

# TO YOUR NEW HOME

# Welcome Home

Spring 2015

Denver

HELPING YOU SETTLE IN AFTER YOUR MOVE

## NEWCOMER AND COMMUNITY

*Information*

## HELPFUL TIPS

*Decorating,  
Remodeling,  
Painting and  
Organizing  
Your New  
Home*

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# After The Move Checklist



## Things to do when the movers leave

Now that the movers have come and gone, you can congratulate yourself on a job well done. You know how much planning and organization went into making it all happen and you deserve a chance to sit and relax. But don't throw away that checklist just yet. There are still plenty of things to do before you can completely be settled. Here are a few important things to do besides unpacking.



✓ You will need to update your driver's license and get new tags and plates for your cars. Check with your local Division of Motor Vehicles for more details, or refer to our Newcomer and Community Information inside this magazine.

✓ Be sure that the post office is going to forward your mail to your new address. You can do this online, or you can fill out a form at your local post office and maybe even meet some new neighbors while standing in line!



✓ Make sure all of your insurance policies are up to date. You may need new policies for your house, auto and health, particularly if you have moved to a new state.

✓ A great way to learn about your new community is to order a subscription to the local newspaper. Many even offer discounts for new subscribers and they often have local neighborhood editions inserted weekly. This is a great way

to learn the ins and outs of your new neighborhood.

✓ Search out new health professionals such as doctors, dentists, and even vets. These are things you will want to have in place before any emergency pops up. Neighbors and co-workers are always a good referral source for these types of services.

✓ Most likely you will need to register to vote. Even if you have just moved from one county to another within the same state, most states will require that you register in your new county. For more information, you can refer to our Newcomer and Community Information inside this magazine.



✓ Make a visit to the neighborhood bank or credit union to set up new accounts, have money transferred, get credit and debit cards, and order those checks with your new address.

✓ Visit your local library and get a library card. The kids can even get their own with their new address on it! The local library is another great place to meet other families in your new neighborhood.

✓ Visit your neighborhood schools and get your children enrolled as soon as possible. You may also want to consider enrolling them in an online or charter school, as most states offer this type of education at no cost because it is a public school. Either way, the sooner you get your children enrolled and involved in the community, the faster they will adapt to their new environment.

✓ Find a place in your new home to keep all your receipts and documents related to your move all in one file. You will need to know where everything is in the event you need to make an insurance claim with the movers or when you file your income taxes the next spring.



✓ Keep in mind that your insurance policies may have a limited time that you can file a claim regarding items damaged during your move. You should run a check of all your electronics and major appliances to make sure they have survived the move and are in good working order. These are most likely all items that would be expensive to replace, so you should make sure they are all working as soon as you can.

Remember that moving is the third most stressful life event, according to the Employee Relocation Council. Settling in will be a gradual process, but your patience will be rewarded in the long run.

*The quicker you can cross these things off your checklist, the sooner you can begin to relax and truly enjoy your new home and community.*



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SPRING 2015

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Think Green!



As you enjoy the information and advertising offers in **Welcome Home of Denver** to help with your move, keep in mind we make a concerted effort to bring this to you in an environmentally responsible way.

This starts with the paper we use for this edition. The wood fiber to make the paper comes from sustainable forests. For every tree harvested to make this paper, a new tree is grown. In addition, this has been independently certified to the Forest Stewardship Council (FSC) standard.

The printer we utilize also has many initiatives and programs including certifications with Forest Stewardship Council (FSC) Rainforest Alliance (RAC) and Partnership for a Clean Environment (PACE). What's more, the printer uses soy base inks as well as direct-to-plate imaging and digital proofing, which saves film, chemicals and energy.

We provide just this one copy of the magazine for your use. Please go to our website for future issues at [www.welcomهومemag.com](http://www.welcomهومemag.com). This way you can view future quarterly editions, including advertiser offers and coupons.

We hope you enjoy the magazine and remember to please recycle. Visit [www.earth911.com](http://www.earth911.com) for recycling information.



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# Drab to Fab in 3 Easy Steps

## Give your old things a new life without busting your budget

**H**ow exciting to move into your new home! But when your furniture and accessories are unpacked, it can sometimes feel like it is just the same old stuff in a brand new setting.

Unfortunately a move usually means money will be tight for awhile. So how do you freshen up your new space without breaking the bank?

Follow these three steps to breathe new life into your home, room by room:

**STEP 1: Evaluate each space.** When you live with items for a long time, it can be easy to overlook furniture that is in disrepair, tattered pillows or accessories that are just plain ugly or boring. Step back and give a more critical scan of the place – as if you are visiting someone else’s home. Does your home’s décor reflect your family’s lifestyle? Is your furniture both functional and attractive? Are you still hanging on to hand-me-down furniture that you have been hauling around for the last 20 years? If something is way past its prime, throw it out or replace it with a new piece that better fits your style. Once you review what you have, edit your stuff. Do you display things that you don’t really care for but were a gift or perhaps you feel obligated to put it out simply because it was expensive? You’re in a new home and deserve a fresh start. Give yourself permission to only live with the things you love and use every day.

**STEP 2: Create a “theme” that can unify your entire home.** We’re not talking animal prints or country roosters. A theme means finding a common element, such as a fabric, a bold accent color or general palette, which can be incorporated in each room that brings a fashionable cohesiveness to the space. Paint is the top choice for an instant and affordable update. Neutrals are the easiest choice for walls and offer the most flexibility, but they don’t have to be boring. Instead of tan, select “greige” – a beautiful combination of beige and

gray that provides a fresh and neutral backdrop for any style of furniture. If you want a color that ties thing together, consider Guilford Green, Benjamin Moore’s Color of the Year for 2015. “A neutral that’s natural. A silvery green that works with, well, everything. No worries, No second thoughts. Just a brush, dipped in a can, whooshed on a wall, and a whole lot of happily ever after,” says Ellen O’Neill, Creative Director at Benjamin Moore.

**STEP 3: Go for it!** Starting with the space your family uses most, paint the whole room or consider adding a new hue to just the ceiling. With a fresh backdrop, start experimenting with furniture placement. Moving sofas and chairs away from the walls creates a more intimate setting for conversation and visually makes a room appear larger. Switch things up – how about swapping the living room loveseat with a family room reading chair in your new home? You will be amazed how much difference simply moving your old things around the house makes.

## Simple changes = Big impact

- If you don’t want to commit to painting an entire room, try just one spectacular wall in a rich, fabulous color like dark chocolate, eggplant, bronze or dark orange.
- Update your lighting, including adding dimmers wherever possible. CFLs are environmentally-friendly and great options to save energy and money.
- Declutter, declutter, declutter.
- A fabulous new area rug in the living or dining room can add a shot of energy.
- Pay special attention to your entryway – as that is the first impression people will get of your space. Make it warm and inviting.
- Consider slipcovers for an immediate new twist on old furniture.
- Fresh flowers are always an instant pick-me-up.

# Benefits of a Home Warranty

Congratulations on your recent move! The stress should be behind you. You have successfully moved all your belongings into your new home and now you're dreaming of worry-free home ownership. Moving was expensive, and you are hoping there will be no unexpected costs or surprises. If you want peace of mind from unexpected home repairs or appliance replacements, you should consider purchasing a home warranty sooner rather than later.

## What Is a Home Warranty?

A home warranty is not the same thing as homeowners insurance. It also is not a replacement for homeowners insurance. A home warranty is a contract between a homeowner and a home warranty company that provides for discounted repair and replacement service on a home's major components, such as the furnace, air conditioning, plumbing and electrical system. A home warranty may also cover major appliances such as washers and dryers, refrigerators and swimming pools.

## Benefits of a Home Warranty

A home warranty protects against expensive, unforeseen repair bills and provides peace of mind. For a homeowner who doesn't have an emergency fund or who wants to protect their emergency fund, a home warranty can act as a buffer. Home warranties also make sense for people who aren't handy or who don't want to worry about tracking down a contractor when they have a problem. In short, home warranties:

- Add peace of mind about the condition of your new home
- Give budget protection from the high cost of home repairs
- Provide the homeowner with the convenience of service 24 hours a day 7 days a week.

## How Does It Work?

When something breaks down, you as the homeowner will call the home warranty company, and the home warranty company will send one of its pre-approved service providers to examine the problem. If the needed repair or replacement is covered by the warranty, the work is completed. The homeowner only pays a small service call fee, usually around \$55.00

## What Does It Cost?

A home warranty cost a few hundred dollars a year, paid up front. The cost usually does not vary with the property's age. The home's square footage also does not affect the price in most cases, unless the property is more than 5,000 square feet. The best way to get your questions answered is to call and get a quote. And before you sign anything, be sure to read the entire agreement and understand

what is covered and what is not, before purchasing.

## Choose Wisely

Not all home warranty companies are created equal! Do your homework and check out their reputation on consumer websites and with the Better Business Bureau. Choose one that's been in business over 5 years and consider the advantages of working with a local company here in Denver.

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# Shopping for Appliances

## It Pays to Buy New

When a major household appliance needs replacing or upgrading, you might be tempted to save some money by purchasing a used or refurbished one. However, what you save at the check out counter often could end up costing you in higher utility bills, not to mention potential repair bills.

## Today's Appliances Are More Efficient

Major appliances produced today are more efficient than ever because manufacturers continually redesign appliances so that they consume less electricity and water. Appliances carrying the ENERGY STAR label have been certified as more energy efficient than those models without the label. To show you how far appliances have come in terms of energy

and water efficiency, consider this: A 20-cubic foot refrigerator manufactured in 1991 consumes, on average, more than 857 kWh a year while a 22-cubic foot refrigerator manufactured in 2012 consumes only 452 kWh a year – that's costing you more than half again on your electricity bill and a substantial gain in capacity! That amounts to over \$50 savings per year for the typical American household. Also, an average dishwasher manufactured in 1991 consumes 2.67 kWh per cycle compared with one made in 2013 that consumes only 1.30 kWh. That saves the average household \$53 each year on their electricity bill. Some states and utility companies will also offer sizable rebates when you purchase new energy efficient appliances and even when you properly dispose of your odd appliances.

## Safety is Important

Efficiency isn't the only reason to choose a new appliance. Safety should be taken into consideration. When you buy a secondhand appliance, you may not know if the previous owner has properly maintained the appliance, which contributes to the life expectancy of an appliance.

## Consider Recycling

Appliances are also recyclable. According to the Steel Recycling Institute, 90 percent of major home appliances are recycled so you can rest assured knowing that the old refrigerator isn't going to rust away in a landfill – it may have a new life as a car or even a clothes dryer. On the whole, a new product, when designed with sustainability and recyclability in mind, from a life cycle approach, may be a far better deal than a used one.

Major appliances offer long useful lives too! According to a survey of consumers conducted by AHAM which asked appliance longevity, it showed that average life of a chest freezer is 215 years and an electric range is 16 years.

Don't think twice about buying a new appliance. It makes sense – saving you money, energy, and peace of mind, all while gaining new features!

The Association of Home Appliance Manufacturers (AHAM) is the trade association representing manufacturers of major, portable and floor care home appliances and suppliers to the industry.

[www.ApplianceFactory.com](http://www.ApplianceFactory.com)

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# Sleep Better in Your New Home!

Hopefully you're feeling relaxed and satisfied with your decision to buy a new home. You did everything right: you found the perfect home in a top-rated neighborhood, you researched the realtor and secured a great deal on your mortgage. No regrets because you made informed decisions. The moving stress is behind you and you're finally sleeping well and waking up refreshed, right?

## Still not sleeping well?

Unfortunately if you had sleep problems before the move and haven't changed mattresses, there's a good chance that you're still having trouble sleeping. Now is the perfect time to put a good night's rest at the top of your agenda!

There is good news and expert advice waiting for you at any of the Denver area Urban Mattress stores. Local owners Steve Van Diest and Ethan Rietema, two former campus ministers turned Christian entrepreneurs along with Boulder area store owners Rich and Philip, a father-son team are bringing rest and integrity back to the mattress business.

They begin each day with the goal of providing transparency and honesty to every potential customer who walks through the door. Their friendly sales staff will listen to your concerns and priorities, and educate you about your options.

Many of us attach too little importance to the one third of our lives asleep, but there is increasing scientific evidence that truly restorative sleep does more than help us to feel fresh and alert each morning. It has profound health benefits increasing our wellbeing now, and in the future. Given the 8 hours you spend asleep each night, don't you deserve to learn the difference a great mattress can make?

"The number one reason you walk into a mattress store is because you've experienced a major life event. Perhaps it's a divorce or separation," Ethan shared. "Or, you're getting married, having a kid, sending a kid to college, or moving. I've been shocked at how often I have incredibly rich conversations with our customers and am given the privilege to enter their lives."



***"At Urban Mattress, we listen carefully and work with our customers to solve their sleep issues... catered to their individual problems."***

You're not alone if you feel apprehensive at the thought of shopping for a new bed. Most of us at one time or another have found ourselves on the receiving end of a pushy salesman badgering us into buying an expensive mattress as quickly as possible with little regard to what we want or need.

Van Diest explains "At Urban Mattress, we listen carefully and work with our customers to solve their sleep issues. They tell us what kind of problems they are having, and we offer expert advice, catered to their individual problems. They leave here feeling confident and happy they have made a good choice and often turn to social media to describe their experiences."

Urban Mattress carries a wide variety of mattresses at competitive prices and offer free delivery. They will also donate 2% from your sale to a local charity of your choice. Many articles by Sleep Expert Dr. Neil Stanley can be found on their website and all of their employees have been expertly trained.



**People Love Us On Yelp!**

"I had an awesome experience when I found Urban Mattress. The Yelp reviews say it all. Hands down, the best experience you will ever have buying a mattress! They should not even be called "salesmen" because never did I feel like I was being pushed into buying anything from them."

— Nave M.

"I cannot stress how amazing Urban Mattress is. I don't

generally write Yelp reviews about non-food establishments but I had such an awesome experience — I wanted to share it with the world! We went into Urban Mattress and Steve helped us. His business partner, Ethan also showed up and helped out — the two of them are great salesmen. Friendly, funny, and easy to talk to... we left as happy campers."

— Kate S.

You can check out these reviews and many more at [www.urbanmattress.com](http://www.urbanmattress.com)



*Advertorial*

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# Will Your Remodeling Project PAY OFF?

There are financial factors to consider before you choose a home improvement project and smart homeowners will consider resale value before making a major remodeling investment. Each year REMODELING magazine publishes a study that can help homeowners determine the return on investment for their home improvement projects.

This Cost vs. Value Report contrasts the cost of home improvements with their recouped value if the house is sold today. They compare construction costs for several projects, with estimates of the projects' value in a current market resale scenario. Real estate professionals in residential markets across the country provided return-on-investment estimates.

Landscaping and fresh paint may lure house hunters inside, but once in the door, buyers of existing homes look for functionality, durability, and convenience. That's why it's so important for a resale to be modernized.

Kitchens and baths are among the most popular home improvement projects, which can drive the return on investment. Reports often show



that many remodeling dollars are spent within the first two years of move in. Under those circumstances repair and replacement projects such as windows or siding may get first attention if they require maintenance. As the housing stock ages, and existing homes continue to sell more than 6 million units a year, those projects may see an increased return on investment. To perform as an amenity, your home's improvement projects should complement and match the style of the existing property.

The resale value of each project is an estimate based on a current market resale scenario. This can be misleading because many newly remodeled homes are not put on the market so soon.

Smart homeowners will ask many questions before starting any remodel or home improvement project. Get advice from both realtors and contractors to decide which home improvement projects make sense for your special circumstances and to insure you get the greatest return on your investment.

Information provided by Remodeling magazine Cost vs. Value Report. Visit: [www.remodeling-magazine.com](http://www.remodeling-magazine.com)



Reports often show that many remodeling dollars are spent within the first two years of move in.

## HOW DOES REMODELING PAY OFF?

(cost recouped, for resale now national average)

Entry Door Replacement – Steel	101.8%
Manufactured Stone Veneer	92.2%
Garage Door Replacement	88.4%
Siding Replacement – Vinyl	80.7%
Deck Addition – Wood	80.5%
Minor Kitchen Remodel	79.3%
Window Replacement – Wood	78.8%
Window Replacement – Vinyl	72.9%
Basement Remodel	72.8%
Entry Door Replacement – Fiberglass	72.0%
Roofing Replacement	71.6%
Bathroom Remodel	70.0%
Deck Addition – Composite	68.0%
Major Kitchen Remodel	67.8%
Garage Addition	64.8%
Two Story Addition	64.1%
Family Room Addition	64.1%
Master Suite Addition	61.7%
Back-up Power Generator	59.9%
Bathroom Addition	57.8%
Home Office Remodel	48.7%

# 12 Reasons Why Top Quality Paint Is Worth the Money



If you want to change the appearance of your new home's interior, there is no easier way to update your space than with a fresh coat of paint. But, if you're tempted to save a few dollars by trading down to a lower quality interior paint, it's important to know what you're giving up in the process. Here are 12 reasons top quality 100% acrylic latex interior paints are worth the money:

- **Better adhesion.** The superior "binder" in these paints helps them grip any surface.
- **Better hiding capability.** Top quality paints can often conceal the color below in fewer coats, saving the time and money needed to apply additional coats of paint.
- **Better spatter resistance.** These paints are less likely to throw off flecks of paint while you're applying them.
- **Better flow and leveling.** Top quality paints go on evenly; brush and roller marks tend to flow out and become unnoticeable.
- **Better touch-up.** If you have to touch up your paint job at a later date, it won't be noticeable when using a top quality paint.
- **Better stain resistance.** These paints tend to keep dirt and grime from sinking in, making for easy cleaning.

- **Better scrub resistance.** Even if you have to scrub hard to remove a stubborn stain, top quality paint is tough enough to take the scrubbing without damaging the surface of the paint.

- **Better burnish resistance.** Lower quality paints get shiny when they're scrubbed; top quality paints have less of a tendency to do so.
- **Better block resistance.** Ever notice how it's hard to open a window after it's been painted? Top quality paints are less susceptible to sticking.
- **Better print resistance.** Windowsills and other face-up surfaces can be imprinted when objects are placed on them. When painting horizontal surfaces, use of a top quality paint in an eggshell (rather than a glossier) sheen will minimize this problem.
- **Better mildew resistance.** If you don't like mildew, don't compromise on paint quality.
- **Better fade resistance.** You'll probably sweat bullets choosing just the right paint color. Make sure your color lasts by using a fade-resistant top quality 100% acrylic latex interior paint.

For more information and painting tips, visit [www.paintquality.com](http://www.paintquality.com)





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# Revamp Your Space



## Tips from American Furniture Warehouse

**F**urnishing your new home is an adventure in fashion – where the trends change swiftly and dramatically, same as selecting your wardrobe is centered around current fashion trends. Unfortunately, you cannot change out *all* of your furniture to keep up with constantly changing fashion trends or to update looks you have grown tired of. You can still give your new home a fresh feel, bring in the latest color trends and make your home an exciting retreat without stressing your bank account! Consider these simple designing tips:

### Rearrange

Plan one room at a time and complete it before you move to the next. Stand in the middle of the room and think about how you will use the room. Is there enough space to arrange the furniture to best suit how you plan to use the room? Go to [www.AFWonline.com](http://www.AFWonline.com) and experiment with the room planner if you need assistance with this step.

Other simple rearrangement ideas include moving some furniture away from the walls – this adds a unique

touch and changes the room feel and dimensions. If you are not pleased with the overall layout or feel of your room, you may also consider exchanging pieces from one room to another. Just because you bought a new lamp intended for your bedroom doesn't mean it is not better suited for your living room.



### Add New Accessories

Accessories are an affordable way to simply update a room, or completely revamp the feel of a space. A new piece of art hung on a focal wall can add drama and introduce a new color scheme. Use the art as a building block to pull colors into new pillows and a throw on the sofa. Other tips involving accessories:

- Update your lamps – pick shades or bases with bright colors that engage and draw your eyes.
- Add an interesting sculpture or piece of colored glass to your cocktail table or mantle – it can become a focal point of the room.
- An area rug adds color and pattern to the floor, creating warmth and atmosphere.
- A leaner mirror placed opposite a window with a view can open a room and make it appear larger.
- A beautiful floral or a touch of greenery adds warmth to any space.

Utilizing any of these tips allows you the opportunity to add your personality to an otherwise neutral room of furniture. Accessories are a smaller purchase that can change the look of any room quickly and effectively.

### Add An Artistic Accent

A painted chest or antique armoire is a fashion statement when it is added to most furniture styles. These should not match your existing décor, but instead stand out as an artistic expression complementing your other furnishings. An example of this would be adding a Ningbo (Asian) antique painted piece to a very clean con-

temporary room.

The result will be a unique fashion statement that will be charming, as well as create conversation among your friends!

Explore your creative side...ask a creative friend to join you...or take advantage of the experienced, professional sales associates at

American Furniture Warehouse to partner with you to pull it all together. They provide the lowest prices on all furniture and accessories, and can help you develop a look you want within *any* budget. Even if your look demands a lot of items, with a good plan, you can buy as you have the money available and be assured it will all come together when complete.

Advertorial

# Custom Closets – What to Look for, and Where

**M**ark Lestikow, president of The Closet Factory in Denver encourages new movers to use this as an opportunity to change bad habits and get organized right from the start. “Moving into a new home with newly organized closets adds to the pleasure of a happy experience. I would definitely encourage new movers to organize their closets now, to facilitate settling into their new environment and avoid dissatisfactions that may arise from the *honey this doesn't fit syndrome*.”

*The following five questions should help you identify the closet, and the closet company right for you.*

**1. Are there different types of closet systems, or are they all pretty similar?** There are two main types of closet units. One is called a wall-hung system, and the other a floor-based system. Ask the closet companies you interview the difference between the two, and which would be most appropriate for your individual needs and expectations.

**2. Custom manufactured vs. pre-built systems?** Although most closet companies say they are custom, few truly are. A custom closet, as you would expect, is high in quality, offers more efficient space utilization and often is the best value for your investment.

**3. Will I have the opportunity to work with a design consultant or see a showroom with examples of product?** Having a trained professional designer come to your home is a nice option because they can take your exact measurements and prepare a personalized design that fits your specific needs.

**4. What about installation?** It is important to distinguish if the installers are employees or independent contractors. There can be a tremendous difference in the final result if a trained employee installs your custom closet versus an untrained independent.

## 5. How do I pick the right company?

The company you choose to install your custom closet is your key decision. All custom closet companies are not the same. Evaluate how you were treated from the first time you called. Were you able to speak with a knowledgeable person immediately, or at least receive a prompt returned call to your inquiry?

Be sure to get a written guarantee, preferably one that will be in effect as long as you live in the house.

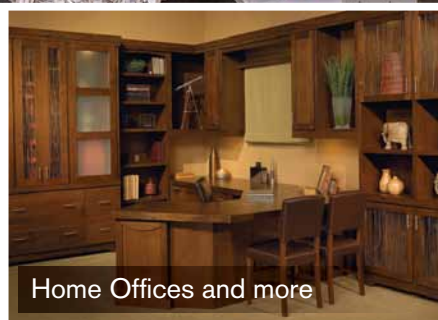
Ask to see a customer list. Call some people on this list. If a company doesn't do good work, people will not likely recommend them. Enjoy your new home and your closets!

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Advertorial

## Organizationally challenged?



### Now's the time to bring order to your home – and your life

Anyone who has ever moved into a new home knows the giddiness of starting fresh and getting the opportunity to finally get organized!

But all too often, we rush to unpack and then spend weeks, months, if not years, trying to organize and re-organize our stuff.

Don't let this happen to you. Take the time to create a game plan and then follow through. Have a designated place for every item you own BEFORE you unpack one box.

#### Get started

Hopefully, you already purged unused, broken or unneeded items BEFORE you moved. This not only saves time, money and precious space, it allows you to move into your new home without additional clutter.

Beginning with the kitchen — lay out a plan to store items closest to the area you will use them.

- Place cookware adjacent to the stove while glassware and dishes should be stored near the sink and dishwasher.
- Keep sandwich bags, foil, plastic wrap and parchment paper in one drawer for quick access to pack lunches or wrap up leftovers.

- Use risers or lazy-susans to display spices, canned goods and other pantry items in cupboards to avoid things getting lost in the back.
- Consider a grocery inventory list on the fridge or inside a cupboard to avoid duplicate items.
- If you love to bake, create a special area to house all your baking dishes, mixers, rolling pin, flour, sugar, etc. in one place.
- For fine china and crystal that is not used daily, pack carefully and store elsewhere, such as the basement, garage or a buffet so it doesn't take up precious real estate in your kitchen.

In living areas, seek out furniture that not only is beautiful but functional to help with your storage needs. For example, a trunk that can be filled with blankets and extra pillows can make a great cocktail table. Built-ins can artfully display sentimental items, framed photos, books and plants.

Keep bathrooms clutter-free for easy clean-up. Install medicine cabinets and make full use of cabinetry to store essentials. Stock each bathroom with a mini cleaning kit: surface, glass and toilet bowl cleaners, sponges, paper towels, etc. Stowed in a handled bucket under the sink, this portable kit will make keeping up with daily and weekly cleaning a snap.

Avoid turning your entryway into a dumping ground by installing hooks for coats and backpacks, put out a basket or

boot tray for footwear and have a small table with a beautiful bowl or soap dish to keep keys from getting lost. A nearby wastebasket catches junk mail.

#### A closet case

One of the most important spaces to organize is in your closets.

- Store outerwear, umbrellas, hats, gloves, scarves in your hallway closet. Don't overstuff it so you have room for visitor's belongings when entertaining. Install hooks inside the door for a tote that you can fill with items going to the dry cleaner. When it's full, just take the tote to your car.
- In your bedroom closets, sort like items together and organize by color BEFORE hanging anything. Use the same hangers – wooden, padded or those velvet-covered slimline ones – for a beautifully cohesive look.
- Keep frequently used items at eye-level.
- No shoe shelves? Store footwear in clear boxes or tape a photo to the outside of each shoebox to save time looking for just the right pair of heels or loafers.
- Optimize your linen closets by storing same-sized sheet sets together in their matching pillowcases. Use tote-able baskets or canvas cubes to store extra tablecloths, napkins and placemats. Another option is hanging cleaned and pressed tablecloths on a skirt or pant hanger in your closet.
- If you have extra closets, store out-of-season clothes there or in long plastic bins under the bed. A well outfitted closet should include shelving, hanging space with varying heights, drawers and/or open storage bins. If your closet falls short, consider investing in a closet organizing system.

So now that you are completely organized, you need to stay that way. Make a habit of putting things away when you're done using them. Each night spend just 10-15 minutes before bed straightening things up, wiping down countertops and returning misplaced items to their rightful home.

Waking up each morning to a clean, orderly home will set a positive tone for the day ahead.



# Making One Room into Two – With a Murphy Bed

**W**hether downsizing or moving into a new home with a growing family, you may find yourself wishing to magically change that guest room into an office or craft room as well. A Murphy Bed is a great solution to this dilemma: by disappearing into the wall when guests aren't there, it's giving you the office and storage that you need while still keeping your guests happy with a real bed.

*By disappearing into the wall when guests aren't there, it's giving you the office and storage that you need while still keeping your guests happy with a real bed.*

The original Murphy Bed was invented by William Murphy in the early 1900's to solve the need to hide his bed while entertaining in his tiny one room apartment in San Francisco. The Murphy, or Wall bed, as it also called, has come a long way since then, with the range of materials and accompanying furniture limited only by your space itself.

## What Does a Murphy Bed Look Like?

"Although the web is a good place to start, a Murphy Bed is such a visual product that it needs to be seen to understand all the options that are available. That's why we built our two story showroom which contains over 23 displays," says Steve Beckmann, the owner of Smart Spaces. Now in its eleventh year, Smart Spaces is unique in that its main focus is the Murphy Bed with its accompanying furniture such as offices, closets and entertainment centers. Steve estimates that they have designed and built over 3300 beds, ranging from the simple side bed for a basement to cabinetry containing everything from Hindu shrines to coffee makers.

"It generally takes people two or three visits to truly decide what will best work for their space. Our designers have excellent software that help the customer envision how their room can be used. Everything is custom built, and designs can often

take weeks to complete with the designers coming out to measure and offer suggestions to modify the plans."

## How Big Does My Small Room Have to Be?

The size of the bed depends on the height of the wall where the Murphy Bed would go. Generally 90" is needed for a queen and king size bed, while full and twin sizes require 85" in height. If the ceilings are lower, then a side Murphy Bed works equally well and is often used in basements and in narrow rooms where the width is an issue.

Once color, material, mattress and handles are decided, the order goes into production which takes place onsite at the store. (Ask the owners for a peek downstairs to see the furniture being made.)

With your bed installed and your new found space, you will wonder why you hadn't bought a Murphy Bed before!

*Mention this article and receive \$100 off your purchase!\**

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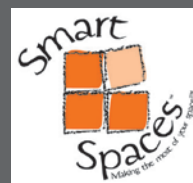
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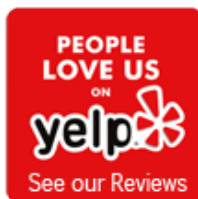
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“Colorado Premier Garage Doors and Gate Systems is my last stop for garage and/or gate needs. TJ and his staff did an absolutely amazing job on a custom gate for my home. He was extremely detailed in his explanation of my options, as well as what the entire process would entail. They delivered a perfect, high-quality product in a timely manner and were so easy to work with.”



“I have dealt with many garage companies, but this one has won me over. I had a spring snap, couldn't get my car out of the garage. I called TJ and he had sent someone over within hours and fixed it. The technician was courteous and the price wasn't too bad either. If you are looking for garage repairs, then this is the company for you.”

# Create an Outdoor Room

Sitting comfortably with friends or family in the backyard on a cool summer evening, with a warm fire and dinner sizzling on the grill, is pure pleasure. It is also the reason why people are turning their yards and decks into inviting outdoor living spaces. People are extending the comfort and luxury of their homes into the great outdoors, and the result is the popular trend called the “outdoor room.”

Anyone can easily create an outdoor room. In general, the concept encompasses a grilling and eating area, pulled together with a hearth product, such as a fireplace or firepit.

The *Hearth, Patio & Barbecue Association* offers information to consider when designing and building an outdoor room.

## Determine Use and Home’s Style.

Jot down ideas about how the space will be used in all of its applications, from entertaining to relaxing. Clip or print pictures and put them into a notebook. It’s important to have an understanding of a home’s architectural style when creating an outdoor room so that the outdoor space accentuates the home’s indoor spaces. There are products available for every taste and style.

**Visit a Specialty Retailer.** Take the notebook and wish list to a specialty retailer that sells hearth, barbecue and patio products. A specialty retailer can help determine the materials and outdoor room products available in an area and guide the final plan, as well as coordinate installation. After obtaining the details from a specialty retailer, go online to review products and manufacturer information.

**Consider Fire and Food.** These are key elements in every well-designed outdoor room. Position the fireplace as the focal point, blend in the cooking and eating areas and then consider additional features.

**Think foundation and draw a plan.** Stone patios, retaining walls, fences and decks are basic foundation elements. The best way to achieve the desired end result is to sketch out a plan. Don’t worry about picture-perfect drawings – it’s the general idea that counts!

**Accessorize with landscaping, furniture and lighting.** Select comfortable patio furniture that invites people to settle in for an extended period of time. In addition to tables and chairs for the eating area, consider chaise lounges, couches and side tables. To extend the amount of time spent outdoors, consider lighting for pathways, around pools, or to accentuate landscaping.

**Work with a professional.** A specialty retailer is a key partner in creating an outdoor room. In addition to expertise and products, a specialty retailer can offer key insights about what’s available in a particular area and what works best in a certain climate.

For more information, visit the *Hearth, Patio & Barbecue Association* at [www.hpba.org](http://www.hpba.org).

## Create Your Outdoor Room



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# Yes, You Can Join a Credit Union!

It used to be that a person could only open an account at a credit union because they or a family member was employed by a certain company, or they worked for the government. That has changed because now just about anyone will

find they are eligible to join a credit union.

Here are the top 5 reasons to join a credit union.

As you begin to settle into your new community and wade through the numerous options available, you just may find that credit union membership is the answer to all your financial needs.

## 1. Better interest rates and lower fees.

Credit unions are usually able to offer their members better interest rates and lower fees. When you're getting better interest rates and paying lower fees, you get to keep and save more of YOUR money, helping you take-charge of your financial life.

## 2. Full line of products and services.

Most credit unions can give you the same services as a bank—like checking, savings, investment funds, mortgage loans, car loans and even school loans—and credit unions will offer online financial services and bilingual capabilities as well.

## 3. Convenient.

Credit unions are financial cooperatives, and that means they cooperate—with their members and with other credit unions. Through that cooperation, credit unions have one of the largest ATM networks in the U.S. Credit union members have convenient access to 25,000 surcharge-free ATMs in the U.S., 800,000 ATMs worldwide and more than 2,300 lobby locations in the U.S. and even some foreign countries.

## 4. Member-owned.

Credit unions are owned by their members and they operate to make profits for each individual, no matter how big or small their account balance.

## 5. Expertise.

Credit unions know what they're doing. They have the expertise and will give you the personal attention you need to help you make important financial decisions that will benefit your bottom line, not theirs. Credit unions treat you like the boss, because at a credit union you're not just a customer you're an owner.

Check out the credit unions in your community and discover why they rank high in customer satisfaction surveys. Also, check out Westerra Credit Union, page 5 and Bellco Credit Union, page 21.

## Taxes: Can you write off your recent move?

It's expensive to move. Once the excitement of your new home wears off, you may find yourself dealing with bills for movers, boxes, storage and utility hookups. The stress of a move might be reduced by the fact that the IRS may help offset some of those costs. If your recent move satisfies **three** criteria, some expenses are deductible.

### Moving for a job

If you need to relocate for employment, your move may be deductible. There are no restrictions on this provision. It doesn't matter if it's your first job, your 10<sup>th</sup> position, your current role if your office has moved, or if you have been recently unemployed. As long as you or a jointly filing spouse need to move for work, this requirement is fulfilled.

### The 50-mile rule

The distance between your new career opportunity and your former home must be at least 50 miles greater than your previous commute. For example, if your commute used to be five miles, your new job must be at least 55 miles from your previous residence. This applies to either spouse.

### Full-time employment

You or your spouse must be employed full-time for a minimum of 39 weeks during the year following the move. You do not have to remain with the same employer, however. The move qualifies as long as your employment is in the area of your new residence.

If you are self-employed, you must work full-time at least 78 weeks

in the two years following the move.

If your move satisfies all the criteria, congratulations. It is tax deductible!

### What moving expenses can you write off?

- **Packing and shipping expenses**

This includes the cost of boxes, packing materials, moving companies, and insurance. Storage of 30 days or less is also included. And, don't forget Fido! Expenses related to transporting household pets are deductible.

- **Travel costs**

Costs incurred while traveling to your new residence (once) are eligible. This includes charges for lodging (not food) and either the actual cost of your oil and gas OR 24 cents per mile.

- **Utilities**

Any charges (penalties or hookup fees) for disconnecting utilities at your previous residence and obtaining utility service at the new place are tax deductible.

### What next?

- **Receipts**

The IRS loves documentation, so save all receipts related to the move.

- **IRS Form 3903**

By IRS standards, this 'Moving Expenses' form is clear and easy to understand. Once it's filled out, the write-off amount will show up on page 1 of your 1040.

For more information:

[http://www.irs.gov/uac/Form-3903,-](http://www.irs.gov/uac/Form-3903,-Moving-Expenses)

[Moving-Expenses](http://www.irs.gov/publications/p521/)

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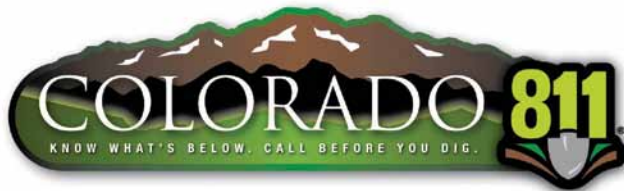
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# Cervical and Endometrial Cancer: What Women Should Know

By Sz-Min Harley, M.D., Colorado Complete Health for Women



**T**his year alone, the American Cancer Society predicts that 1,658,370 women will be diagnosed with cancer. Approximately 12,900 of those cases will be invasive cervical cancer, and 54,870 of those cases will be uterine cancer. While increased awareness and better screenings are reducing the number of women who die from these forms of cancer, it is still important to know about the risks and warning signs of these types of cancers in women.

***“The cervical cancer death rate has decreased more than 50 percent over the last 30 years due to screenings and early treatment.”***

Cervical cancer is one of the most common cancers in women across the globe, but the cervical cancer death rate has decreased more than 50 percent over the last 30 years due to screenings and early treatment. Cervical cancer is a result of abnormal cells on the cervix experiencing uncontrollable growth. Endometrial cancer (a type of cancer of the uterus)



Sz-Min Harley, M.D.

occurs from similar abnormal cell growth on the lining of the uterus. It is estimated that almost 55,000 women in the United States will be diagnosed with endometrial cancer this year alone and is primarily found in women over the age of 45. More than 600,000 women in the United States are survivors of endometrial cancer.

## ***What Causes Cervical and Endometrial Cancer?***

Human papillomavirus (HPV) causes most cases of cervical cancer and is frequently asymptomatic, meaning that the sexually transmitted infection may go undetected for an extended period of time. Having more than one sexual partner in a short time

frame increases the risk of contracting HPV and developing cervical cancer.

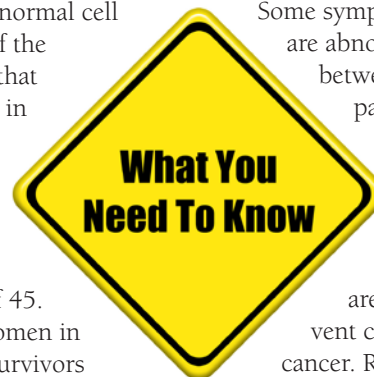
The most common cause of endometrial cancer is having an imbalance of the hormone estrogen when compared to the hormone progesterone. A high level of estrogen results in a thicker uterus lining, which leads to an increased risk of developing uterine cancer. Being overweight and having a history of non-regular periods also puts a woman at risk.

## ***What Symptoms Should Women Watch for?***

Cervical cancer and endometrial cancer have similar warning signs.

Some symptoms of these cancers are abnormal bleeding, such as between periods or after sex; pain in the lower stomach or pelvis; pain during sex; or unusual vaginal discharge.

Regular screenings and early treatment are the best ways to prevent cervical and endometrial cancer. Running a Pap test is the easiest way to discover changes in cervical cells before they turn into cancer. Early treatment of cervical cell changes can prevent cancer from developing. Endometrial cancer is typically diagnosed with a biopsy, and if found early enough, can be typically cured before it spreads outside the uterus. If you experience abnormal bleeding, it is important to speak to your physician to see if you need further work-up.



If you are interested in more information or to schedule an appointment, please call Colorado Complete Health for Women at (303) 690-2198, or visit their website at [www.cchw.com](http://www.cchw.com).

*Dr. Sz-Min Harley is an OB/GYN physician at Colorado Complete Health for Women with a passion for improving the health of women of all ages. Some of her previous research work includes diagnosis and management of scar endometriosis, gynecologic laparoscopies, and heterotopic pregnancy following in vitro fertilization.*



**Colorado Complete Health for Women**  
Physician Care<sup>SM</sup>

## Enter to Win



a \$250 Gift Card  
from 

*Just fill out the card located on page 25 of this Spring edition of Welcome Home.*



**On June 15, 2015 we will hold a drawing and select one lucky winner to receive a \$250 Gift Card from American Furniture Warehouse!**

For complete details, visit [www.welcomemomag.com](http://www.welcomemomag.com) or send a self-addressed envelope to Publisher/Welcome Home Magazine of Denver, 79 Spyglass Drive, Littleton, CO 80123.



**W**elcome to your new home in the Denver metropolitan area. The following information should be helpful whether you are a new-comer or simply moving within the area. Keep this reference guide in a handy place so you can refer to it often.

The advertisers in this magazine all supply products and services that you may need soon after moving. Many even provide coupons and special offers. If you'd like to request more information from any of our advertisers, please refer to the Free Information Card that is located on page 25 of the magazine.

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### Colorado.gov

Visit this fact-filled official Colorado Web site for any detailed information you may need regarding Colorado laws, drivers licenses, employment, education and much more.

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### USA.gov

This is the Federal Citizen Information Center. Log on to the official gateway to all government information. As the U.S. government's official web portal, USA.gov makes it easy for the public to get U.S. government information and services on the web.

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### Ten Digit Dialing

As a newcomer, you need to be aware that Colorado has ten-digit local dialing. It's really very easy. Just remember to dial the area code before the seven-digit local number. Dialing "1" before the ten digits is only needed when placing a long distance call. Keeping this in mind could prevent you from seeing unnecessary long-distance charges on your telephone bill. Remember, too, that you shouldn't dial a "0" when placing a ten-digit local call. Doing so will only route your call directly to a telephone operator.

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### Phone Directories


YellowBook.com

Contact us by phone.....1.800.YB.YELLOW CenturyLink

To order a Dex directory.....1-800-422-8793  
For customer service.....1-800-244-1111

## Enter to Win



a \$250 Gift Card  
from 

*Just fill out the card located on page 25 of this Spring edition of Welcome Home.*



**On June 15, 2015 we will hold a drawing and select one lucky winner to receive a \$250 Gift Card from Urban Mattress!**

For complete details, visit [www.welcomemomag.com](http://www.welcomemomag.com) or send a self-addressed envelope to Publisher/Welcome Home Magazine of Denver, 79 Spyglass Drive, Littleton, CO 80123.



## NEWCOMER AND COMMUNITY INFORMATION

### Motor Vehicle Laws

Colorado license plates must be obtained within 30 days after residency has been established. For motor vehicle registration and driver's license purposes, you are considered a resident if you are employed in Colorado, own or operate a business in Colorado, or have rented or purchased an apartment or home.

Non-resident students and Armed Forces personnel are not required to obtain Colorado license plates or a Colorado driver's license if they have valid plates and a valid license from their home state.

A newcomer to Colorado must obtain a Colorado driver's license within 30 days after establishing residency. In most cases, if your present license is valid, you will only need to pass a written examination and eye test. For more information call 303-205-5600 or visit [dmv.org/co-colorado](http://dmv.org/co-colorado)

### Auto Emissions Inspections

Emission testing is required when registering or selling vehicles in the counties of Denver, Boulder, Broomfield, Jefferson, Douglas and partial areas of Adams and Arapahoe counties. Testing can be done at any one of Envirotest's 14 convenient locations, or ask about Rapidscreen Roadside Emissions Testing. For more information on station locations, maps and directions, testing requirements and procedures, company information and job opportunities, visit them on the web at [aircarecolorado.com](http://aircarecolorado.com) or call the Air Care Colorado Hotline 303-456-7090 (See ad page 26.)

For further questions call the Department of Revenue Emissions at 303-205-5603.

### Automobile Registration

To obtain your registration you must register your car in the county where you live and you must bring the following items:

- 1) A valid emissions test and a form DR2087 showing verification of your vehicle I.D. number. Both of these are available from an Emissions Inspection Station.
- 2) Vehicle title and registration.
- 3) Proof of insurance, which must include the year, make, and vehicle identification number (VIN) of the vehicle. Also, be sure to include the policy effective date.

A Colorado State vehicle inspection is required on all vehicles purchased with an out-of-state title. Fees may be paid by check, cash or money order.

You can contact your particular county for further information. Operating hours may vary. Check with each office for details.

Adams County .....	720-523-6010
Arapahoe County .....	303-795-4500
Boulder County .....	303-413-7710
Broomfield County .....	303-464-5888
Denver County .....	303-376-2200
Douglas County.....	303-660-7440
Jefferson County.....	303-271-8100

### Driver's License

Residents can apply for a Colorado driver's license by completing the following requirements:

- 1) Pass all required exams, which may include written, vision and road skills.
- 2) Submit previous license, permit, birth certificate or other document that shows proof of identity and current age.
- 3) Reside at a Colorado residence address and provide proof of legal presence.
- 4) Have your photograph and fingerprints taken.
- 5) Pay the required fee.

- 6) Driver's license available at any one of the following offices in the metro area:
 

Boulder.....	303-442-3006
Castle Rock.....	303-627-0985
Denver-Central .....	303-937-9507
Denver-NE.....	303-373-0161
Evergreen .....	720-497-1182
Lakewood.....	303-205-5609
Littleton.....	303-795-5954
Northglenn & Thornton.....	720-929-8636
Parker.....	303-627-0985

For further assistance regarding driver's license information call 303-205-5607.

### Automobile Insurance

Under Colorado's tort system you are only required to buy liability coverage to pay for medical bills and property damage that you cause when you are at fault in an accident. You may also choose to buy additional medical coverage to help pay for your own injuries. For more information contact RMIIL .....1-800-355-9524

### Auto Clubs

AAA Auto Club-Colorado..... 303-753-8800



No Charge  
for Standard  
Installation



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Call Today  
for FREE  
Consultation

[www.scottishstainedglass.com](http://www.scottishstainedglass.com)

**303-766-3811**

# Five Signs You Should Visit a Cardiologist

By Samuel T. Rougas, M.D., Aurora Denver Cardiology Associates



**Y**our heart is the hardest working muscle you have. It works tirelessly to maintain the circulation of blood throughout your body. But how do you know

if your heart is encountering trouble? Here are a few common signs that warrant a visit to a cardiologist.

**1. Chest Pain:** One major warning sign is chest discomfort of any type. Chest discomfort is often the first and foremost symptom that our cardiologists at Aurora Denver Cardiology Associates want to know about.

**2. Fainting:** The next warning sign that should prompt a cardiology visit are episodes of fainting. Unexpected fainting could be caused by a heart

condition that has gone previously undetected.

**3. Shortness of Breath:** Another symptom to watch out for is shortness of breath. This symptom is only concerning when it occurs independently of activity or exercise. For example, if you notice shortness of breath with minimal exertion or while laying flat, a heart examination is a good place to start.

**4. Rapid Heartbeats:** Rapid heartbeats or palpitations are another warning sign that should get checked out. Symptoms of palpitations such as skipping beats, fluttering, beating too fast, or pumping harder than usual are sometimes indicative of a heart condition.

**5. Swelling:** Finally, swelling of the lower extremities is another early warning sign that your heart may not be functioning properly.

If you have experienced any of the symptoms listed or have concerns about your heart health, feel free to contact Aurora Denver Cardiology Associates at 303-839-7100. You may schedule an appointment by phone, or online at [www.adcacardiology.com](http://www.adcacardiology.com). No symptoms? Take our free heart health profiler to compare your actual age to your heart's biological age, as well as calculate your risk of developing cardiovascular disease at [www.bit.ly/H1heart](http://www.bit.ly/H1heart).

*Dr. Rougas is a board certified physician in cardiology who currently treats patients at Aurora Denver Cardiology Associates at Presbyterian/St. Luke's Medical Center.*



## Need an emissions test? visit one of Envirotest's

14 convenient testing locations throughout the Denver-Boulder metro area.

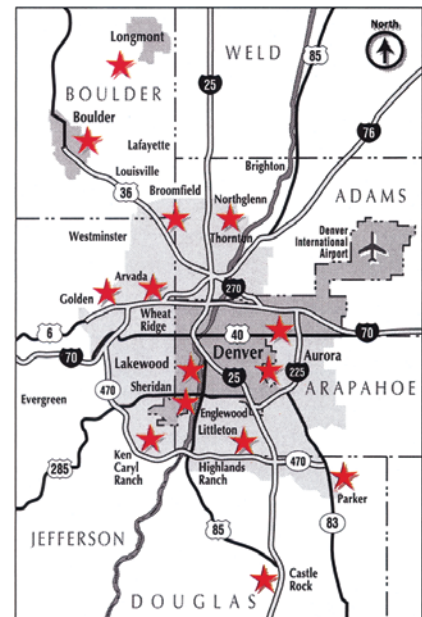
### STATION LOCATIONS

★ Arvada	5185 N. Marshall Street	★ Denver Southeast	10190 E. Warren Avenue
★ Aurora	12042 E. 30th Avenue	★ Golden	15335 W. 44th Avenue
★ Boulder	5655 Airport Boulevard	★ Ken Caryl	10727 Centennial Road
★ Broomfield	11609 Teller Street	★ Longmont	4040 Rogers Road
★ Castle Rock	541 Topeka Way	★ Northglenn	1950 E. 112th Avenue
★ County Line	8494 S. Colorado	★ Parker	10199 Park Glenn Way
★ Denver Central	2300 S. Lipan Street	★ Sheridan	2802 W. Mansfield Avenue

FOR MORE INFORMATION ON STATION LOCATIONS, DIRECTIONS, WAIT TIMES AND RAPIDSCREEN ROADSIDE EMISSIONS TESTING, CALL THE



AIR CARE COLORADO HOTLINE  
**303-456-7090**



[www.aircarecolorado.com](http://www.aircarecolorado.com)

## NEWCOMER AND COMMUNITY INFORMATION

### Road Conditions

For updated road conditions throughout Colorado, call the Road and Weather Information Hotline from the Colorado Department of Transportation (CDOT). ..... 5-1-1

### Child Car Restraints

It is a Colorado State law that every child under 4 years of age and weighing less than 40 pounds must be in an approved child car seat.

### Transportation

Colorado Department of Transportation (CDOT) administers a variety of state and federal programs to complete projects that enhance our comprehensive transportation network. For a complete list and description of programs now in full force, visit [www.coloradodot.info/programs](http://www.coloradodot.info/programs).

#### Denver International Airport

Airport Paging.....	303-342-2300
Ground Transportation .....	303-342-4059
Lost and Found.....	303-342-4062
RTD's Skyride.....	303-299-6000
SuperShuttle .....	800-BLUE-VAN

#### Taxi Service

Metro Taxi.....	303-333-3333
Yellow Cab .....	303-777-7777
Zone Cab.....	303-444-8888

#### Train Service

Amtrak - Union Station Info .....	303-534-2812
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#### Bus Service:

The bus service is provided by Regional Transport District (RTD). ..... 303-299-6000

Provides local, express and regional bus and light rail service throughout the metropolitan area. Also includes Park-n-Ride locations and offers special services such as skyride bus service to Denver International Airport (DIA), BroncosRide and RockiesRide.

#### Commuting Options:

A program of The Denver Regional Council of Governments, My Way to Go offers reliable, easy, environmentally-friendly, no-nonsense commuting options to Denver area commuters. They can help you find a carpool, vanpool, transit route, or best paths for biking or walking. Visit their website at [www.mywaytogo.org](http://www.mywaytogo.org). For more information and free personal assistance, call 303-458-7665 or send an e-mail to: [waytogo@drcog.org](mailto:waytogo@drcog.org).

#### Bicycles:

Denver B-cycle and Boulder B-cycle offer over 100 bike stations for you to simply hop on a bike and go!

- **Denver residents:** Denver B-cycle membership costs \$65, unlimited rides, 365 days a year. Call for more information at 303-825-3325 or go to [DenverBicycle.com](http://DenverBicycle.com). Click on the Join Now button and enter the Promo Code Welcome14.
- **Boulder residents:** Boulder B-cycle membership costs \$65, unlimited rides, 365 days a year. Call for more information at 303-532-4412 or go to [BoulderBicycle.com](http://BoulderBicycle.com). Click on the Join Now button and enter the Promo Code Welcome14.

### Credit Unions

Westerra Credit Union.....	303-321-4209
Bellco Credit Union.....	800-235-5261

### U.S. Postal Service

Postal Answer Line .....	1-800-275-8777
	<a href="http://www.usps.com">www.usps.com</a>

### Time & Temperature

Weatherline .....	303-337-2500
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### Libraries

Arapahoe.....	303-542-7279
Aurora.....	303-739-6600
Brighton.....	303-659-2572
Boulder .....	303-441-3100
Denver Public Library, Main .....	720-865-1111
Douglas County.....	303-791-7323
Englewood .....	303-762-2555
Jefferson County.....	303-235-5275

### Voter Registration

- Voters who move from one county to another in Colorado must re-register to vote in the new county.
- Voters who move within the county must complete a change of address at least 29 days prior to an election.
- Residents can register to vote or change an address at any Driver's License office, City Clerk's office or Motor Vehicle office.

Adams County .....	720-523-6020
Arapahoe County .....	303-795-4511
Denver County.....	720-913-8600
Douglas County.....	303-660-7444
Jefferson County.....	303-271-8111



### Pet Licenses

Dogs and cats living in most of the Denver metro area must be licensed annually and vaccinated against rabies. They must be vaccinated within 30 days, or have been vaccinated within the past 12 months. Most communities have strict leash laws. For more information, call the Animal Control offices in your county.

Adams County .....	303-288-3294
Arapahoe County .....	720-874-6750
Boulder County .....	303-441-3626
Broomfield County.....	303-438-6400
Denver County.....	303-698-0076
Douglas County.....	303-660-7529
Jefferson County.....	303-271-5070

### Emergency Numbers

In most areas 9-1-1 will access emergency ambulance, fire or police. Please verify that this is indeed true for your county, as there are some exceptions.

#### County Sheriffs

Adams County.....	303-654-1850
Arapahoe County.....	303-795-4711
Boulder County .....	303-441-4444
Denver Police.....	720-913-2000
Douglas County .....	303-660-7500
Jefferson County .....	303-277-0211

Rocky Mountain Poison Center .... 303-739-1123

Xcel Energy Electric Emergency/ Power Outage.....	1-800-895-1999
Xcel Energy Gas Emergency/ Gas Odor.....	1-800-895-2999

### Utilities

#### Gas & Electric

Xcel Energy

#### 24-Hour Emergency

Electric Emergency/ Power Outage	1-800-895-1999
Gas Emergency/Gas Odor.....	1-800-895-2999

#### Residential

24-Hour Customer Service and Billing.....	1-800-895-4999
TDD/TTY Support .....	1-800-895-4949
Product Information and Sales...1-800-895-4999	
HomeSmart from Xcel Energy Appliance Service/Installation .....	1-866-837-9762

#### Business Solutions Centers –

Customer Service & Billing .....	1-800-481-4700
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#### Other

Call Before You Dig/Utility Notification	
Center of Colorado.....	1-800-922-1987
Web site .....	<a href="http://xcelenergy.com">xcelenergy.com</a>

#### Telephone

CenturyLink.....	800-603-6000
	<a href="http://centurylink.com">centurylink.com</a>

#### Water

The Denver Water Department is the major supplier for the Denver metro area, although there are some exceptions depending upon where you live. For further information on billing and service in your area, contact the Denver Water Customer Service Department.  
Customer Care ..... 303-893-2444 || After Hours Emergencies ..... | 303-628-6000 |

### Free Consumer Guide Smart Energy Living

Learn how to reduce energy consumption, save money and improve Colorado's environment with energy-efficient home improvements from The Colorado Energy Science Center (CESC). To reserve your free copy of Smart Energy Living, while supplies last, go to: ..... [energyscience.org](http://energyscience.org)

### Trash Removal

Garbage collection is included as a city service in the city of Denver. In all other metro areas, you can retain the services of one of the many private contractors available. In the City and County of Denver, call Solid Waste Department ..... 720-865-6900 |

## NEWCOMER AND COMMUNITY INFORMATION

### Recycling Hotlines

Denver Recycles ..... 720-865-6900  
 Governor's Office of Energy Management  
 and Conservation ..... 303-866-2100  
 Colorado Department of Public Health  
 and Environment (CDPHE) ..... 303-692-2000

**Environmental Recycling Hotline:** This national hotline provides information on where to recycle waste paper and boxes, glass, scrap metals, plastic, waste oil and tires. It has an electronic database of state recycling programs which lets callers enter their zip code to find recyclers in their area. Visit [earth911.com](http://earth911.com) or call 1-800-253-2687

### City of Denver 3-1-1 Call Center

Citizens in Denver can now call 3-1-1 as a free service to get answers regarding all city related business including reporting a pothole, purchasing a parking permit, starting a new business or getting a marriage license. Also visit [www.denvergov.org](http://www.denvergov.org).

### Dial 2-1-1 For A Community Connection

Colorado 2-1-1 launched in metro Denver and surrounding communities in October 2003. It gives citizens one number to call when they need access to human services such as food bank locations, low cost healthcare for children as well as a direct link to non-emergency help for all kinds of community services. Also visit [211colorado.org](http://211colorado.org).

### Denver/Boulder Better Business Bureau

The BBB is a membership-based nonprofit organization dedicated to promoting and fostering the highest ethical relationship between businesses and the public through voluntary self-regulation, consumer and business education and service excellence. The BBB offers free information to the community regarding local businesses and charities. Visit [denver.bbb.org](http://denver.bbb.org) or telephone 303-758-2100

### Chambers of Commerce

For helpful information on schools, cable service, cultural events, community activities, libraries and parks, call your county's Chamber of Commerce.  
 Arvada ..... 303-424-0313 [arvadachamber.org](http://arvadachamber.org)  
 Aurora ..... 303-344-1500 [aurorachamber.org](http://aurorachamber.org)  
 Boulder ..... 303-442-1044 [boulderchamber.com](http://boulderchamber.com)  
 Denver ..... 303-534-8500 [denverchamber.org](http://denverchamber.org)  
 Golden ..... 303-279-3113 [goldencochamber.org](http://goldencochamber.org)  
 South Metro Denver (including Englewood & Littleton) ..... 303-795-0142  
 West Chamber ..... 303-233-5555 [westchamber.org](http://westchamber.org)  
 Metro North Chamber of Commerce ..... 303-288-1000  
[metronorthchamber.com](http://metronorthchamber.com)

### Volunteer Opportunities

Metro Volunteers ..... 303-282-1234  
[metrovolunteers.org](http://metrovolunteers.org)  
 Boulder County Volunteer Connection ..... 303-444-4013  
[volunteerconnection.net](http://volunteerconnection.net)

CareConnect of Boulder County... 303-443-1933  
[careconnectbc.org](http://careconnectbc.org)  
 Seniors Helping Seniors ..... 720-242-5285  
[seniorshelpingseniors.com](http://seniorshelpingseniors.com)

### Senior Services

American Assn. of Retired Persons  
 Colorado State Office ..... 888-687-2277  
[aarp.org/states/co](http://aarp.org/states/co)  
 Association for Senior Citizens ..... 303-455-9642  
[associationforseniorcitizens.com](http://associationforseniorcitizens.com)  
 DRCOG Area Agency on Aging ..... 303-455-1000  
[drcog.org](http://drcog.org)  
 CareConnect of Boulder County... 303-443-1933  
[careconnectbc.org](http://careconnectbc.org)  
 Seniors Helping Seniors ..... 720-242-5285  
[seniorshelpingseniors.com](http://seniorshelpingseniors.com)  
 Seniors! Inc. .... 303-300-6906 [seniorsinc.org](http://seniorsinc.org)

### Child Care Referrals

To get a referral for licensed in-home child care providers and child care centers in your area, call one of the following agencies:  
 Metro Denver Child Care Resource and Referral ..... 303-969-9666  
[frcce.org](http://frcce.org)  
 City of Boulder Children's Youth & Family Services (Boulder) .... 303-441-3544  
[bouldercolorado.gov](http://bouldercolorado.gov)  
 Jefferson County Child Care Assn. 303-969-8772  
[jeffcochildcare.org](http://jeffcochildcare.org)



### Schools

There are 18 school districts in the seven-county Denver metropolitan area. Information on these educational systems may be obtained by contacting:

Colorado Department of Education  
 201 East Colfax Ave. .... 303-866-6600  
 Denver, CO 80203 [www.cde.state.co.us](http://www.cde.state.co.us)

### Online Schools

No matter where you live in Colorado, you can enroll your child in an online school of your choice at no cost because it is a public school. For a complete listing of online schools in Colorado, visit [www.cde.state.co.us/onlinelearning/schools.htm](http://www.cde.state.co.us/onlinelearning/schools.htm).

### Denver Metro Area Hospitals

Aurora - HealthONE - The Medical Center of Aurora ..... 303-695-2600 [auroramed.com](http://auroramed.com)  
 Aurora - HealthONE - Spalding Rehabilitation Hospital ... 303-367-1166 [spaldingrehab.com](http://spaldingrehab.com)

## Duro-Tuff Window Well Covers™

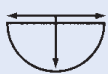
The actual weight of this man is 410 lbs - she'll only admit to 100 lbs.



On Tom Martino's exclusive referral list @ [troubleshooter.com](http://troubleshooter.com)

Colorado owned & operated in Englewood since 1996

**303-761-7100**  
**cocoverco.com**



Save time & money!  
 Call with your well measurements for an **INSTANT FREE ESTIMATE.**

- ◆ UV Protected - The original lifetime warranted cover using polycarbonate surface material.

### NEW MOVER SPECIAL!

**\$35 off** each cover with 3 or more purchased  
**\$25 off** each cover with 2 covers purchased  
**\$15 off** a single cover  
 Coupon expires 5-27-15

Ask about well replacements and extensions.

**The last cover you'll ever have to buy!**



- ◆ Allows light in
- ◆ Protect family & pets
- ◆ Keep out rain, snow & debris
- ◆ Lifetime Warranty
- ◆ Protects against well flooding from clogged & overflowing gutters
- ◆ Keep out wildlife
- ◆ Keep wells clean

## NEWCOMER AND COMMUNITY INFORMATION

**Boulder** - Boulder Community Hospital..... 303-440-2273 bch.org

**Brighton** - Platte Valley Medical Center ..... 303-659-5800 pvmc.org

**Centennial** - HealthONE - Centennial Medical Plaza ..... 303-600-3000 auroramed.com

**Denver** - Centura Health - Porter Adventist Hospital..... 303-778-1955 centura.org

**Denver** - Centura Health - St. Anthony Central Hospital..... 720-321-0000 centura.org

**Denver** - Children's Hospital..... 720-777-1234 thechildrenshospital.org

**Denver** - HealthONE - Presbyterian/St. Luke's Medical Center ..... 303-839-6000 pslmc.com

**Denver** - HealthONE - Rose Medical Center ..... 303-320-2121 rosemed.com

**Denver** - Denver Health Medical Center ..... 303-436-6000 denverhealth.org

**Denver** - National Jewish Center.. 303-388-4461 nationaljewish.org

**Denver** - St. Joseph Hospital..... 303-837-7111 exempla.org

**Denver** - University of Colorado Hospital..... 720-848-0500 uch.edu

**Denver** - Veterans Affairs Medical Center ..... 303-399-8020 denver.va.gov

**Englewood** - HealthONE - Swedish Medical Center ..303-788-5000 swedishhospital.com

**Lafayette** - Good Samaritan Medical Center ..... 303-689-4000 exempla.org

**Littleton** - Centura Health - Littleton Adventist Hospital ..... 303-730-8900 mylittletonhospital.org

**Lone Tree** - HealthONE - Sky Ridge Medical Center ..... 720-225-1000 skyridgemedcenter.com

**Longmont** - Longmont United Hospital..... 303-651-5111 luhcares.org

**Louisville** - Centura Health - Avista Adventist Hospital..... 303-673-1000 centura.org

**Parker** - Parker Adventist Hospital 303-269-4000 parkerhospital.org

**Thornton** - HealthONE - North Suburban Medical Center ..... 303-451-7800 northsuburban.com

**Westminster** - Centura Health - St. Anthony North Hospital..... 303-426-2151 stanthonynorth.org

**Wheatridge** - Lutheran Medical Center ..... 303-425-4500 exempla.org

### Daily Newspapers

There are two daily newspapers in the Denver/Boulder metro area. To order a home subscription call:  
 The Denver Post..... 303-832-3232  
 The Daily Camera..... 303-442-1202

### Call Before You Dig

Three working days before you begin any activity that requires digging or excavation, call Colorado 811 for location of underground utilities. This is a free service to you. Statewide 8-1-1

### Landscaping Help

For help in finding a landscape contractor, visit the Associated Landscape Contractors of Colorado at alcc.com or call 303-757-5611. An ALCC landscape contractor can help improve your yard with design, planting, repairs, maintenance, water features, xeriscape, decks and patios, fencing, walls and sprinkler systems.

### Golf in Colorado

For a comprehensive online golf course directory go to: .....golfviews.com

### Sports In Denver

For season tickets or information on the following teams and sporting attractions call:  
 Bandimere Speedway..... 303-697-4870  
 Denver Broncos NFL Football ..... 303-649-9000  
 Colorado Avalanche..... 303-405-1100  
 NHL Hockey  
 Denver Nuggets..... 303-405-1100  
 NBA Basketball  
 Colorado Rockies ..... 303-292-0200  
 Major League Baseball  
 The Colorado Rapids ..... 303-825-4625  
 Major League Soccer  
 Colorado Mammoth ..... 303-405-1100  
 Major League Lacrosse  
 Colorado Mountain Club..... 303-279-3080  
 Colorado Golf Association ..... 303-366-4653  
 Colorado Ski Country USA..... 303-837-0793  
 Colorado Tennis Association..... 303-695-4116  
 University of Colorado Athletic Ticket Office ..... 303-492-8337  
 University of Denver Athletic Ticket Office ..... 303-871-2336

### Shopping

Aspen Grove  
 Santa Fe & Mineral..... 303-794-0640  
 Town Center at Aurora Mall  
 14200 E. Alameda ..... 303-344-4120



**Belmar**  
 7200 W. Alameda ..... 303-742-1520  
**Cherry Creek Shopping Center** - 1st & University ..... 303-388-3900  
**Cherry Creek North** - North of Cherry Creek Mall ..... 303-394-2903  
**Colorado Mills** - Colfax & Indiana (near I-70)..... 303-384-3000  
**Denver Pavilions** - 16th Street Mall between Tremont & Welton Sts. .... 303-260-6000  
**Flatiron Crossing** - Boulder Turnpike & Storage Tech/Interlocken Loop..... 720-887-9900

**Feel Comfortable & Safe  
 in Your New Home**



**Home  
 Security Centers**

Monitoring over a phone line just \$18<sup>00</sup>/month  
 with no minimum obligation.

**303 799-9620**

www.homesecuritycenters.net

**\$100<sup>00</sup> OFF Installation of New Alarm System  
 or Free Conversion of Existing System**

For new subscribers on new or existing systems—Not valid with any other offer



## NEWCOMER AND COMMUNITY INFORMATION

Heritage Square 18301 W. Colfax.....	303-277-0040
Larimer Square 1400 Block of Larimer .....	303-534-2367
Outlets at Castle Rock - South of Denver on I-25 at Exit 184 .....	303-688-4495
Outlets at Loveland - North of Denver on I-25 at Exit 257B.....	970-663-1916
Outlets at Silverthorne - West of Denver on I-70 at Exit 205 .....	970-468-9440
Park Meadows Shopping Mall C470 & I-25.....	303-792-2533
Southwest Plaza Bowles & Wadsworth .....	303-973-5300
Tabor Center/16th Street Mall 16th Mall & Lawrence.....	303-534-6161
Tamarac Square 7777 E. Hampden Ave.....	303-755-5927
The Shops at Northfield Stapleton 8340 Northfield Blvd.....	303-375-5464
The Streets at SouthGlenn University & Arapahoe.....	303-539-7141

### Arts

Arvada Center for the Arts & Humanities 720-898-7200 arvadacenter.org	
Colorado Ballet 303-837-8888 coloradoballet.org	
Colorado Creative Industries..... 303-892-3802 colorarts.state.co.us	
Colorado Symphony Orchestra ..... 303-623-7876 coloradosymphony.org	
Denver Performing Arts Complex. 303-893-4100 denvercenter.org	
Museum of Contemporary Art..... 303-298-7554 mcadenvr.org	



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Opera Colorado 303-778-1500 operacolorado.org

### Tourism

To receive travel and tourism information for Colorado, call 1-800-COLORADO or visit [colorado.com](http://colorado.com).

### Attractions & Entertainment

Buffalo Bill Memorial Museum & Grave .....	303-526-0744 buffalobill.org
Butterfly Pavilion and Insect Center .....	303-469-5441 butterflies.org
Children's Museum of Denver.....	303-433-7444 mychildsmuseum.org
Comfort Dental Amphitheatre .....	303-220-7000
Colorado History Museum .....	303-866-3682 colorado.com
Colorado Sports Hall of Fame.....	720-258-3888 coloradosports.org
Colorado State Capitol .....	303-866-2604 leg.state.co.us
Coors Brewing Company Tours .....	303-277-2337 coors.com
Denver Art Museum .....	720-865-5000 denverartmuseum.org
Denver Botanic Gardens .....	720-865-3500 botanicgardens.org
Denver Coliseum Box Office.....	720-865-2475 denvercoliseum.com
Denver Firefighters Museum .....	303-892-1436 denverfirefightersmuseum.org
Denver Museum of Nature & Science .....	303-322-7009 dmns.org
Denver Zoo .....	303-376-4800 denverzoo.org
Downtown Aquarium.....	303-561-4450 aquariumrestaurants.com
Four Mile Historic Park .....	720-865-0800 fourmilepark.org
Gates Planetarium .....	303-322-7009 dmns.org
Heritage Square .....	303-285-2990 heritagesquare.info
IMAX Theatre.....	303-322-7009 dmns.org
Lakeside Amusement Park.....	303-477-1621 lakesideamusementpark.com
Littleton Historical Museum .....	303-795-3950 littletongov.org/museum
Molly Brown Museum .....	303-832-4092 mollybrown.org
National Western Stock Show.....	303-297-1166 nationalwestern.com
Red Rocks Amphitheater .....	720-865-4220 redrocksonline.com
Six Flags Elitch Gardens .....	303-595-4386 elitchgardens.com
Tiny Town Railroad .....	303-697-6829 tinytownrailroad.com
U.S. Mint.....	303-572-9500 usmint.gov
WaterWorld.....	303-427-7873 waterworldcolorado.com

### Colorado Breweries

[www.colorado.com/Breweries.aspx](http://www.colorado.com/Breweries.aspx)

### Parks & Recreation Information

For information on **Colorado Parks and Wildlife**, please visit [cpw.state.co.us](http://cpw.state.co.us). There are 42 parks in the state park system—six in the Denver metro area. They offer fishing, hiking, boating, camping and a subscription offer to *Colorado Outdoors Magazine*.

National Park Service .....	303-969-2000
U.S. Forest Service .....	303-275-5350
Rocky Mountain Region	

### Hunting & Fishing Licenses

For information on residency requirements and license fees call the Colorado Division of Wildlife at 303-297-1192 or visit [cpw.state.co.us](http://cpw.state.co.us). Licenses can be purchased at the Wildlife Division Central Regional Office at 6060 Broadway, or at most sporting goods stores.

Hunting Info Hotline (24 hours) .. 303-291-7529

Fishing Info Hotline (24 hours).... 303-291-7533



### Colorado Ski Resorts

Arapahoe Basin.....	888-272-7246
Aspen Highlands .....	800-308-6935
Aspen Mountain .....	800-308-6935
Buttermilk .....	800-525-6200
Copper Mountain.....	800-458-8386
Crested Butte.....	800-544-8448
Eldora .....	800-440-8700
Howelsen .....	970-879-8499
Loveland .....	303-571-5580
Monarch.....	888-996-7669
Powderhorn .....	970-268-5700
Purgatory .....	970-247-9000
Silverton.....	970-387-5706
Ski Cooper .....	800-707-6114
Ski Granby Ranch.....	888-850-4615
Snowmass .....	800-525-6200
Steamboat .....	970-879-6111
Sunlight.....	800-445-7931
Telluride.....	970-728-6900
Winter Park.....	970-726-5514
Wolf Creek .....	970-264-5639

General Information, snow report,

free guide .....

303-837-0793  
[www.coloradoski.com](http://www.coloradoski.com)

# Live the Adventure at Colorado State Parks

Adventure seekers across the country flock to experience Colorado's majestic wildlife, rugged mountains, wide-open prairies, awe-inspiring canyons and 42 state parks. But Colorado's state parks aren't just for the extreme thrill seeker – state parks are the beginning of the experience for anyone looking to do more, see more, be more and feel more.

Our Let's Camp program teaches urban families how to take the first steps to a lifetime of memories. Trails



education courses lead to mentored first hunts for hundreds of people each year.

Colorado's state parks promote healthy, active recreation that gets you outdoors. From parks to trails to wildlife, programs help connect family and friends with the natural environment that is the foundation for Colorado's remarkable quality of life and authentic experiences. Whether it's camping with your family in a state park, an epic trail ride with friends, taking advantage of Colorado's premier bird-watching opportunities or spending a week in a high-country elk camp, our job is to provide you the opportunity to make memories of a lifetime.

Once you really experience your amazing state parks, you'll be addicted. It's a mile-high plus rush of "wow" that is as close as your nearest state park, trail, lake or stream. Colorado is the healthiest, most active state in the nation. Come on an adventure and find out why.



are easy to access and incredibly diverse, with paths through wildflower-strewn meadows, treks amid cliffs and canyons and boardwalks along lakes and streams. Parks' interpretive programs can teach you to canoe, show you constellations in the night sky, encourage rock climbing on a mountain face, discover why elk bugle in the autumn forests and help you catch your first fish. Archery ranges let you experience your wild side and hunter



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[cpw.state.co.us](http://cpw.state.co.us)



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