found	303-342-4062
RTD's Skyride	303-299-6000
SuperShuttle	.800-BLUE-VAN

### Taxi Service

Metro Taxi	303-333-3333
Yellow Cab	303-777-7777
Zone Cab	303-444-8888

### Train Service

Amtrak - Union Station Info ....... 303-534-2812

### **Bus Service:**

The bus service is provided by Regional Transport District (RTD). ......303-299-6000

Provides local, express and regional bus and light rail service throughout the metropolitan area. Also includes Park-n-Ride locations and offers special services such as skyride bus service to Denver International Airport (DIA), Broncos-Ride and RockiesRide.

### **Commuting Options:**

A program of The Denver Regional Council of Governments, My Way to Go offers reliable, easy, environmentally-friendly, no-nonsense commuting options to Denver area commuters. They can help you find a carpool, vanpool, transit route, or best paths for biking or walking. Visit their website at www.mywaytogo.org. For more information and free personal assistance, call 303-458-7665 or send an e-mail to: waytogo@ drcog.org.

### Bicycles:

Denver B-cycle and Boulder B-cycle offer over 100 bike stations for you to simply hop on a bike and go!

- Denver residents: Denver B-cycle membership costs \$65, unlimited rides, 365 days a year. Call for more information at 303-825-3325 or go to **DenverBcycle.com**. Click on the Join Now button and enter the Promo Code Welcome 14
- Boulder residents: Boulder B-cycle membership costs \$65, unlimited rides, 365 days a year. Call for more information at 303-532-4412 or go to BoulderBcycle.com. Click on the Join Now button and enter the Promo Code Welcome 14.

### **Credit Unions**

Westerra Credit Union	303-321-4209
Bellco Credit Union	800-235-5261

### **U.S. Postal Service**

Postal Answer Line1-800	)-275-8777
WW	w.usps.com

### **Time & Temperature**

Weatherline	303-337-2500

### Libraries

Arapahoe	303-542-7279
Aurora	
Brighton	303-659-2572
Boulder	303-441-3100
Denver Public Library, Main	720-865-1111
Douglas County	303-791-7323
Englewood	303-762-2555
Jefferson County	303-235-5275

### **Voter Registration**

- Voters who move from one county to another in Colorado must re-register to vote in the new county.
- Voters who move within the county must complete a change of address at least 29 days prior to an election.
- Residents can register to vote or change an address at any Driver's License office, City Clerk's office or Motor Vehicle office.

Adams County	720-523-6020
Arapahoe County	303-795-4511
Denver County	
Douglas County	
Jefferson County	



### **Pet Licenses**

Dogs and cats living in most of the Denver metro area must be licensed annually and vaccinated against rabies. They must be vaccinated within 30 days, or have been vaccinated within the past 12 months. Most communities have strict leash laws. For more information, call the Animal Control offices in your county.

Adams County	303-288-3294
Arapahoe County	
Boulder County	303-441-3626
Broomfield County	303-438-6400
Denver County	303-698-0076
Douglas County	303-660-7529
Jefferson County	303-271-5070

### **Emergency Numbers**

In most areas 9-1-1 will access emergency ambulance, fire or police. Please verify that this is indeed true for your county, as there are some exceptions.

### County Sheriffs

Adams County	303-654-1850
Arapahoe County	303-795-4711
Boulder County	303-441-4444
Denver Police	720-913-2000
Douglas County	303-660-7500
Jefferson County	
Rocky Mountain Poison Cente	er 303-739-1123
Kcel Energy Electric Emergen	cy/
Power Outage	1-800-895-1999
Kcel Energy Gas Emergency/	
Gas Odor	1-800-895-2999

### **Utilities**

Χ

### Gas & Electric

Xcel Energy

### 24-Hour Emergency

Electric Emergency/ Power Outage 1-800-895-1999 Gas Emergency/Gas Odor......1-800-895-2999

### Residential

24-Hour Customer Service	
and Billing	1-800-895-4999
TDD/TTY Support	1-800-895-4949
Product Information and Sales.	1-800-895-4999
HomeSmart from Xcel Energy A	Appliance

### Service/Installation ......1-866-837-9762

### Business Solutions Centers -

Customer Service & Billing ......1-800-481-4700

### Call Before You Dig/Utility Notification

Center of Colorado......1-800-922-1987 Web site ......xcelenergy.com

CenturyLink......800-603-6000 centurylink.com

### Water

The Denver Water Department is the major supplier for the Denver metro area, although there are some exceptions depending upon where you live. For further information on billing and service in your area, contact the Denver Water Customer Service Department. After Hours Emergencies ...... 303-628-6000

### **Free Consumer Guide Smart Energy Living**

Learn how to reduce energy consumption, save money and improve Colorado's environment with energy-efficient home improvements from The Colorado Energy Science Center (CESC). To reserve your free copy of Smart Energy Living, while supplies last, go to: ...... energyscience.org

### **Trash Removal**

Garbage collection is included as a city service in the city of Denver. In all other metro areas, you can retain the services of one of the many private contractors available. In the City and County of Denver, call Solid Waste 

### **Recycling Hotlines**

Governor's Office of Energy Management and Conservation ...... 303-866-2100 Colorado Department of Public Health and Environment (CDPHE) ..... 303-692-2000

Environmental Recycling Hotline: This national hotline provides information on where to recycle waste paper and boxes, glass, scrap metals, plastic, waste oil and tires. It has an electronic database of state recycling programs which lets callers enter their zip code to find recyclers in their area. Visit earth911.com or call 1-800-253-2687

### City of Denver 3-1-1 Call Center

Citizens in Denver can now call 3-1-1 as a free service to get answers regarding all city related business including reporting a pothole, purchasing a parking permit, starting a new business or getting a marriage license. Also visit www.denvergov.org.

### **Dial 2-1-1 For A Community Connection**

Colorado 2-1-1 launched in metro Denver and surrounding communities in October 2003. It gives citizens one number to call when they need access to human services such as food bank locations, low cost healthcare for children as well as a direct link to non-emergency help for all kinds of community services. Also visit 211colorado.org.

### **Denver/Boulder Better Business Bureau**

The BBB is a membership-based nonprofit organization dedicated to promoting and fostering the highest ethical relationship between businesses and the public through voluntary self-regulation, consumer and business education and service excellence. The BBB offers free information to the community regarding local businesses and charities. Visit denver.bbb.org or telephone 303-758-2100

### **Chambers of Commerce**

For helpful information on schools, cable service, cultural events, community activities, libraries and parks, call your county's Chamber of Commerce.

Arvada......303-424-0313 arvadachamber.org Aurora......303-344-1500 aurorachamber.org Boulder .....303-442-1044 boulderchamber.com Denver ....... 303-534-8500 denverchamber.org Golden ...... 303-279-3113 goldencochamber.org South Metro Denver (including ... 303-795-0142

Englewood & Littleton)..... bestchamber.com West Chamber...303-233-5555 westchamber.org Metro North Chamber of Commerce

metronorthchamber.com

### **Volunteer Opportunities**

metrovolunteers.org Boulder County Volunteer Connection......303-444-4013

volunteerconnection.net



### **Senior Services**

American Assn. of Retired Persons Colorado State Office......888-687-2277 aarp.org/states/co Association for Senior Citizens ..... 303-455-9642 association for senior citizens.com DRCOG Area Agency on Aging .....303-455-1000 drcog.org CareConnect of Boulder County...303-443-1933 careconnectbc.org seniorshelpingseniors.com Seniors! Inc. ....... 303-300-6906 seniorsinc.org

### **Child Care Referrals**

care providers and child care centers in your area, call one of the following agencies: Metro Denver Child Care Resource and Referral ......303-969-9666 frcce.org City of Boulder Children's Youth & Family Services (Boulder)....303-441-3544 bouldercolorado.gov Jefferson County Child Care Assn. 303-969-8772 jeffcochildcare.org

To get a referral for licensed in-home child



### **Schools**

There are 18 school districts in the sevencounty Denver metropolitan area. Information on these educational systems may be obtained by

### Colorado Department of Education

201 East Colfax Ave.,.....303-866-6600 Denver, CO 80203 www.cde.state.co.us

### **Online Schools**

No matter shere you live in Colorado, you can enroll your child in an online school of your choice at no cost beause it is a public school. For a complete listing of online schools in Colorado, visit www.cde.state.co.us/onlinelearning/schools.htm.

### **Denver Metro Area Hospitals**

Aurora - HealthONE - The Medical Center of Aurora ......303-695-2600 auroramed.com Aurora - HealthONE - Spalding Rehabilitation Hospital ...303-367-1166 spaldingrehab.com

# **Duro-Tuff Window**

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Boulder - Boulder Community
Hospital303-440-2273 bch.org
Brighton - Platte Valley Medical
Center
Centennial - HealthONE - Centennial Medical
Plaza303-600-3000 auroramed.com
<b>Denver</b> - Centura Health - Porter Adventist
Hospital303-778-1955 centura.org
Denver - Centura Health - St. Anthony Central
Hospital720-321-0000 centura.org
Denver - Children's Hospital 720-777-1234
thechildrenshospital.org
<b>Denver</b> - HealthONE - Presbyterian/St. Luke's
Medical Center 303-839-6000 pslmc.com
Denver - HealthONE - Rose Medical
Center
Denver - Denver Health Medical
Center303-436-6000 denverhealth.org
Denver - National Jewish Center303-388-4461
nationaljewish.org
Denver - St. Joseph Hospital 303-837-7111
exempla.org
Denver - University of Colorado
Hospital
Denver - Veterans Affairs Medical
Center303-399-8020 denver.va.gov
Englewood - HealthONE - Swedish Medical
Center303-788-5000 swedishhospital.com
Lafayette - Good Samaritan Medical
Center303-689-4000 exempla.org
Littleton - Centura Health - Littleton
Adventist Hospital303-730-8900
mylittletonhospital.org
Lone Tree - HealthONE - Sky Ridge
Madical Control
Medical Center
skyridgemedcenter.com
Longmont - Longmont United
Hospital
Louisville - Centura Health – Avista Adventist
Hospital
Parker - Parker Adventist Hospital 303-269-4000
parkerhospital.org
Thornton - HealthONE - North Suburban
Medical Center303-451-7800
northsuburban.com
Westminster - Centura Health -
St. Anthony North Hospital 303-426-2151
stanthonynorth.org
Wheatridge - Lutheran Medical

### **Daily Newspapers**

There are two daily newspapers in the Denver/Boulder metro area. To order a home subscription call:

Center ...... 303-425-4500 exempla.org

The Denver Post	.303-832-3232
The Daily Camera	303-442-1202

### **Call Before You Dig**

Three working days before you begin any activity that requires digging or excavation, call Colorado 811 for location of underground utilities. This is a free service to you. Statewide 8-1-1

### **Landscaping Help**

For help in finding a landscape contractor, visit the Associated Landscape Contractors of Colorado at alcc.com or call 303-757-5611. An ALCC landscape contractor can help improve your yard with design, planting, repairs, maintenance, water features, xeriscape, decks and patios, fencing, walls and sprinkler systems.

### **Golf in Colorado**

For a comprehensive online golf course directory go to: ......golfviews.com

### **Sports In Denver**

For season tickets or information on the following teams and sporting attractions call: Bandimere Speedway......303-697-4870 Denver Broncos NFL Football ..... 303-649-9000 Colorado Avalanche......303-405-1100 NHL Hockey NBA Basketball Major League Baseball The Colorado Rapids ......303-825-4625 Major League Soccer Colorado Mammoth ......303-405-1100 Major League Lacrosse Colorado Mountain Club......303-279-3080 Colorado Golf Association ........... 303-366-4653 Colorado Ski Country USA......303-837-0793 Colorado Tennis Association......303-695-4116 University of Colorado Athletic ... 303-492-8337 Ticket Office University of Denver Athletic ...... 303-871-2336 Ticket Office

### **Shopping**

303-794-0640
303-344-4120



Belmar	
7200 W. Alameda	.303-742-1520
Cherry Creek Shopping Center -	
1st & University	.303-388-3900
Cherry Creek North - North of	
Cherry Creek Mall	.303-394-2903
Colorado Mills - Colfax & Indiana	
(near I-70)	.303-384-3000
Denver Pavilions - 16th Street Mall	
between Tremont & Welton St	S
303-260-6000	
Flatiron Crossing - Boulder Turnpike & Storage	
Tech/Interlocken Loop	.720-887-9900







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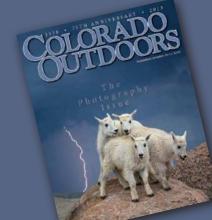


Heritage Square	
18301 W. Colfax	.303-277-0040
Larimer Square	
1400 Block of Larimer	.303-534-2367
Outlets at Castle Rock - South of	
Denver on I-25 at Exit 184	.303-688-4495
Outlets at Loveland - North of	
Denver on I-25 at Exit 257B	.970-663-1916
Outlets at Silverthorne - West of	
Denver on I-70 at Exit 205	.970-468-9440
Park Meadows Shopping Mall	
C470 & I-25	. 303-792-2533
Southwest Plaza	
Bowles & Wadsworth	.303-973-5300
Tabor Center/16th Street Mall	
16th Mall & Lawrence	.303-534-6161
Tamarac Square	202 755 5027
7777 E. Hampden Ave	
The Shops at Northfield Stapleton 8340 Northfield Blvd	
	. 303-373-3404
The Streets at SouthGlenn University & Arapahoe	303 530 7141
Oniversity & Arapanoe	.505-559-7171

### **Arts**

Arvada Center for the Arts & Humanities
720-898-7200 arvadacenter.org
Colorado Ballet 303-837-8888 coloradoballet.org
Colorado Creative Industries......303-892-3802
coloarts.state.co.us
Colorado Symphony Orchestra ....303-623-7876
coloradosymphony.org
Denver Performing Arts Complex. 303-893-4100
denvercenter.org
Museum of Contemporary Art.....303-298-7554
mcadenver.org

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Opera Colorado303-778-1500 operacolorado.org

### **Tourism**

To receive travel and tourism information for Colorado, call 1-800-COLORADO or visit colorado.com.

### **Attractions & Entertainment**

Buffalo Bill Memorial Museum & Grave ...... 303-526-0744 buffalobill.org Butterfly Pavilion and Insect Center 303-469-5441 butterflies.org Children's Museum of Denver......303-433-7444 mychildsmuseum.org Comfort Dental Amphitheatre ..... 303-220-7000 Colorado History Museum .......... 303-866-3682 colorado.com Colorado Sports Hall of Fame......720-258-3888 coloradosports.org Colorado State Capitol ......303-866-2604 leg.state.co.us Coors Brewing Company Tours .... 303-277-2337 coors.com Denver Art Museum ..... .....720-865-5000 denverartmuseum.org botanicgardens.org Denver Coliseum Box Office.......720-865-2475 denvercoliseum.com Denver Firefighters Museum ...... 303-892-1436 denverfirefightersmuseum.org Denver Museum of Nature & Denver Zoo ..........303-376-4800 denverzoo.org Downtown Aquarium......303-561-4450 aquariumrestaurants.com Four Mile Historic Park ...... 720-865-0800 fourmilepark.org Gates Planetarium ...... 303-322-7009 dmns.org Heritage Square ...... 303-285-2990 heritagesquare.info IMAX Theatre...... 303-322-7009 dmns.org Lakeside Amusement Park......303-477-1621 lakesideamusementpark.com Littleton Historical Museum ...... 303-795-3950 littletongov.org/museum Molly Brown Museum ...... 303-832-4092 mollybrown.org National Western Stock Show...... 303-297-1166 nationalwestern.com Red Rocks Amphitheater ......720-865-4220 redrocksonline.com Six Flags Elitch Gardens ...... 303-595-4386 elitchgardens.com 

### **Colorado Breweries**

www.colorado.com/Breweries.aspx

### **Parks & Recreation Information**

tinytownrailroad.com

waterworldcolorado.com

For information on Colorado Parks and Wildlife, please visit cpw.state.co.us. There are 42 parks in the state park system—six in the Denver metro area. They offer fishing, hiking, boating, camping and a subscription offer to Colorado Outdoors Magazine.

National Park Service	303-969-2000
U.S. Forest Service	303-275-5350
Rocky Mountain Region	

### **Hunting & Fishing Licenses**

For information on residency requirements and license fees call the Colorado Division of Wildlife at 303-297-1192 or visit cpw.state.co.us. Licenses can be purchased at the Wildlife Division Central Regional Office at 6060 Broadway, or at most sporting goods stores.

Hunting Info Hotline (24 hours) ... 303-291-7529 Fishing Info Hotline (24 hours) .... 303-291-7533



### **Colorado Ski Resorts**

COTOTAGO DAT RESOLTS	
Arapahoe Basin	888-272-7246
Aspen Highlands	800-308-6935
Aspen Mountain	
Buttermilk	800-525-6200
Copper Mountain	800-458-8386
Crested Butte	
Eldora	800-440-8700
Howelsen	
Loveland	
Monarch	888-996-7669
Powderhorn	970-268-5700
Purgatory	
Silverton	
Ski Cooper	
Ski Granby Ranch	
Snowmass	
Steamboat	
Sunlight	
Telluride	
Winter Park	
Wolf Creek	
General Information, snow report,	
free guide	

# Winter Adventure Awaits at Colorado's State Parks

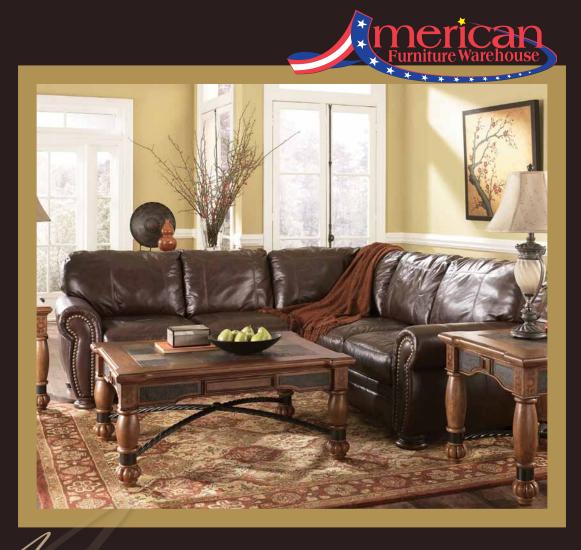
s the snow falls in the Colorado high country, summer hikes and nature walks give way to snowshoeing and cross-country skiing. Colorado's state parks offer excellent opportunities for these winter activities. Whether you are a seasoned pro, or just getting started, you're sure to have a great time at a nearby state park.

Parks with easy hiking trails are usually suitable for snowshoeing and cross-country skiing with adequate snow coverage. Park staff can provide tips on the best trails and terrain for your choice of activity. Contact the park directly or check conditions on Colorado Parks and Wildlife's web page, cpw.state.co.us, before heading out. Not sure where to go? Try visiting one of these parks:

- **\* Golden Gate Canyon State Park:** A variety of snowshoeing and skiing trails are available at Golden Gate Canyon State Park. If you're new to snowshoeing or cross-country skiing, try Reverend's Ridge Campground. The terrain if mostly flat and the unplowed open roadways invite you to learn this great sport.
- **State Forest State Park:** Begin your trek right from the Moose Visitor Center, where there is a 6-mile groomed trail that runs along the banks of the Michigan River. Other trails in the park offer intermediate and strenuous routes.
- **Sylvan Lake State Park:** Cross-country skiing and snowshoeing are great ways to enjoy the pristine beauty of Sylvan Lake. Trek around the lake or through the park to experience the winter solitude. Miles of peaceful beauty await you! Snowshoes can be rented at the park's visitor center.
- **Eleven Mile State Park:** When the snow gets heavy and makes for difficult ice-skating conditions, switch over to a pair of cross-country skis or snowshoes. The lake surface provides visitors with an excellent opportunity to stay fit during the winter months.
- \* Vega State Park: This state park offers a great snowshoe trail around the lake and easy access to groomed snowmobile trails on the national forest. Make it a weekend and rent one of five cozy cabins.
- **Pearl Lake State Park:** Being off the beaten path, Pearl Lake gets plenty of snowfall each winter and is an excellent place to hop on your skis or snowshoes and go. Try something different this winter. Make a reservation to stay in a yurt and ski right from your front door.
- Mancos State Park: Embark on the 5.5 miles of non-motorized trails inside the park, or connect to miles of Forest Service trails.
- **Steamboat Lake State Park:** The park is popular to explore by cross-country skis and snowshoes. Placer Cove and the Sunrise Vista Campground are zoned "non-motorized" in winter and feature a network of groomed trails.

Colorado's state parks offer a wide variety of other winter recreation opportunities as well. From sledding to ice-fishing to a weekend stay in a cabin or yurt, there is something for everyone. It's time to brush off your gear, grab your winter coat and spend some quality time at a Colorado state park.





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